



A lokisetse Morena Sechaba se phethehileng. (Luka 1:17)

Tel: 28 350 466/ 62600983 (WhatsApp)

MOELETSI OA BASOTHO

PARARE DOMINO PLEBEM PERFECTAM



**Bohahlauli
bo'a hola**

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**O sa se
lutse**

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Baetapele ba ntsoeleng



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MOELETSI

Qalang ka methapo

LCE e tšoella litichere

Nthabeleng Seitlheko

Ele ho matlafatsa Litichere ka mokhoa oa ho ruta Thuto ea Bophelo bo Botle (Comprehensive Sexuality Education) litichere tse rutang Sehlopha sa Botšelela ho hlaha libakeng tse fapakaneng, li ntlafalitsoe ka mekhoha e mecha ea ho fetisetsa thuto eo ho bana ka mokhoa o ntlafetseng e bile o sireletsehile. Litaba tsena li bile ka la 28 Phupu monongoa.

Mookameli oa Lenane-Thuto lena Mamothimkhulo Matsoso o re thuto eo e ama kholo ea bana, ka hoo litichere li thusa barutoana ho tseba ho ikemela le ho ba le baetapele ha ba etsa liqeto, 'me ka eona ba tla tseba ho ba le boikemelo litabeng tse ba amang le ho boloka seriti sa bona.

A re bana ba tla tseba hore chelete ha e tle pele ho bokamoso ba bona empa ba lokela ho tseba ho ntlafatsa bophelo ba bona, ho thusa bana ho ba le bophelo bo hlonephehang le ho thusa batho ba bang. A re thuto eo e thusa hore na bana ba lokela ho hola le ho ithokomela joang le ka



etsa bonnete ba hore bana ba tseba ka litaba tsa bophelo bo botle le kholo ea bona. A re seo a se hlokometseng ke hore ba nakong eo ba lokelang ho sebetsa ka thata ho bona hore bana ba hola hantle. A ipiletsa ho litichere tsohle ho bona hore ba tla ka mekhoha e ntlafetseng ea ho fetisetsa thuto ena baneng.

Nthabiseng Mobe a tšorereng Molepo e le Mookameli oa Sekolo sa Koetliso ea Litichere (LCE) o re koetliso ena e reretsoe ho hlahlolla litichere ka tsela e nepahetseng ea ho

ba thakeloa, eona e shebile haholo litichere tsa Likolo tsa Mathomo haholo ba rutang Sehlopha sa Botšelela, ho hlaha literekeng tsa Leribe le Thaba-Tseka, Maseru, Quthing le tse ling.

Thuto ena e fapakana le tse ling kaha tebello e le hore litichere tse be li fetile litaba tsa boitšoarō ka tsela e nepahetseng kaha ba ke ke ba ruta thuto ena ba sa e utloisisi.

E mong oa Litichere tse bileng koetlisong ena, 'Marefuoe Mangoene ho hlaha Sekolong sa Mathomo sa Thaba-Phatšoa (LECSA), o hlalositse hore ho ne ho se bonolo ho bona ho ruta thuto ena kaha ba ne ba utloa eka ha se thuto e lokelang ho ruta bana. A re b'a bona hore ho bohlokoa hore barutoana ba tsebe ka litaba tsohle tse ba amang tsa bophelo hore ba tsebe ho ikemela le ho etsa liqeto tse nepahetseng sebakeng sa bophelo ba bona.

A re koetliso ena e t'ō ba thusa ho ntlafala le ho fetisa melaetsa ka tsela e nepahetseng. Ka hona a ipiletsa ho sekolo ho fetisetsa thuto sechabeng molemong oa hore bohle ba utloisisi bohlokoa ba eona.

Ha Sello Qhobosheane ho hlaha Sekolong sa Mathomo sa Tšepi Qhoali, a hlalositse hore ho latela sebaka seo a phelang ho sona batsoali ba ne ba utloisisa e ka thuto ena e t'ō rutulla bana empa o bua le bona ka litaba tsa bophelo. A re thahasello ea ho ithuta thuto ena e bonahala e le ho bana ba banana ha ba bahlanlana ba se na thahasello. Leha ho le joalo ba tla khutla thupelong ena ba e-na le malebela a macha a ho fetisetsa thuto baneng ka nepo. Ke bonyane litichere tse 300 tse fumaneng koetliso 'me tebello ke hore bohle ba atlehileng ho tla ho eona e tla ba thusa.



bohlokoa ba bophelo ba khohiso ea malapa.

'Makhube Ralenkoane joaloka Moalosi oa Lenane-Thuto lena le Lihlahlobo, o hlalositse hore Naha ea Lesotho e amehile haholo ke litaba tsa kokoana-hloko ea HIV/AIDS, ka lebaka lena thuto e lokela ho tliša likarabo nakong ea likoluo hobane ho ameha bophelo ba bana. A re ba kenyelilitse litaba tsa Litokele tsa Mantlha tsa Botho, 'me morero o moholo oa thuto ena ke ho holisa bana ba nang le boikemelo.

A re Lesotho e le naha le

rupela barutoana ka litaba le ho aha bacha ba nang le boikemelo ba tsebang ho etsa liqeto bokamosong ba bona. A re ba hloka ho theola lipalo tsa tšoaetso ea kokoana-hloko HIV le tsa lenyalo la bana ba tlaase lilemong.

Mookameli oa Meralo (LCE) Khitšane Lintle o re ba khethile ho etsa koetliso ena hobane ke bona ba koetlisang litichere, 'me taba eo e hlaha kahar'a meralo ea selemo sa 2027. A bontša hore thuto ena ke ea bohlokoa, e bile e le ea pele hore litichere li fuoe tšehetso ka matla ho bona hore

'Muso oa Lesotho ka sepheo sa ho tšehetsa lihoai o nkile qeto ea ho koalla lijo tse kang moroho oa kabeche, mahe le litapole ho kena kahar'a naha. Ba bang ba barekisi ba meroho ba ile ba bontša hore taba eo ha e ba tšoare hantle hobane ho na le batho ba ntseng ba li kenya ka khoroana tsa matsa. Taba ena 'muso o bontša o e hlokometse 'me o ipiletsa ho baetsi ba liketso tseo ho emisa hang-hang. Ngon-goreho e 'ngoe hape ea barekisi ke hore Basotho ha ba tsebe ho hlokomela lijalo tsa bona hantle ho tloha qalong ho isa qetellong. E mong oitse o ile a etela sehoai se seng 'me a fumana moroho o se maemong a matle ho hang. 'Muso o tšepisitse ho etsa tlhahlobo ea tsome ho hlaola maemo a kang ana. O ipilelitse ho lihoai ho rekisa lijo tse maemong a matle le ho rekisa ka litheko tse amohelang. Basotho ke nako ea hore re tšehetsane re tlohele ho mathela linthong tsa balichaba, joale bahlahisi le bona ba tlohele ho khathatsa baji kapa bareki matla ka lihlahisoa tse seng maemong. Ha re rekisetsaneng lintho tsa boleng re tsebe ho holisana.

Taba e bonahalang ehlile e hana ho tsoa ka metso haholo sechabeng se phelang ka maluting ke litloaelo tse hleka-hlekanang le litokelo tsa bana. Joale maemo ana a tla a aparetse naha a mpefatsa lintho le ho feta. Batsoali ba sia bana ho ea sebetsa Naheng ea Afrika Boroa, moo ba bang ba sa romelleng le ha e se e le, ebe bana ba fetoha bahlokomeli ba malapa. Joale ba iphumana ba kena likamanong le banna ba malapa ka kelello ea hore ba tla ba thusa ka se jeoang. 'Me sena se nyolla lipalo-palo tsa bana ba imang ba le tlase lilemong. Khopolo e ne e le hore kaha ho se ho e-na le marang-rang a seng a fihla hohle Lesotho, batho ba tla ithuta ka litaba tse amanang le tsoelopelo. Kapa ka lebaka la bofuma ba sitoa le ho ba le eona mehala ea thekeng, kapa ha ba na thahasello ea ho bala le ho tloha mekhoeng ea bona ea khale? Baetapele ba bang ba sechaba ba re ruri ba ne sa bone e le phoso ha ngoan'a moshanyana a tlohellisoa sekolo a isoa motebong koana ho ea lisa e le hore lelapa la habo le tsebe ho phela. Empa ka lebaka la thupelo eo ba e fuoeng ke hona ba bonang hore esale ba hata kathoko.

Teboho e kholo hape ho Sekolo sa Koetliso ea Litichere (LCE) se tšoaetseng litichere haholo tsa Likolo tsa Mathomo tse rutang Sehlopha sa Botšelela thupelo ea thuto e mabapi le bophelo bo botle ba bana, eo hangata e amang thobalano eo ho latela meetlo le litloaelo tsa Basotho ho sa nepahalang ho bua le bana ka eona. Litichere li bontša li thulana le qholotso ho batsoali ba reng joale ho rutulloa bana ba bona ka thuto ena. Ho hlakile ho sa le sebakana moo re eang re le Basotho, phetoho eona ha e ke e etsahale ka letsatsi le leng. Ka hona phehellang ho etsa botle mesue le mesuoetsana ea habo rona, litholoana tsona le tla li bona joalokaha le bontša hore bana ba banana ba amohela thuto ena haholo ho feta ba batona. Mohlomong hore litaba li tsamae hantle ho hloka ho qaloe pele ho rutoe batsoali, e leng bona motheo kapa methapo. Ebe bona ba fetisetsa thuto ena makaleng a tla e amohela habobebe haholo ha e tsoa methapong. Ho feta moo ehlile e tla ba ntoa feela ea hore mesue le mesuoetsana e tla ka tsa eona, ebe batsoali ba hatella metsong e le hobane ba sa tsebe le ho utloisisa mabaka a liphetoho. Mafapha ohle a ikarabellang a nke taba ena mofao, le ho e beha tekong hore na e ka se thuse ho rarolla qaka ena.

Lihoai tsa Phamong Seterekeng sa Mohale's Hoek li bontša ha temo e se e sa li tsoele molemo hakaalo ka lebaka la phetoho ea maemo a leholimo, a sitisang chai. Ntle le moo a tla ka lipula tse ngata tse tabolang masimo mangope. Li re haeba li atlehile ho lema chai e ba e fokolang haholo, 'me selemo se fela sehoai se se se sela phofa lebenkeleng. Ntle ho moo chai ha e eo ho hang, ebe qetellong lijo li se li fetoha furu ea liphoofo. 'Muso ka Morero oa ICOV o tsoile letšolo ho rupela lihoai ka temo e sireletsehileng haholo sona Setereke sa Mohale's Hoek kaha se hloahile e le sa tse ling tse otloang ke komello haholo.

MOLIMO A BOLOKE LESOTHO LE BASOTHO

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MOELETSI oa BASOTHO
A LOKHETSE MORENA SECHABA SE PHETHEHLING (LUKE 1:17)

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Tšeliso Thakholi

Ea tšoereng molepo e le Letona la Matla, Mohlomphehi Mohlomi Moleko, o bile le lipuisano tse bulehileng le mafapha ohle a boetapele ba sechaba mabapi le ho tla qala tšebetso ea Morero oa Bobeli oa Lesotho oa Phepelo ea Metsi Mabalane (LLWDP II) ea ho tla kenya lipeipi tsa metsi tse tlang ho fepela litereke tsa Mafeteng le Mohale's Hoek ka metsi a hloekileng. Lipuisano tsena li bile Mafube Guest House, Mafeteng ka la 30 Phupu 2025.

H'a arolelana lipuisano le baetapele ba sechaba, Moleko o boletse hore har'a e meng ea meoloane eo Machaba a



khothaletsang hore linaha li e fihlele, ke hore ka selemo sa 2030 motho ka mong a be a e-na le metsi a hloekileng. A re litabeng tsena tsa metsi o sebetse a ipapisitse le meoloane

ena ea hore Mosotho ka mong o tlameha hore a fumane metsi. A re meoloane ena ea Machaba ba ka e fihlela ha bobebe ka merero e meholo e kang oa Morero oa Metsi a Lihlaba tsa Lesotho (LHDA), e seng e ntse e fepela Afrika Boroa ka metsi ka ho e susumetsa ka matla ho bona hore e fa Basotho metsi.

"Re se ke ra fa Afrika Boroa metsi empa sechaba sa Basotho se e-s'o fuoe metsi. Taba ena e lokela hore e lokiso'e 'me e sebetsoe ka matla a maholo." A rialo a bile a eketsa ka hore morero oa LLWDP II ha o se o phethetsoe ke Basotho ba 1.2 Millione ba tliil'o una molemo oa

ho fumana metsi a hloekileng. A bontša thabo le khotsofalo ea hae ka batho bohle bao a tšoarisaneng tšebetso ena le bona ka hore ho fihlela hajoale ba ntse ba nepa litaba tsena tsa metsi, empa ngongoreho ea hae e kholo "ke hore le Quthing e potlakeloe ho sebetsoa ho se ke ha emeloa hore ho qetoe Mafeteng."

"Ha re ka sebetse merero ena e meholo kaofela Basotho ba tla tseba ho noa metsi le ho ba le motlakase mahala. Ke eona chebelo-pele ea ka. Ke bone hore ke ntho eo re ka e fihlelang ha bobebe ha feela re ka tšoaranang ka matsoho ra sebetse ho fihlela merero ena e meholo e fihla pheletsong." Ke eena eo.

Mookameli oa Morero oa LLWDP II, Monghali Mathealira Lerotholi o itse ho fihlela hajoale ba kene mokhahlelong oa bobeli oa Morero moo ba seng ba ntse ba sebetseana le Zone 2,3, 6 le 7. A re ho tliil'o kengoa lipeipi tsa metsi tsa bo-telele ba 635Km tse tliil'o ama libaka tse ngata tsa sechaba. A re ho fihlela ha joale Lesotho le na le metsi a etsang feela 81%, empa a hloekileng a ka etsa

31% feela ka lebaka la mekhoa e fapakaneng ea tšebeliso ea metsi moo libakeng tse ling sechaba se ntseng se sebelisa liliba moo se noang metsi le phoofolo.

A re ha moreo o se o phethetsoe o tliil'o hlahisetsa Basotho metsi a etsang Lilitlithara tse 57 Millione sebakeng sa Mafeteng le Mohale's Hoek ka batho ba 280,000 ba tliil'o imonoa me-noana ka metsi a hloekileng. A qetella ka hore chelete e tliil'o sebelisoa bakeng sa Morero ka kakaretso e kaholimo ho M1 Billione.

Haele Mokhethoa oa Leba-tooana la Phoqoane Mofumahlali 'Mankiso Tekane eena o thoholelitse Morero ka tšebetso ea ona e ntle ea ho hlabolla sechaba se tlang ho angoa ke morero le ho se khothaletsa hore ka matšelisao se tlang ho a fumana se ithlahisetsa mekhoha ea boipheliso. A hlokomelisa Morero hore moo o tlang ho rafa lihloiloeng tsa sechaba, o bone hore o baballa bophelo ba sechaba, liphoofole le tikoloho ka ho sia libaka tse joalo li sireletsehile. "Metsi ke bophelo 'me tsohle le ha li ka ba teng ha ho se na metsi u ke ke ua tseba ho phela." Ho rialo mokhethoa.



Bohahlauli bo'a hola

Nthabeleng Seitlheko

Ele ho keteka Khoeli ea Bahahlauli le ho tsebahatsa bochaba ba Basotho lefatšeng, M-Legacy Tour and Adventure International Lesotho ka kopanelo le Heritage Inc. li tla tšoara mokete oa ho tsebahatsa bochaba bo fapakaneng linaheng tsa Afrika le ho bula sethala sa bo-rakhoebo e le ho kenya letsoho kholong ea moruo. Litaba tsena li hlahetse 'mokeng oa bo-ralitaba oa la 30 Phupu monongoaha.

Mookameli oa M-Legacy Tour and Adventure International Lesotho, Kefuoe Maroma o hlahositse hore hobane ba tsamaea le linaha tse fapa-

kaneng ba ile ba hlokomela hore Naha ea Lesotho e salletse morao 'me batho ba bangata ba khalla ho tseba hore Lesotho ho pheloa joang.

O re ka lebaka leo, ba ile ba hlokomela bohlokoa bo ho keteka khoeli ea bochaba ka moketjana oa ponahatso ea bochaba bo fapakaneng ho tsoa linaheng tse 17 tsa Afrika. O re mosebetsi ona o tli' o thusa hore Naha ea Lesotho e tsejoe lefatšeng batho ba be le thahasello ea ho etela naha ena.

A supa ho le bohlokoa hore bochaba ba rona re le Basotho kapa bophelo ba rona, bo lokela ho tsejoe le hore batho ba khahloe ke tsela ea Basotho ea ho etsa lintho. Har'a mosebetsi e tlang ho etsoa ho tla thehoa sethala sa moo ho

tla etsoa 'maraka oa lihlahisoa Seterekeng sa Mokhotlong, ha mosebetsi ohle o tla thakhoela Morija hobane ke sebaka se fupereng nalane ea lintho tse ngata.

O itse tebello ea bona ke hore Basotho ba amohele batho ba bona, le ho ea shebella lipapali tse fapakaneng tsa bochaba hobane ha ho tefo e tli' o ba teng. A re ona ke monyetla oa kholiso ea nalane ea naha.

Mookameli Lefapheng la Lipapatso, Koporasing ea Kholiso ea Bahahlauli Lesotho (LTDC) Phomolo Lebotsa o hlahositse hore mosebetsi ona o tli' o etsoa o tli' o thusa kholong ea moruo oa naha, bochaba le ho tsebahatsa libaka tsa nalane. Ka hoo a re

ho bohlokoa hore basebelisi ba marang-rang ba bonahale ba

A re ba motlotlo hobane baeti bao ba tli' o fihla nakong eo naha e tla beng e keteka khoeli ea bochaba, ho bolela hore ba tla bona hantle seo Basotho ba



phamolela litaba tsena holimo hobane li thusa kholong le ntlafalong ea bona.

O re moruo oa naha ha o phahamisoe feela ke ho rekisa empa le ho kena ha baeti ke ntho ea bohlokoa kaha seo se fa naha ho se phathahanyang. A re ke takatso ea bona hore baeti ba joalo ba tšoaroe hantle kahar'a naha molemong oa seriti sa Basotho.

leng sona. Mookameli oa Heritage Inc., Tsietsi Pokane o hlahositse hore mosebetsi ona o tli' o thusa ntlafalong ea kholo ea khoebo, boqapi, bahahlauli le ho bona hore naha e tsejoe ka hohle-hohle. A re ho bohlokoa hore bahoebi ba kenye letsoho ka mekhoha eohle ntlafalong ea mokete ona.

LEKHOTLA LA PUSO EA LIBAKA LA TOROPO EA THABA-TSEKA (THABA-TSEKA URBAN COUNCIL)
LE ETSA PHATLALATSO EA BOJALEFA BA MOBU BO LATELANG:

LEBITSO LA MOFU	TŠEBELISO EA MOBU/ NOMORO EA SETŠA	SEBAKA SEO MOBU O LENG HO SONA	LEBITSO LA MOJALEFA	KHETHO EA MOJALEFA
MOTSARAPANE MATLALI	TŠIMO	HA THUBE	KOOKO MATLALI	LELAPA

Batho bohle ba nang le likhanyetso kapa litletlebo ka bojalefa bona bo phatlalalitsoeng ba ngolle Ofisi ea Thaba-Tseka Urban Council pele ho feta libeke tse tšeletseng(6) phatlalatsa ena e entsoe. Ofisi e fumaneha pela Postbank, Toropong ea Thaba-Tseka.
Ba ngolle:
MONGOLI (Town Clerk)
Thaba-Tseka Urban Council
Thaba-Tseka

MOELETSI O TŠEHETSA BACHA

Tšeliso Thakholi

Nakong ena eo bacha ba tjametsoeng ke maemo ana a hloaetsang a tlhokahalo ea mesebetsi, Lekala la Temo ka Lekalana la Liphoofole le khothaletsa bacha ho iphelisa ka likhutšoane le hona ebe tse ntlafalitsoeng. Ha likhutšoane li ntlafalitsoe le kotulo ea boea e-ea ntlafala, 'me mocha ea ntlafalitseng liphoofole tsa hae a ka tseba ho iphelisa. Likhutšoane li qala ho ntlafatsoa ho tloha haele likonyana kapa lipotsanyane ka ho hlokomeloa hobane ke tsona tse eketsang chai litabeng tsa boea. Mariha tjena ke nako eo linku le lipoli li tsoalang ka bongata bo boholo, 'me likonyana li hloka tlhokomelo e kholo molemong oa hore li hole le ho loketsa kholo ea boea, ka ho li sireletsa maemong a leholimo a batang joalokaha li hlaha boea ba tsona bo fokola. Likonyana le lipotsanyane ke keketseho ea leruo ho lihoai tsa likhutšoane. Paseka Malefane oa Mantšonyane Seterekeng sa Thaba-Tseka ke mocha ea lilemo li 21, 'me o iphelisa ka leruo la linku le lipoli. O hlahlella bacha ka mekhoha ea ho hlokomela le ho baballa likonyana le lipotsanyane linakong tse batang tsa Mariha.

TLHOKOMELO

Likonyana le lipotsanyane li lokela ho hlokomeloa hantle, li fumane khatsela nako ea lihora tse 24 tsa pele hang ha li hlahile. Li boetse li lokela ho noesetsoa ka ho fua ente ea manyoha le monoesetso e le hore li hole hantle. Sena se ka etsoa ha li se li le libeke tse tšeletseng

hobane konyana kapa potsanyane e nang le manyooa e hola ka thata le ho se shebahale hantle hobane manyooa a e hlokisa botsitso.

holo tseo sehoai se sa li rerelang ho behoa e le liramo tsa kamoso. Joaloka liphoofole tse ling le tse ling, mocha oa haeso eo e leng morui oa liphoofole, li

a thusang sebakeng sa kholo le ho tiea ha masapo le hona molemong oa boea haholo hobane li hola le ho atleha hantle maemong a leholimo

SEBAKA

Sebaka seo lipotsanyane le likonyana li lokelang ho lula ka ho sona, se tšoanela hore se be se hloekile hantle. Masaka a tsona ebe a sa neleng marulelo, a ahiloeng hantle, ebe se lumella sehoai ho lokisa habobebe kaha mosele le borokoloana ba tsona ha bo kopana bo ka silafatsa lesaka la tsona.

TLHOKOMELISO

Sehoai se lokela ho hlokomela se le hlokolosi phetohong tsohle tse etsallang liphoofole tsa tsona kholong ea tsona. Ka hona se lokela ho tseba hore na mefuta ea mafu a ka hlaselang mehlape ea hae, ke efe ka nako efe.

KHOTHALITSO

'Muso oa habo rona o tsoile letšolo ka hore fa liphoofole tse ntlafalitseng ho ea iqalla mekhoha ea boipheliso. Bacha ba heso lona ba bileng lehlohonolo la ho fua likhutšoane tšoarang ka thata ho bona hore liphoofole tseo li'a atleha ho ba katleho ea tsona ke katleho ea bohle. Re leboha 'muso haholo ka leano lena kaha sena e boetse e le sesupo sa hore mahlong a 'muso re'a lekana, 'me le rona re le balisana re ratoa joaloka mocha e mong le e mong oa naha ena.



FUTSISETSO

Likhoeli tse peli ho isa ho tse tharo likonyana le lipotsanyane li ka futsisetsoa kaha nako eo ke e bohloko le boima bophelong ba liphoofole tsena, hobane li lokela ho lemelo kapa hore li fule lekhulong le lecha le bileng le ntlafalitseng hobane 'mele oa tsona o se o lokela ho ikemela.

KHAOLO EA MEHATLA

Liphoofole tsena ntate, li lokela ho khaolwa mehatla ha li na le libeke tse tharo, mehatla ea tsona e mecha e lokela ho ponngoa, 'me tse tona li be li faole ha-

ntse li angoa ke mafu. Ha li na le libeke tse tšeletseng li ka noesetsoa manyooa, 'me likhoeling tse peli ho isa borarong li ka enteloa lefu la boloutomo. Mafu ana ohle a lokela ho li thibela e seng ho phokoloa hobane hangata a mang eba h'a sa phokoleha.

PHEPO EA TSONA

E re kaha mona re rua liphoofole tsena bakeng sa khoebo ea tlhahiso ea boea, li lokela ho fua metsi a hloekileng le lijo tse lokelang 'mele ea tsona kaha e le hona li ntse li hola. Ebe lijo tse nang le matsoai haholo

a lekaneng. Li lokela hore qalehong ea ho ja ha tsona, li feptjoe lijo tse sitsoeng. Mohlala lesere, poone e khubelu, molasis le pelletse. Tsena li khothaletsa haholo hobane boholo ba liphoofole bo ja haholo nakong ena ea Mariha ha botala bo batla bo sokoleha.

Ka hona ke khothaletsa mocha ho lemela liphoofole tsa hae e le hore li tsebe ho khora. Ha li jele furu e omisitsoeng li 'ne li qotheqothe botala, 'me li 'ne li feptjoe ka linako tsohle ho fihlela Lehlabula le thoasitse botala bo sa sokolehe.



Ba rupeloa ka poloko ea sesiu sa sechaba

Nthabeleng Seithleko

Setsi sa Ntlafatso ea Linaha tsa Afrika ka kopanelo le Litsi tse shebaneng le Ntlafatso ea Pokello ea Litaba Afrika se tšoere 'moka oa matsatsi a mane ho tloha ka la 28 Phupu monongoaha.

'Moka o reretsoe ho seka-seka litaba tse amanang le sesiu sa pokello ea litaba tse kahare ho naha e le ho fumana malebela ho tsoa Setsing sa Ntlafatso ea linaha tsa Afrika ka hore ke joang Naha ea Lesotho e ka matlafatsang ntšetsopele ea tšireletso ea marang-rang.

Letona la Likhokahanyo, Liphatlalatso, Mahlale, Tšebeliso ea Mahlale le Boqapi, Mohlomphehi Nthathi Moorosi o hlalositse bohlokoa ba tšebeliso ea litsi tsa ntlafatso ea pokello ea litaba Afrika e le ho tla thusa Naha ea Lesotho ka malebela a tšebeliso e chatsi ea sesiu sa pokello ea litaba.

A re boikitlaetso ba bona ke bopaki ba likamano tse tsitsitseng tsa mohopolo o



le mong, e leng ho netefatsa hore meoloane ea ntlafatso e'a fihleloa hape e khothaletsa likamano tse ntle ho linaha.

"Kopano ea kajeno e netefatsa tebelo ea rona e tšoanang hore boiphihlelo ba rona ke bona bo ka re lebisang katlehisona ea ho lekolahore naha e itokisitse ha kae ho ipapisa le meoloane ea linaha tse ling ka sesiu sa pokello ea litaba tsa marang-rang," ke Moorosi eo.

Moorosi o bontšitse hore 'moka ona ha o tli'o shebana

feela le ho ntšetsapele bokamoso bo chabileng ba sesiu sa marang-rang, empa ke ho tla kenya letsoho phethahatsong e potolohang le lefatše e kenyeletsang phetsetsano ea litaba ka marang-rang.

Ho feta moo, a netefatsa hore 'Muso oa Lesotho o tšoere ka thata ho imatahanya le meoloane ea linaha tsa lefatše ho bopa sethala se bolokehileng sa pokello ea litaba molemong oa tšebeliso e chatsi mafapheng a 'muso le a ikemetseng kahare ho naha.

"Lesotho le nketse litaba tsa ntlafatso ea pokello ea litaba holimo ho thusa phanong e bobebe ea litšebeliso makaleng a 'muso le ho batalatsa mabala mafapheng a ikemetseng." A rialo.

'Makamohelo Mofilikoane lebitsong la Mongoli e Mopholo oa Lekala la Likhokahanyo, Liphatlalatso, Mahlale, Tšebeliso ea Mahlale le Boqapi o hlalositse hore ntlafatso ea pokello ea litaba e fana ka tšebetso e kholo makaleng a 'muso le mafapheng a ikemetseng.

A re Lekala la habo le shebane le ho sireletsa Basotho, hape ho beha naha boemong ba ho etella pele litaba tsa ntlafatso ea sesiu sa pokello ea litaba e bolokehileng kahare ho linaha tsa Afrika.

"Sesiu sa pokello ea litaba se lokela ho sireletsoa kaha se ka sebelisoa ho hlola liqholotso tse kang phetoho ea boemo ba leholimo, bofuma le likhoqetsane tse ka sitisang tsoelopele ea naha." Mofilikoane a rialo.

Boemeli ba Setsi sa Litšebeliso tsa Likhokahanyo le Mahlale Naheng ea Kenya, Victor Kapiyo o bontšitse hore 'moka ona o tli'o thusa

naha ea Lesotho ho fumana maoala a ho fihlela mokhoa o nepahetseng oa pokello ea litaba esita le ho bopa molao o tla sireletsa seo.

Kapiyo a supa hore e le setsi ba ikemiselitse ho tla tsamaisana leeto lena le naha e le ho e thusa ho fihlela pheletsong ea hore molao o kene tšebetsong.

A tsoelapele ka hore naha ea Lesotho e bontša matšoao a khatelopele litabeng tse amanang le khaho ea pokello ea litaba, 'me seo se bebofatsa mosebetsi oa bona haholo thupelong eo.

Ea bileng le seabo 'mokeneng ona, Mothopula Seala o boletse hore 'moka ona ke mohato oa bohlokoa, 'me o tli'o tsoela sechaba sohle molemo kahare le kantle ho naha.

"Ha ho buoa ka litaba tsa pokello ea litaba, re lokela ho pharalatsa kutloisiso ea rona ka eona eseng feela ho bua ka pokello e seng e entsoe, empa ho tseba haholo ka eona." A rialo.

H'a phethela, o supile hore e le mafapha a ikemetseng le makala a 'muso ba loke-tse ho sebelisana 'moho ho netefatsa hore sesiu sa pokello ea litaba se tšoaroa ka hlokolosi kaha se tšetse litaba tse amang sechaba.

Nthabeleng Seithleko

Molaoli oa Sesole sa Lesotho, Lieut. Gen. Mojalefa Letsoela o ekelelitsoe nako ea ho tsoka sephali kahar'a Sesole sa Lesotho, ka konteraka ea lilemo tse tharo. Litaba tsena li hlahetse puisanong le Letona, Ofising ea Tona-Kholo, Mohlomphehi Limpho Tau ka la 30 Phupu monongoaha.

Tau o bontšitse hore Tona-Kholo, ka matla a fuoeng ke molao ho khetha mang kapa mang, eo a bonang a e-na le makhabane a boemo bona o ekelelitse Letsoela nako ea ho tsoela pele ho lisa meeli ea Naha ea Lesotho.

Letsoela o ekeletsoa nako ea tšebetso e tlang ho qala

O sa se lutse



o hlahetse Bela-Bela, Seterekeng sa Berea, ka la 3 Phato 1967, 'me ea e-ba setho sa Sesole sa Lesotho ka selemo sa 1987.

Tau o hlalositse hore h'a tsebe mabaka a susumelitseng qeto ena kaha e etsoa ke Tona-Kholo a bile a eletsa Motlotlehi.

Moetapele oa Mokha oa Mpulule Political Summit, Edwin Sehlabaka, o hlalositse hore litaba tsena tse etsahalang ka sesoleng li bontša mesebetsi e se polotiki kaha ho sa tsotellehe hore na molaoli oa nepa kapa che, Tona-Kholo o sebeletsa ho mo khotsofatsa.

A re ha joale hoa bonahala hore Tona-Kholo o etsa lintho tsena a le tlasa khatello. O re tsamaisong ea naha hoa fosahala hore motho a imenya-menye ka boemo bo le bong, empa ho lokela ho arolelana mesebetsi.

O bontšitse hore ketso ena ke maholi a patile maeba hobane ha ho sa le molemong oa naha, etsoe ho se mabaka a hlalositsoeng a hore na eo o ekelelitsoe konteraka ea tšebetso hobane'ng h'a loke-la ho ea phomolong.

"Hona ke ho khina neheletsano ea mosebetsi le litsebo, ha ho molemong oa naha." Ke Sehlabaka eo.

ka la 4 Phato 2025 ho isa la 3 Phato 2028.

O boetse a supa hore o ile a khethoa boemo bona ka la 23 Pherekhong 2018, a hlalame Lieut. Gen. Khoantle Motšomotšo eo eseng e le mofu hajoale, 'me tebelo e ne e le hore a behe meja fatše ka la 31 Phupu monongoaha

"Joaloka Molaoli oa Sesole, Lt. Gen. Mojalefa Letsoela o ikarabella tsamaisong le taolong ea sesole ka kakaretso, 'me ho ea ka Molao

oa Sesole sa Lesotho (LDF Act No.4 ea 1996), Molaoli o khethoa ke Motlotlehi King Letsie III, ka keletso ea Tona-Kholo." Tau o li beha tjena.

A re pele e e-ba Molaoli oa LDF, e ile ea e-ba Molaoli Lefapheng la Lifofane kamor'a moo ea nt'o ba Mohlahlami oa ea neng a tšoere Molepo e le Molaoli oa sesole, Major General Lineo Poopa, ho fihlela ka la 23 Pherekhong 2018 h'a khethoa ka molao e le Molaoli oa Sesole.

Lt. Gen. Mojalefa Letsoela



Re behile matsoho hloohong-Mohajana

Nthabeleng Seithleko

Mosebeletsi oa tsa Bophelo Metseng, Phamong, 'Masechaba Mohajana o re ba behile matsoho lihlohong, kamor'a ho hlokomela hore bana ba banana ba lilemo li 14 ho isa ho 17 ba bonahala ba imme ka bongata. O boletse tsena, puisanong le Koranta ka la 25 Phupu monongoaha.

O re ha joale ke bonyane banana ba 20 bao a nang le lipalo tsa bona bao e leng bakhachane. O re qholotso e kholo ke ea bana ba ikholisang bao batsoali ba bona ba ba siileng le boikarabello ba malapa, ba sebetsa Afrika Boroa. O re ba bang ba sitoa ho arabela litlhoko tsa bona tsa letsatsi le letsatsi ba qetelle ba inehella bahlankana kapa bo-ntate ba nang le malapa ka khopolo ea hore ba tla ba thusa ebe ba ba sia le bana.

Ho feta mona, bothata bo bong o itse ke litloaello ho latela bophelo ba sechaba ho latela libaka ka ho fapakaneng, ka ha ba bang ba nka maeto a matelele ho fihla likolong ba qetelle ba se nyahlatsa ka lehare, ba bang ba hlekefetsoe. A re bothata bona bo hlokoa tharollo e potlakileng hobane



ha ho na hore bana ba ka etsa bana, ebe ho lebelletsoe lithoana tse ntle kholong ea bona.

O re ba se ba ile ba tsoa letšolo ho fana ka thuto ho sechaba ho ba hlokomelisa ka kotsi ea litaba tsena, le moo e bang ho na le ngoana ea tlalehileng ketso ea peto kapa e mo sitisang ho phela a lokolohile ba fana ka tlhabollo. O re e le basebeletsi ba ee ba bokelle bana ba banana ho ba ruta ka mekhoha ea ho itšireletsa, boikemelo ba bona, kholo le menyetla ea ho etela litsing khafetsa molemong oa bophelo bo botle.

O bontšitse batsoali ba bang ba bonahala ba sa thabele litaba tsena, ha ba bang ba bonahala ba li thabela ho latela litloaello le hore ba tsoafa ho nka boikarabello kholisong ea bana ba bona, haholo thutong. O re mafapha a ikarabellang a lokele ho etela libaka tsena hobane taba ena ke tlokotsi e etsang e amang sechaba.

Har'a litaba tse ling o hlahositse hore metse e meng e mesikong ea lithaba moo ho fihlehang ka boima, ho thata hore batsoetse ba ise bana li-enteng ka nako hobane ba nka lihora tse hlano ho isa ho tse

tšeletseng pele ba fihla Setsing sa Bophelo se Phamong hobane ke sona feela se fanang ka litšebeletso. A re batsoetse ba bang ba atleha ho fumana litšebeletso ha li atamelelitsoe metseng e haufi, hobane ka lebaka la tlhokahalo ea likoloi le khaello ea baoki setsing ba sitoa ho fumana litšebeletso.

"Taba ena e bohloko hobane e ama kholo e ntle ea bana, hoo bana ba qetellang ba enta liente tse ngata hong e leng se ka amang bophelo ba bona." Ke Mohajana eo.

A bontša hore bana ha ba tsamaee liente hantle, 'me bona ba sitoa ho fana ka bosebeletsi bo joalo hobane ha b'a bo rupelloa, ha e se ho thusana ho fana ka lithare ho bakuli metseng.

Matebello Phalali oa Ha Qacha Phamong, o hlahositse hore bothata ba bokhachane bo sa reroang ba neng bo bokoa ke litloaello tsa hore batho esale ba tseba hore ngoanana h'a ea linakong a ka ba le ngoana, bo bong ke ba bana ba ikholisang, ba bang ba hlokomela malapa a habo bona kaha batsoali ha ba sa phela.

A re bofuma bo tjametseng malapa bo kenya letsoho hobane bana ba bang ba sitoa feela le ho ba le mesangoana ea boitlhoekiso khoeli le khoeli, hoo ba tloang ke mehopoloi ea hore bo-ntate ba baholo ba ka ba thusa.

Mokanselara oa Phamong Molefi Putsoane, o tiisitse litaba tsena ka le reng ba leka mekhoha eohle ho fihlella libaka tse fapakaneng ho bona hore ba fana ka thuto sechabeng empa ha ho nko ho tsoa lemina, bothata boo a ithutileng bona ke tla e tjametseng malapa, khaello ea thuto le litšebeletso tse fumanoang hole haholo.

"Ke khathetse matla selemong sena, lipalo tsa bakhachane ba tlaase lilemong li phahame ho feta lilemo tsohle." Ke Putsoane.

A re ba ipiletsa ho 'Muso oa Lesotho ho ba bulela Litsi tsa Bophelo metseng e hole le literopo hore litšebeletso li fumanehe habonolo. A re ba sitoa ho fihlella libakeng tseo ka nako hobane libaka tse joalo ha li fihlellehe ha bonolo ka lebaka la maemo a tsona a leholimo a fetohang khafetsa.

mpe ea bana hobane se'a litlaleha. A re bona ba ne ba etsa lipitso ho bua le sechaba ka litaba tsena le pele ba thakeloa ka malebela, empa mosebetsi oo o fihlile oa etsa tlatsetso le

le mohato oa ho beha sechaba leseling ka litaba tsena le ho loanela boikemelo ba bana. O itse ba sebetsa ka ho tšehetsa lithupelo le ho rupela baetapele bohle ba sechaba ka litaba tse-

World Vision e thakela baetapele

Nthabeleng Seithleko

World Vision Lesotho ka tšehetso ea lichelete ea Mokhatlo oa Europe (EU) e tsoile letšolo ho rupela sechaba ka bobele ba tšebeliso le khiri ea bana ba tlaase lilemong, le ho theha likomiti metseng tse thusang ho fetisetsa thuto sechabeng le ho fana ka tharollo moo bothata bo joalo bo hlahellang teng. Litaba tsena li bile Seterekeng sa Mohale's Hoek, ka la 25 Phupu monongoaha.

E le ho totobatsa melemo eo ba e uneng lithupelong tse fapakaneng tseo ba ileng ba li tsoareloa ke World Vision, ba hlahositse hore litaba tseo li ba butse mahlo le ho hlokomela hore litloaello tsa bona e le sechaba e ne e le khatello baneng e bile e le tlole ea molao.

Mokanselara Molefi Putsoane o hlahositse hore ba sebetsa 'moho le marena le mekhatlo ea bana ho bona hore bana ba sireletsehile, ebile ha ba kene litabeng tsa khirisetsano le ho sebetsa ba le tlaase lilemong le hore ba tsebe moo ba ka tlalehang kapa batho ba

lokelang.

A bontša hore pele ba fuoa thupelo e le baetapele ba sechaba ba ne ba se leseling hore bana ha ba tlohellisoa likoloi ba il'o sebetsa kapa ho sebetsa ba le banyane ke tlole ea molao. A re e le sechaba se phelang mahaeng ba fetoa haholo ke litaba tsa bohlokoa kapa lintho tse ngata tse rutang batho ka melao, kaha moo ba phelang teng e le tloaello ho bona ngoana a tlohellisoa sekolo a lisa kapa a sebetsa.

A re e le balisa ba litokelo tsa bana ha ba e-s'o fumane moo ngoana a sebetsang kaha bongata ba bona ba isoa me- tebong ba le sieo metseng e haufi le mabalane, 'me ke libaka tseo ho seng bonolo ho fihla ho tsona.

"Ntho eo re sebetsaneng le eona ho fihlela hona joale ke moo ntate a neng a loana le mofumahali oa hae, a hana ho isa bana sekolong, 'me taba eo e kapel'a sepolesa." O li beha tjena.

Moemeli oa Likereke 'Maphelele Lehasa o hlahositse hore ba ne ba sa tsebe ka litaba tsena le mokhoa oa ho li fetisetsa ho sechaba ka likerekeng, empa hona joale ba se ba



atleha hore ha ba fana ka thuto likerekeng ba kenyeletse litaba tse amang bana hore thuto e fete ka ho pharalla. O re eena o thehile sehlopha sa bana moo a ba rutang ka litokelo tsa bona le melao e ba sireletsang ho ba qobisa ho kena linthong tse se nang thuso joaloka lithetefatsi le bophelo bo amang bokamoso ba bona.

Moemeli oa Sepolesa Le-fapheng la Bana, W/PC Mahali Mohlomi o hlahositse hore kamor'a lithupelo tsena o bone hore sechaba se se se na le kutloisiso e nepahetseng ka litaba tsa khiri le tšebeliso e

phetoho mosebetsing oa bona.

A re bothata bo ntse bo le bongata haholo libakeng tse ka lithabeng kaha molaetsa ho sa fihle habonolo, joale sechaba sa litokoloho tseo se phela ka litloaello tsa khale. A re bona ba leka ka hohle ho ntlafatsa sechaba le ho fana ka thuto ho sona empa ka lebaka la khaello ea lisebelisoa ba sitoa ho fihla libakeng habonolo.

Tsotang Mokone ho hlahla World Vision Lesotho ka Le-fapheng la Khiri le Tšebeliso e mpe ea Bana, o hlahositse hore kahar'a morero ona ba atlehile ho fana ka thuto sechabeng e

na, hore le bona ba li rute sechaba seo ba phelang le sona le ho se etellapele. A re ba sebetsa le balekane 'moho le bona 'musong ho susumetsa hore ba fetise melao e sireletsang bana.

Lipalo-palo tsa Mokhatlo oa Basebetsi oa Machaba (ILO) li supa ha 21.6% ea bana e le kahar'a tšebeliso e mpe ea bana le khirisano ea bana linaheng tsa Afrika, 'me boholo ke bana ba bashanyana. Ha bana ba 41.4 milione ea bana e sebetsa mesebetsi e kotsi e amang tšireletsi, bophelo le kholo e nepahetseng ea bona.

'Muso o bulela lihoai 'maraka

Nthabeleng Seithleko

Ka sepheo sa ho sireletsa lihlahisoa tsa Basotho, Lekala la Temo le Kanetso ea Lijo le thibetse ho kena ha mahe, litapole le moroho oa kabeche malibohong, 'me le tla li bulela ka nako e tla boleloa. Sena se boletsoe ke Letona la Lekala la Tekano, Bacha le Ntsetsopole ea Sechaba, Mohlomphehi Pitso Lesaoana lebitsong la Letona la Lekala la Temo ka la 28 Phupu monongoaha.

H'a tsoelapele o bontšitse hore ba fihletse qeto ea ho thibela mahe ho kena malibohong kamor'a ho fumana boeletsi ka lefapha la bona la limmaraka hore ho na le tlhahiso ea mahe e ngata ho tloha ka khoeli ea Pherekhong monongoaha. A re ba boetse ba khina ho kena ha litapole le moroho oa kabeche ka khoeli ea Phupjane.

"Qeto ena re e entsoe ka-



mor'a ho ikholisa hore e fela ho e-na le tlhahiso ea lihlahisoa tsena ka bongata kahar'a naha molemong oa ho fana ka monyetla oa 'maraka oa lehae ho lihoai tsa Lesotho." A li beha joana.

O boletse hore leha ho le joalo ho fihlile tlhokomelong ea bona e le 'muso hore ho na le karolo e 'ngoe ea sechaba e

sa ikamahanyeng le qeto ena, kaha ba ntse ba itsoella pele ho kenya thepa ena ka mekhoha e seng molaong malibohong le libakeng tse ling tse sa lumelloang.

"Ke tlolo ea molao ho kenya thepa kahar'a naha ka mekhoha eohle e sa lumelloang, 'me ke ipiletsa ho baetsi ba liketso tsena ho li emisa hang-hang

ha ba utloa molaetsa ona." ke Mohlomphehi Lesaoana eo. A re lekala le ikemiselitse ho tšoarana ka matsoho le makala a mang a 'muso a amehang malibohong 'moho le mafapha a tšireletso ho netefatsa hore ha ho batho ba kenyang lihlahisoa tsena ka khoroana tsa matsa.

"Re le Lekala re ikemiselitse ho tsoelapele ho khina sekhahla sena sa ho kena ha lihlahisoa tsena re ipapisitse le tlhahiso e teng kahar'a naha." O bontšitse hore lekala la habo le tla lula le falimehile ho etsa liqeto le likhothaletso tse tla khotsofatsa bahlahisi, bahoebi le baji ka linako tsohle ka tšebeliso le mafapha 'ohle a ikarabellang taolong ea ho kena le ho tsoa ha lihlahisoa.

A re ba tla sebetsa ka thata ho bona hore sechaba se ikobela melao le lipheho tse etsoang malibohong ke linaha tsena tse peli.

Ho sa le joalo, Mookame-li oa Limmaraka Lekaleng

la Temo Monghali Lekhoee Makhathe o bontšitse hore ba hloka ho tiisa thibelo malibohong, hobane tlhahiso e teng hona joale e lekane hore e ka fepela naha ka kakaretso.

O bontšitse hore lihlahisoa tse lebelletsoeng ho kena 'marakeng ke tsa boleng bo nepahetseng ka bongata, ka hona ba tla netefatsa hore ba sheba hore bahlahisi ba rekisa ka litjeo tse amohelehang ho semh joalo ba tla sebelisa molao oa litheko le lithekiso. A re ho bona hore Basotho ba abeloa toka ba tla etsa litlahlobo tsa tsome ho sheba thepa ea mokunyata.

Ho feta mona Mookame-li oa Mokhatlo oa Lihoai, Khotso Lepheana o thoholelitse mohato ona ka le reng o tlo bulela Basotho monyetla oa khoebo le tlhahiso ea bona e ke ke ea fella feela kapa ho senyeheloa. A ipiletsa ho bahoebi ho reka lihlahisoa tsa Basotho hore khoebo e likolohe habonolo mahareng a sechaba.

Nthabeleng Seithleko

Temo ha e tsoele lihoai molemo

Le ha 'Muso oa Lesotho o tšoare ka matla ho thusa sechaba ka mokhoa oa ho iketsetsa khahlanong le litlamorao tsa phetoho ea boemo ba leholimo, ho bonahala masimo a mangata Phamong a letse le ho taboha mangope ka lebaka la kholeho ea mobu e bakoang ke lipula tse matla le mochoso. Litaba tsena li boletsoe le Morena Shoaepane Letsie, puisanong le Koranta ka la 25 Phupu monongoaha.

O re malapa a mangata a

masimong li ba sieo taba eo e bakela metse bolutu.

O re bana ba Setereke sa Mohale's Hoek bana le bokakachelana ka lebaka la khaello ea phepo e nepahetseng, hobane tlhahiso e le sieo ha batho ba bang ba sa sebetsa. A re tlhokahalo ea mesebetsi e amme bophelo ba sechaba hobane batsoali ba qetella ba nahanana ho tsoa kahar'a naha ho ea libakeng tse ling ho tsoamela bana bophelo leha ho le joalo ba bang ha ba romelle letho.

"Ho na le malapa a hlohang



se lapileng se bonahala ka ho etsa litlolo tsa molao, ka hoo babusi ba se nke litaba tsena ha sesanane.

E mong oa lihoai tsa tikoloho ena, 'Matli Mosolesa o hlalositse hore litaba tsa phetoho ea boemo ba leholimo li ba amme hampe hobane h'a sa hlalisa lijo ka tsela e tšoanang le ea pele, masimo a hae a se a omella hoo a beng a iphumane a lemme makhetlo-khetlo selemong, ho se lijo tse hlahang li chele ke letsatsi kapa ha lijo li hlahile a fumane tse fokolang e be u se a etsa furu ea liphoofole.

"Ke lema masimo a mabele, ao ke neng ke kotula lijo tse ngata empa ha joale ke atlehile ho kotulo feela bale le limmethe tse hlano, e leng se bolelang

hore ho ea bolelang ba selemo ke tla tlameha ho reka lijo." ke Mosolesa eo.

O re bothata bo bohoto ke komello e amang le kholo ea liphoofole kaha le makhulo a bona a ntse a senyeha nako le nako, ka hoo o re ekare ba ka thakeloa ke malebela a ho ithusa nakong tse thata hobane ba leka mekhoha eohle le ho lema ba sebelisa moiteli empa temo e bonahala e ntse e tetebela.

Ho feta mona, Mokanselara oa Phamong Molefi Putsoane litabeng tsena, o hlalositse hore batho ba bangata ba phela ka temo, 'me ha ba tsoa merafong ke seo ba iphelisang ka sona, 'me ha joale litaba tsa komello li ba baketse bolutu temong hobane malapa a mangata a hloka lijo, tlhahiso e se e

fokola ha ba bang ho se ho se moo ba lemang hobane masimo a tabohile mangope.

O re ka lebaka la ho teba ha mangope ao ho thata hore a ka lokisoa hobane masimo a mang a pela metsi 'me h'a le mangata a hohola masimo a joalo ebe tlhahiso ea lijo e ba bothata.

Ho sa le joalo, Morero oa 'Muso oa AICOV ke o mong o tšoereng ka thata ho bona hore o thakela sechaba ka malebela mabapi le ho ikemela khahlanong le litlamorao tse bakoang ke boemo ba leholimo, haholo Seterekeng sa Mohale's Hoek, se ileng sa hloaoua hobane se tobane le bothata ba komello, tlhokahalo ea lijo le lifako, leha morero o joalo o ne o sa anela setereke ka bophara.



tjametsoe ke tlala ea boja-likata hobane tlhahiso ea lijo masimong ke bothata batho ba se ba phela ka ho reka lijo. O hakantse hore 70% ea sechaba sa habo e amehile haholo hobane taba ena e etsa hore bosholu bo bonahale bo eba teng. A re malapa a mangata a iphelisa ka temo 'me ha lijo tsa

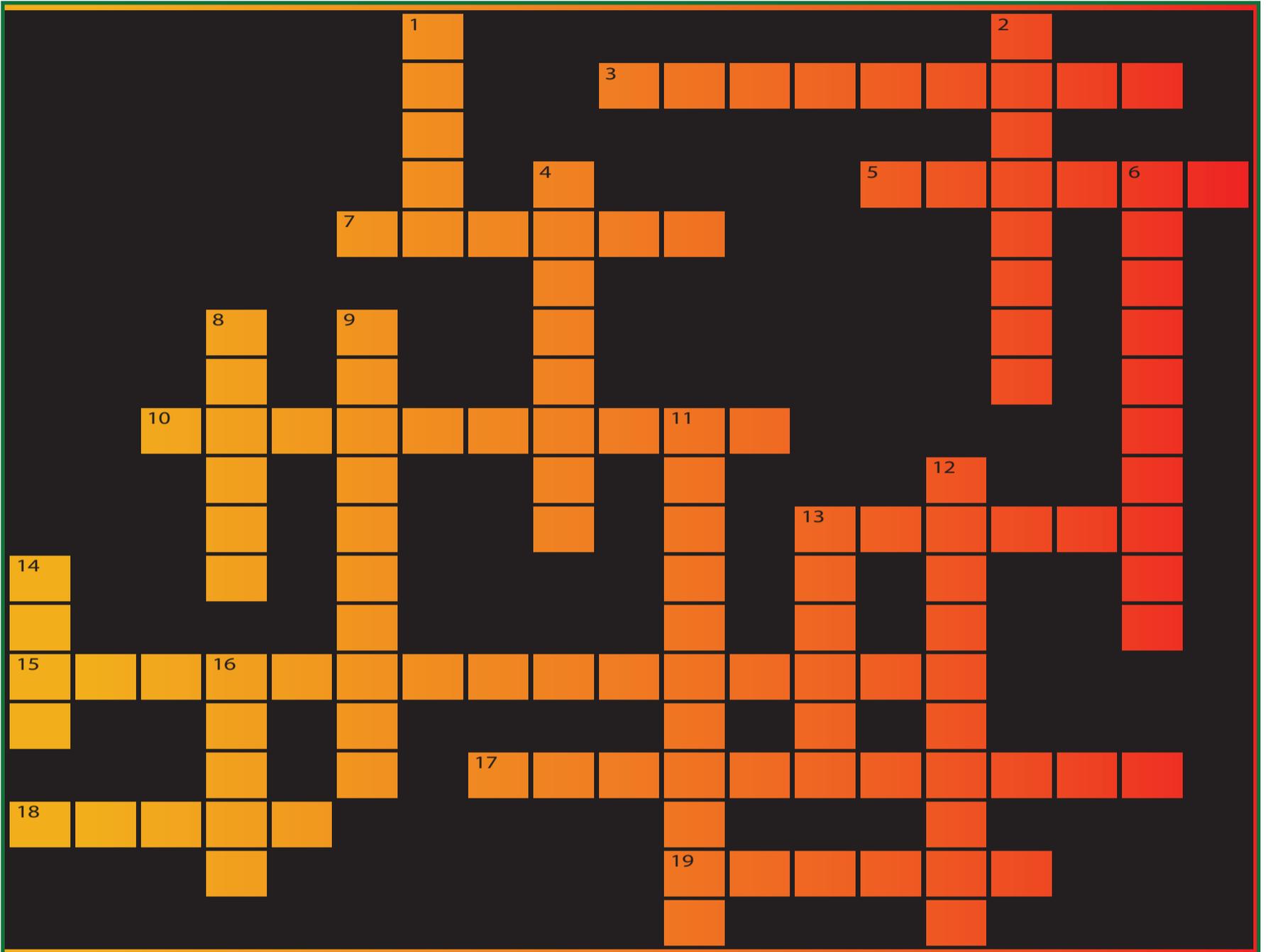
se jeoang, a phelang ka ho fua haholo moo ho lulang bana." O tsoelapele ho hlalosa mathata.

A ipiletsa ho 'Muso oa Lesotho ho anetsa litaba tsa tlhahiso ea mesebetsi ka 'nete eohle hobane sechaba se phela ka thata haholo metseng e ka thoko ho literopo. A re sechaba



MoB KIDDS EDUTAINMENT

Puzzle MoB 93-4596



Across

- 3 Ntoa ke khomo ea khameloa (9)
- 5 Ho ja setoto ka lere. Ho (6)
- 7 Lijo tsa balisana naheng. (6)
- 10 Lentsoe le leng le boelang lekharietse. (10)
- 13 Khomo e fuoang moholisi oa ngoan'a ngoanana, ha eo a se a nyetsoe. (6)
- 15 Monoana o pela tšupa-batho ka letsohong le letona. (15)
- 17 Mofuta oa lenyalo moo monna a nyalang mosali lekhetlo la pele. (6,5)
- 18 Nama e jeoang ke bashanyana. (5)
- 19 Khala le bilietsa..... (6)

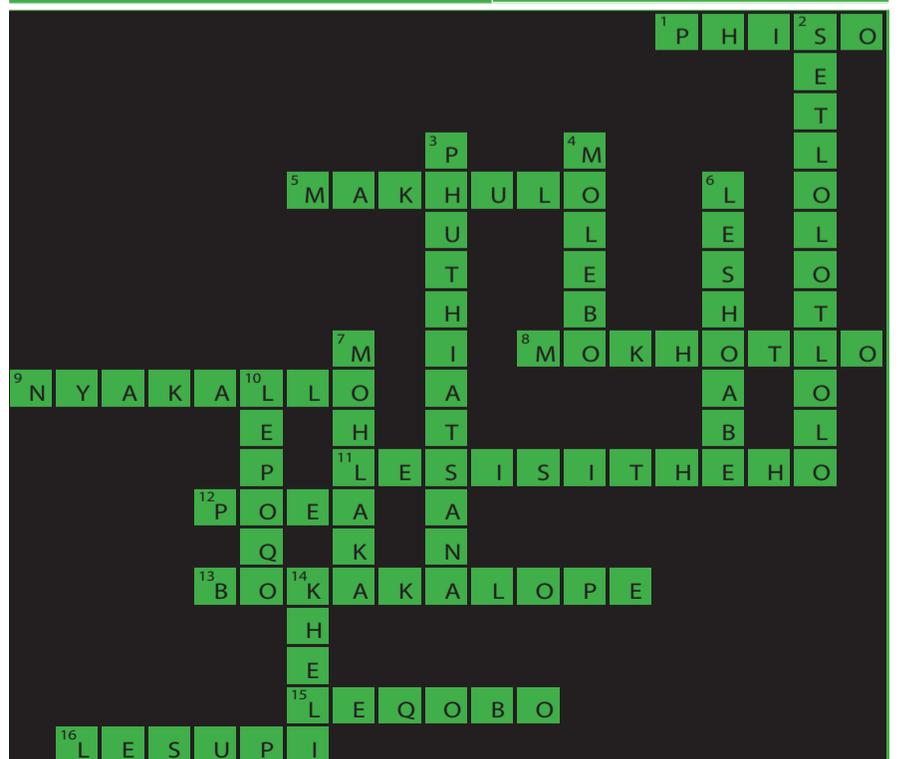
Down

- 1 Ea hafang ka nkatana. (5)
- 2 Monoana o motona ka letsohong le letšehali. (8)
- 4 Monn'a 'mangoane. (8)
- 6 Poone e apheletsoeng le makhapetla. (10)
- 8 Moo letsete le jelloang. (6)
- 9 Sebaka seo likhomo li ka bothang ho sona pele li kena sakeng. (10)
- 11 Phoofolo e hlahileng e shoele. (11)

- 12 Likhobe tsa poone tse futsoetsoeng ka lebese. (10)
- 13 Ngoana ea hlahlamang ea hlokahetseng. (6)
- 14 Ho lala u patisitse mpa ka lebota. (Ketso) (4)
- 16 Khoeli ea pele Selemong sa Basotho. (5)

THAROLLO

MoB 93-4595





TSA KEREKE

Mopapa o keteka le maqheku

Tšeliso Thakholi

Mopapa Leo XIV o re maqheku ke matšoao a tšepo le lipaki tsa 'nete tsa mahlohono-lo. O buile tsena mo-laetseng oa hae oa ketekelo ea Letsatsi la Lefatše la Maqheku le ketekiloeng ka la 27 Phupu monongoaha tlasa mohoo o reng: "Ho lehlohono ba sa kang ba lahlehela ke tšepo." (Siraka 14:2) Letsatsi lena le kete-koa selemo le selemo ka Sontaha sa bone sa Phupu kamor'a sehopotso sa Bahalaleli Joakim le Anna.

A re bo-nkhono le bontate moholo le batho bohle ba seng ba holile ke lipaki tsa tšepo kaha ba bile ba tseba ho supa tsela bakeng sa meloko e mecha. A re

botsofali ke nako ea tlhohonolofatso eo ho eona tšepo e ileng ea behoa tekong e kang mollo o chesang oa bophelo bo botelele, 'me eo qetellong e fetohang mohloli oa thabo le tšepo e nchafal-itsoeng ho Morena Molimo.

"Morena Molimo o re ruta hore mahlong a hae, botsofali ke nako ea mahlohono-lo, tlhohonolofatso, mohau le hore ba holileng ke bona lipaki tsa pele tsa tšepo bakeng sa hae." O boletse joalo a bile a etsa boipiletso bo matla ho bohle ho hlokomela le ho baballa maqheku le maqhekoana kaha e le bona lipaki tsa tšepo.

Ho sa le joalo, Mokhatlo oa Dicastery for Laity, Family and Life o ile oa fana ka melaetsa ea Rabalumeli malebana le ketekelo ea Letsatsi lena le melaetsa e bontšang mekete ea baprista ho litikoloho, liparish le mekhatlo ea likereke. Ho bile ha eba le tlhahiso

ea hore selemong sena ka Mokete o Moholo oa Jubilee a Tšepo e ketekeloe libakeng tseo maqheku a lulang ho tsona kaha mohoo oa bona o nyalana hantle le selemo sena sa tšepo. "Maqheku le maqhekoana ke matšoao a tšepo le lipaki tsa mahlohono-lo."

H'a hlalosa manoni a fuperoeng ke Letsatsi la Lefatše la Maqheku Mobishopo Dario Gervasi o re ke monyetla o moholo oa ho tiisa hore ha ho mohla batho ba holileng ba ka bang bang kaha ke bona khubu e fupereng nalane ea Kereke. "Ba phela le Kereke kamehla 'me boiphihlelo ba bona litabeng tsa Kereke ea Morena Molimo le tumelo e tebileng ea 'nete e Katholike ke lefa la bohlokoa le ruisang le ho holisa meloko e mecha le ho tiisa maqhama sechabang ka seng.

-CNA-

2024-2025 SELEMO C

Sontaha sa 18 har'a selemo



Moruti 1:2;2:21-23

Pesalema 94

Ba-Kolosse 3:1-5.9-11

Luka 12:13-24



Khothatso

Bophelo bo botle ke'ng?

Lipalo tsa kajeno li re nonya maikutlo ho ipotsa hantle hore na bophelo bo botle ke'ng; ke maruo, katleho? Kapa ke ho hong ho tebileng, ntho e hloakang bofelo? Bukeng ea Moruti, o bua a re; "Lefeela la mafeela-felane," 'me mona o bua ka leruo le maemo haholo lintho tseo motho a sa li sebeletsang a mpa a li ja lefa. Lefeela lena ha se ntho e sebeletsoang hakaalo, empa e le tlhokomeliso khahlanong le ho beha tšepo linthong tse bolang. Paulosi o re lemosa ho batla lintho tse holimo e se tsa lefatše lena, hobane boleng ba rona bo ho rona e se linthong tseo re bang le tsona. Evangeling Morena Jesu o bolela Papiso ea Morui oa Sethoto ea ileng a ipokella tsohle a sa re letho ka Molimo. O ile a hopola hore o se a hlotse bophelo, ka hona a ka lula a iketla empa Molimo o 'mitsa sethoto; "Bosiung ba kajeno moea ua hau o tla latoa." Maruo a hae a ile a sitoa ho mo pholosa.

Evangelii e hlakile; bophelo ha bo'a itšetleha ka leruo, empa ho Morena Molimo. Ho ba le leruo ha se ntho e mpe kapa sebe empa haeba joale le re sitisa ho bona Molimo kapa ho thusa bana ba habo rona le fetoha molingoa. Morena Jesu kajeno o re biletsa ho hlaloba bophelo ba rona, ho beha lintho tsa bohlokoa pele. Bophelo bo botle ha bo'a itšetleha ka mebaraka ea lefatše empa ho se fanoang ke Moea e leng lerato, mohau le bophelo bosafeleng.

Morena Jesu o kopana le monna ea tsekang mafa, 'me mehleng eo baruti ba ne ba atameloa mabapi le litaba tsena. Kriste h'a rate ho li kena ho hang hobane ho na le Makhotla a Molao a ka li rarollang, empa hoja monna eo o na e-na le moea o motle ka ho eena, mohlomong Morena a ka be a itse ho eena, "Arolela ngoan'eno karolo ea hau 'me u tle ho ntatela." Monna enoa o fositse tsela ea ho sheba bophelo hobane ho eena bophelo ke "Na" kapa "tsa ka." Mantsoe a bohlokoa bophelo ho ea ka lipatlisiso, "Na" e hlaha qetellong ea ona kaofela e lateloe ke "Kea leboha." Joalokaha lefatše la kajeno le beha chelete pele ho feta tsohle, le eena o ile a etsa joalo. Le hoja monna enoa a ne a bonoa e le moruo hakaalo, ha e le hantle leruo la hae le ne le mo ruile. Morena Molimo o 'mitsa sethoto 'me sethoto ka ho ea ka Mangolo a Halalalang ke motho ea sa tsotelleng letho, le ho se lumeleng boteng ba Molimo. Ke ka hona mopalesalema a reng, "Sethoto se ile sa re ka pelong ea sona, 'Ha ho Molimo.'" (Pesalema 14:1)

Kajeno re hopotsoa hore bophelo bo tšoana le ngoan'a lese, nako e lekane motinyane 'me maruo le ona a feta. Re khalemelloa ho phela joalokaha eka ha re tli'oa shoa, ebe re ikeme re bokella maruo a lefatše re lebetse letlotlo le teng leholimong. Kriste h'a hloea leruo, empa o re hlokomelisa ho se le etse molingoa kapa ho aha boleng ba rona holima lona.

Bophelo bo botle ba bo'a itšetleha holima hore na re na le'ng, empa hore na re rata hantle hakae, re sebeletsa ka botšepahi hakae le hore na re tsamaea haufi le Morena Molimo joang. Lipelong tsa rona re shebe ho Kriste eo e leng mohloli oa bophelo, re se phelele lefeela la mafeela-felane, empa bokhabane e se leruo.

Kopano ea Kemolo ea Maria ea se nang Sekoli e hlahisitse Komiti ea Deanery ea Mazenod, e ileng ea hlohonolofatsoa ke monga Parish ea Mofumahali oa Lefatše Rev. Fr. Patrick Khoaele OMI. Tsena li etsahetse Parishing ea Regina Mundi ka la 27 Phupu monongoaha.



Bahalaleli har'a Beke

- 4 Phato John Vianney
- 5 Phato Abel
- 6 Phato Martyrs oa Cardena
- 7 Phato Cajetan
- 8 Phato Dominic
- 9 Phato Amor

Mekaubere e qholotsehile

Tšeliso Thakholi

Mekaubere ea Papali ea Senuka e bonahalang e qhololitsoe ke tšebeliso e phahameng haholo ea tai le koae bacheng, e bileng lipapaling tsa boithapolo le ho bopa setsoalle, lipakeng tsa libapali tsa Setereke sa Berea le Maseru mafelong ana a beke, e re e tliil'o thakho-la letšolo le lehlo la ho loantša tai le koae kaha li senya bokamoso ba bacha le litalenta tsa bona.

Lipapali tse na tse neng li bapalloa Khubetsoana Setereke sa Berea li ne li reletsoe hore li bule mahlo a barati le batšehetsi ba lipapali tse fapaneng, tabeng e bonahalang matsatsing a morao tjena bacha ba se ba itahletse ka setotsoana taing le koae e kenyeletsang haholo-holo matekoane.

Mekaubere e boetse e tšoentsoe ke ho bona hore lipapaling tse tšoarang nakong ena eo likolo li koetsoeng, bacha ke bona ba rekisang koae ka bongata le ho noella joala mabaleng a lipapali.

E mong oa bahlophisi ba lipapali tse na tsa mekaubere, David Letšolo o kopile sechaba sa Basotho le barati bohle ba lipapali ho tšehetsa letšolo lena la bona, molemong oa kholo ea bolo le bokamoso bo phethahetseng ba bacha. A re batsoali ba lokela ho khalema ka thata ka malapeng le ho fetisa molaetsa letsatsi ka leng oa hore tai le koae li kotsi, ho fihlela bacha ba eelloa.

A re ba qalile letšolo lena ka ho etela litholisano tse 'maloa tsa lipapali tseo ba seng ba ithutile hore palo e kholo ea bacha e'a tsuba le ho noa joala ha ba tliile lipapaling tse na, tseo mohlomong khopolo e neng e le hore li tliil'o ba hleka linthong tse ka senyang bophelo ba bona joaloka tai le koae. "Lipapaling tse ngata tseo re seng re fihlile ho tsona re ikhakantse re bone hore e hlile karolo e kholo haholo e sebelisang lintho tse na tse kotsi bophelong ba tsona ke bacha. Batho ba baholo b'a fokola haholo ka palo." A rialo.

A re ba tliil'o qala letšolo la bona ka ho etela lihlopha tse nyenyane ka ho fapakana ha lipapali tsa tsona kaha sena ke kobo-anela, ha e'a hahlamela lipapali tse itseng feela. "Ke re le lipapaling tsa rona tsa Sesotho tse na tse tšoareloang bana, joala le koae li teng. Lona batsamaisi ba fuoeng boikarabello ba ho koetlisa bana ba rona re thuseng re ntšeng ntho ena ka metso, se keng la ema thoko le rona la shebella ha naha e lahlehloa ke bacha ba eona ka lebaka la tai le koae." O boletse joalo a bile a phethela ka hore lipapali e lokela hore ebe tsona pheko ea tai le joala e seng li fetoloe sethala sa ho noa le ho tsuba.



Li keteka letsatsi la Rabasotho



Tšeliso Thakholi

Lihlopha tsa Papali ea Rugby tsa banna le basali tsa li-Seven's, tseo ho tliil'o boptjoa mekhetsoa ea naha, li thakho-tse boitokiso ba tsona ba litholisano tsa Machaba tsa Mohope oa BOLESWA TRI-Nations le ho ntšetsa pele sehopotso sa ketekelo ea letsatsi la tsoalo la Motlotlehi Letsie III,

ka sefutho se sehlo lebaleng la Mejametlana, Maseru ka la 26 Phupu monongoaha moo teng lihlopha ka mahlakore a mabeli li ileng tsa ntšana bothaka.

Lihlopha tse qalileng lipapali tsa tsona ka matla a maholo ke bompoli ba Liki e Kholo ea Econet Rugby e leng Mabote Beavers, Lihomane, Lesotho Rugby Academy, Mabita Gorillas, NUL Spears, Maseru Warriors le Mazenod Swallows. Mona ke moo joaloka kamehla papaling ea rugby, sehlopha se ileng sa bapala papali e tsoileng matsoho ka ho banna e bile Mabote Beavers, bobeling ea e-ba Lihomane ha borarong e le Maseru Warriors. Ka ho basali Mabote Beavers e ile ea boela ea ipabola ka ho hlaha boemong ba pele, bobeling ea e-ba NUL Spears, bararong ea e-ba Lihomane.

Bahloli mahlakore ka bobeli ba ile ba abeloa mehope le limentele tsa Khauta, bobeling tsa ikhapela limentele tsa

Silifera ha borarong li ile tsa hlakoloa meokho ka limentele tsa Bronze ka tatellano ea tsona. Libapali tse ipabotseng le tsona li ile tsa abeloa limpho moo libapali tse peli tsa Mabote Beavers li ileng tsa hahara sohle e leng Sekhola Phate le Kefue Mphasa ba ileng ba ipabola ka ho hlaba li-Try tse ngata, 'me ba ikhapela chelete e kalo ka M500.00 sebakali ka seng.

Monghali Morapeli Motaung ka boemo ba hae e le Raliphatlalato oa Mokhatlo oa Lesotho oa Papali ea Rugby (FLR), o tiisitse hore lipapali tse na li bohlokoa haholo kaha ke karolo ea tse ling tse tlang tsa boithopho, tse tliil'o thusa bakoetlisi ho hloaea libapali tse tlang ho bopa lihlopha tsa naha tse tlang ho kenela litholisano tsa machaba tsa BOLESWA TRI-Nations tse tliil'o tšoareloa Lesotho ka Loetse ho isa ho Mphalane, moo ho tla beng ho kopane linaha tse tharo e leng Botswana, Eswatini le Lesotho leo e tla beng e le lona le amohelang baeti. A re lipapali tse na e boetse ke mohlala oa hore papali ea rugby kahare ho naha e hola ka potlako e kholo, 'me ke ea tse ling tse ratoang haholo joaloka bolo ea maoto. Le hoja qholotso e kholo e ntse e le tlhokahalo ea mabala a boikoetliso hoo a ipilelitseng ho bohle ho kenya letsoho le toma ho thusa ho holisa le ho matlafatsa papali ea rugby.



O khetheloa maemong a holimo



Tseliso Thakholi

Komiti ea Phethahatso ea Mokhatlo oa Bolo oa Afrika (CAF), tlasa boetapele ba mopresidente Dr. Patrice Motsepe e bile ntsoeleng ho fetisa geto ea ho khetha Adv. Shale Patrick Shale eo e leng Molula-Setulo oa

Komiti ea Litlelebo le Boitsoaro (DISPROCO) ea Mokhatlo oa Bolo ea Maoto oa Lesotho (LeFA), ho ea sebetsa Botong ea Boitsoaro ea African Nations Championship (CHAN) bakeng sa lipapali tsa Mohope oa CHAN tse tlii'o tsoareloa linaheng tsa Kenya, Uganda le Tanzania ka la 2 ho isa la 30 Phato 2025.

Adv. Shale o tlohile kahar'a naha ka la 31 Phupu monongoaha ho leba Nairobi, Kenya ho ea qala mosebetsi oa hae o mocha nako ea lilemo tse 'ne. Lipapali tse tlii'o thakoha ka la 2 Phato monongoaha, Sehlopha sa Naha sa Likuena se tobane le Angola mokhahlelong oa bobeli oa lipapali tsa ho phunyaletsa tsa CHAN.

Sena se tla kamor'a hore e sasare Namibia 4-3 thahong ea mekoko ngoahola moo lihlopha ka bobeli li neng li tsoe ka lebaleng li bapetse ka seahlolo ea 1-1. Lesotho ha le ka hlola Angola le tla atleha ho kena litholisano tsa Mohope oa CHAN lekhetlo la pele. Sena se tla fa libapali tsa Naha ea Lesotho monyetla oa bohlokoa oa ho bontša litsebo

le boiphihlelo ba tsona papaling ea bolo tikolohong ea Afrika. E boetse e tla ba bulela menyetla ea mesebetsi kaha libapali tse bapalang tlholisanong ena e le tsa liliki tsa linaha tsa habo tsona feela.

Ho sa le joalo, ho bile le lotho ea lipapali tse na moo Mokhahlelong oa A o bopiloeng ka linaha tse peli feela tse matla tse seng li ile tsa hapa mohope ona ka makhetlo a mabeli e leng DR Congo le Morocco. O boetse o kenyelletse Kenya e leng e 'ngoe ea linaha tse tlii'o amohela baeti 'moho le Angola le Zambia. Mokhahlelo oa B ona o bopiloeng ka Tanzania, Madagascar, Mauritania, Mali, Burkina Faso, Ivory Coast le Central African Republic.

Athe Mokhahlelo oa C ke Uganda, Niger le Guinea tse seng li emetse lihlopha tse peli tse tlang ho atleha ho hapa lipapali tsa tsona tse setseng ho li tlatselletsa. Haele Mokhahlelo oa ho qetela oa D o boima haholo kaha 'mampoli ea sireletsang sekola e leng Senegal o panoe le Congo, Sudan le Nigeria, 'me ke mokhahlelo o boima ka tsela e fetisisang kaha ho ke ke ha e ba bonolo ho Senegal ho ikhabela lipapali tse na ha bobebe.

Tseliso Thakholi

Lesotho ha le sisinyehe

Naha ea Lesotho e ntse e bothile boemong ba bo-148 lethathamong la pele la selemo sena le phatlalalitsoeng ke Mokhatlo oa Lefatše oa Papali ea Bolo ea Maoto (FIFA), har'a linaha tse bapalang bolo ea maoto tsa lefatše tse 210, ha linaha tse ling li sa phomola nako e telele ho ntlafatsa maemo a tsona. Haele Mokhatlong oa Bolo oa Afrika (CAF) le theohetse maemong a bo-48.

Naha ea Lesotho e hlaha ka holim'a naha ea Eswatini e boemong ba bo-155 eo le eona e saleng e botha nqa e le 'ngoe ho tloha ka Pulungoana ngoahola le Somalia e nyolohileng ka senoko se le seng ho ea boemong ba bo-200. Haele e ka holimo ho Lesotho ke Botswana kaha e nyolohile ka senoko se le seng ho ea boemong ba bo-135.

Naha ea Congo eona e theohile ka linoko tse su-

pileng kaofela, 'me e boemong ba bo-132. Athe Afrika Boroa le eona e ntse e eme nqa e le 'ngoe joaloka Lesotho, ha e-s'o sisinyehe

ka thata le mokoetlisi oa Lesotho ho bona hore sehlopha se sebetsa hantle lipapaling tseo se tlang ho li bapala tsa machaba.

e kileng ea sekotsomala sa maratsoana lilemo tse ngata hajoale e theohetse maemong a bo-49.

Naha ea Argentina ke

maemong a borobong, Croatia boemong ba leshome ha Italy boemong ba bo-11 kamor'a ho theohela tlase ka linoko tse peli.

Haele linaha tse sa kang tsa bapala lipapali tsa tsona tsa machaba nako ea lilemo tse tharo, tse kang Eritrea ha li hlahe ho hang lethathamong la FIFA. Ba bang ba bakoetlisi ba lihlopha tse kholo ba thoholelitse linaha tse bonahalang li ntse li ntlafatsa maemo a tsona ho FIFA le CAF kaha sena ke matšoao a kholo ea papali ea bolo linaheng tsa habo bona.

Ba boetse ba thoholetsa LeFA e tsoereng ka thata ho phahamisana papali ea bolo le ho beha Naha ea Lesotho 'mapeng. E le ho ntlafatsa maemo a papali ea bolo, ba ipiletsa ho 'muso ho tsoarana ka matsoho le LeFA ho ntlafatsa litalenta tsa bana ba Basotho. "Musu re kopa o ahe mabala 'me a teng a ntlafatsoe 'me tlhokahalo ea mesebetsi kahare ho bacha e tla ba pale ea maobane." Ba rialo.



boemong ba bo-56. Le leng la mabaka a entseng hore Naha ea Lesotho e bonahale e ntse e eme nqa e le 'ngoe, ke ho se bapale hantle lipapaling tse tsoa feta tsa Mohope oa COSAFA tseo President ea LeFA Adv. Salemane Phafane KC, a bileng a bua

Ho ea ka lethathamano lena la FIFA Naha ea Morocco ke eona e ntseng e le ka holimo-imo tikolohong ea Afrika boemong ba bo-12, 'me e hlalangoa ke Senegal e ntlafalitseng maemo a eona ka senoko se le seng ho ea boemong ba bo-18. Tunisia

eona e ntseng e li hula pele boemong ba pele lefatše ka bophara, bobeling ke Spain, borarong ke France, boneng ke England ha maemong a bohloko e le Brazil. Linaha tse batlang li tsebahala ka ho jesetsa tse ling khoebeleng joaloka Germany e hlaha

TSHIAMISO TRUST UPDATE ON BASOTHO EX-MINERS OUTREACH CAMPAIGN

Maseru, 29 July 2025 - On 21 July 2025, Tshiamiso Trust embarked on an outreach campaign in Lesotho to assist former gold mineworkers and their families with compensation claims for permanent lung damage from silicosis and work-related tuberculosis. The outreach has included the provision of claim lodgement and Benefit Medical Examination services, stakeholder engagements, and community mobilisation activities. Within the first week, 336 new claims had been lodged, and 600 ex-goldminers assisted with crucial Benefit Medical Examinations (BMEs). Thousands more were able to check if they qualified to lodge a claim, receive claim updates, and be informed about compensation from the Trust.

Having completed visits to Butha-Buthe, Leribe and Teyateyaneng, the team will be at the TEBA offices in Maseru from 28-31 July, Mafeteng on 1-2 and 4-7 August, followed by Mohale's Hoek on 8-9 August, and finishing in Quthing on 11-12 August 2025. Taking the highland winter into account, dates will be announced for the second phase of the outreach, which will include Mokhotlong, Qacha's Nek and Thaba-Tseka.

Chief Executive Officer of the Tshiamiso Trust, Dr. Munyadziwa Kwindi, highlights important information: "We don't want people waiting in queues unnecessarily. The TEBA offices in Leribe, Maseru, Mafeteng, Mohale's Hoek and Quthing are always available to claimants, but Benefit Medical Examinations (BMEs) are not. Families of deceased mineworkers should not come on the dates that we have advertised. Only ex-mineworkers who still need to lodge claims or need a BME should come," he says.

The Benefit Medical Examinations are a crucial step in the claims process. They provide the necessary evidence of lung damage resulting from silicosis or tuberculosis – the two occupational diseases that can be compensated by the Trust, under specific conditions.

Families of deceased mineworkers who are awaiting claim outcomes are encouraged to report to the TEBA offices at a time that is convenient for them. Lack of feedback is usually due to the Trust not having the claimant's latest contact number, or missing documentation – most notably, dependents who need to submit a Medical Certificate of Cause of Death (if the initial Death Certificate did not indicate silicosis or pulmonary/cardio-respiratory TB as the cause of death). New claims for deceased mineworkers can be lodged at any time.

To date, **9,307** former Basotho mineworkers and their families have been paid out, amounting to **M852 million**. The Trust will continue to process claims and pay out all eligible claimants, following the process and eligibility criteria prescribed by the Trust Deed.

"The Trust expresses its gratitude to the Parliament of Lesotho for its leadership in convening stakeholders to make this initiative possible, to the Government of Lesotho and its various ministries for their ongoing support, and other key stakeholders representing the ex-mineworkers and their families, who continue to play a crucial role in disseminating information and directing claimants to our services. With these collaborations, we are committed to reaching as many eligible claimants as reasonably possible, providing the assistance that they need, and ensuring they receive the compensation they deserve," shared Dr Kwindi.

Who do Tshiamiso Trust Benefits apply to?

The broad eligibility criteria are as follows:

- Mineworkers must have carried out risk work at one of the qualifying gold mines (owned by African Rainbow Minerals, Anglo American South Africa, Anglo-Gold Ashanti, Harmony Gold, Sibanye Stillwater or Gold Fields) during the qualifying periods between 12 March 1965 and 10 December 2019 indicated in schedule F of the Trust Deed.
- Living mineworkers must have permanent lung impairment from silicosis or TB that they contracted while doing risk work at these mines, with specific assessment criteria outlined in Schedule H of the Trust Deed.
- For deceased mineworkers, there must either be evidence that TB was the

primary cause of death within a year of leaving the mine (if the mineworker died before **10 December 2019**), OR evidence that they had silicosis (applicable if they died after **1 January 2008**), or died from silicosis.

Claims are assessed thoroughly, following what is prescribed by the Trust Deed, and specific criteria apply to each of the 10 categories available for compensation. The latest data shows that 62% of claims are certified as ineligible, because they do not meet the criteria of a qualifying disease in terms of the Trust Deed.

What documentation is required to lodge a claim?

ALL claimants need these documents:

- National ID document / passport
- Industry card or document that shows the industry number
- Service records from the mines worked at
- Medical records that prove Silicosis or TB

Dependents of deceased mineworkers ALSO need:

- If the mineworker died before 10 December 2019 – proof of relationship (unabridged birth certificate or marriage certificate), or a Letter of Authority if the mineworker died after 10 December 2019.
- A death certificate and/or an autopsy report with evidence of the medical cause of death. Application for a Medical Certificate of Cause of Death may be required. If the mineworker died after 10 December 2019, the criteria applicable to living claims are applied therefore, evidence that the mineworker had silicosis or TB (that is work related).

You will be advised of the specific requirements for eligibility.

Payment information

Claimants should be aware that the compensation provided by the Trust is a one-time payment. Once eligible claimants receive compensation, they cannot make further claims, even if their condition worsens over time. However, according to the Trust Deed, if a claimant is initially deemed ineligible but later develops symptoms of silicosis, they are permitted to lodge one further claim.

Claimants are reminded to be careful of people impersonating the Trust or promising to help speed up their claims. Only the Tshiamiso Trust can process claims, and this is a FREE service. The only cost that claimants may need to pay is M1,400 for the BME – ONLY IF they did less than 5 years of risk work. However, this cost is paid back to them if they are found to have an eligible claim.

While several challenges stall our progress in finalising claims, and many claimants are frustrated that they did not meet the eligibility criteria, over **M2.2 billion** has been paid across the Trust's footprint, marking the largest payout ever made by a compensation organisation in this sector.

Where to get help

For more information, potential claimants can dial the call-back number (**00 27 10 500 6186**), **send us a text message on WhatsApp (00 27 78 504 9004)**, or a DM/inbox message on Facebook (Tshiamiso Trust- Silicosis Settlement) or email (info@tshiamisotrust.com).

They can also visit TEBA offices:

- **LERIBE** - opposite Cashbuild Hardware, Hlotse Airport Rd, Hlotse
- **MAFETENG** - Mafeteng Reserve, opposite Passport Office, Main South Road
- **MASERU** - opposite Lerotholi Polytechnique Institute, Mafoso Street
- **MOHALE'S HOEK** - opposite Nedbank, Mafaso Street
- **MOKHOTLONG** - Mokhotlong Reserve, Opposite Shoprite, Main Road
- **QACHA'S NEK** - near St Jophes Mission, below old TEBA premises, Qacha's Nek Central
- **QUTHING** - near Post Office and Standard Lesotho Bank, Thaba Bosiu Street, Moyeni

