

Parare Domino Plebem Perfectam

A lokisetse Morena Sechaba se phethehileng (Luka 1,17)

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Basotho ba hopole litšia 14



TLHAHISO E NONTŠA MORUO



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KETEKELO EA LILEMO TSE MAKHOLO A MABELI SECHABA SA BASOTHO SE THEILOE

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#PARARE DOMINO PLEBEM PERFECTAM

MOELETSI

Basotho kopanang

Tlhahiso e matlafatsa moruo



Nthabeleng Seithleko

Tlhahiso ea lijo ke e 'ngoe ea lintho tsa bohlokoa e ka thusang nyollong ea moruo oa naha, kaha ho tla etsa hore chelete e eang Afrika Boroa e bolokehe kahar'a naha ho reka lijo tse teng. Litaba tsena li boletsoe ke Mookameli oa Banka e Kholo Lesotho (CBL), Dr. Emmanuel Letete, h'a fana ka tlaleho kapel'a Komiti e lisitseng Litaba tsa Moruo, Maseru, ka la 24 Loetse monongoaha.

O itse naha e sa hlahising e hamela letanteng kaha mosebetsi oa eona e le ho ruisa linaha tse ling, ha moruo oa eona o nyotobela. A re Lesotho boholo ba lintho tse jeoang li tsoa kantle 'me ha e ka fetola boemo bona ho tla thusa hore e hlahise mosebetsi ka bongata haholo ha e ka tsetela temong kaha mosebetsi e etsoang moo e le mosebetsi e ka etsoang ke sechaba ka bongata le motho ka bonngoe.

A re taba ea merafo e ntse e fokotsa basebetsi e bakoa ke theko ea phapanyetsano ea taemane mebarakeng e leng se tloaelehileng, ka hona batho ba se ke ba makalla taba eo le hoja e le bohloko haholo nakong e na e boima eo

lefatše le tobaneng le phephetso e holimo ea tlhokahalo ea mosebetsi.

Leha ho le joalo o hlalositse hore moruo o batla o holile lefatšeng ka bophara, empa oa Afrika Boroa oa tetema ka lebaka la tlhahiso e fokolang. O itse moruo oa lefatše o boetse o tla ntlafala ka 3% ka monongoaha, ha isao e tla ba ka 3.3%. O bontšitse ha khohlo ea moruo e tobane le phephetso ea ho loantšana ha linaha, 'me le naha ea Amerika ka lebaka la hore e ea likhethong ha ho hlake hore na leano la bona la tšebetso le tla 'ne le tšoane kapa le tla fetoha.

O tsoetsepele hore linaha li ichebile bo tsona kaha ho bonahala ho se likhohlano litabeng tsa khoebisano ea moruo le ho tšela maliboho ho batla ho ba boima.

A re moruo oa Naha ea Lesotho o ntlafetse ho feta ka khoeli ea Phupjane monongoaha 'me lebaka la sena ke khaho ea Letamo la Polihali le hoja ho tla ameha ka lebaka la maemo a leholimo. O re ho lengoa ha lifate tsa litholoana ho tla thusa moruo ho hola ka 6.7%. A re bohlahisi ba lifeme ho batla ho sa ntlafale, le litaba tsa litjeo li theohile haholo 'me liaparo le lijo tsona li tla ema ho 5.5% ka selemo sa 2025 ebe ka sa 2026 e ba 5%.

O re 'muso o bile le che-

lete e setseng ea 24.4%, 'me mekitlane e eme ho 54.9% ka hona esale e le ka tlaase ho sekepele sa SADC sa 60%. A re sekhhahla sa tsoala sona se eme ho 7.5% ka selemo 'me ho ke ke ha etsa hore bahoebi ba il'o tsetela naheng ea boahelani kaha ba entse liphuputso tse lekaneng kamor'a ho eelloa hore sekhhahla sa tsoala naheng eo se theohile.

Mookameli oa Liphuputso CBL Dr. Tanka Tlelima, o bontšitse hore likhohlano ha li ba teng kahar'a sechaba joaloka lipolaeano le tlhokahalo ea botsitso, tabeng eo e ama moruo oa naha le bophelo ba sechaba.

A re ho loantšana taba ea hohlatsuo ha chelete, ba mothating o matla oa ho sebetsana le ho sheba hore na ke lintho life tse ka etsoang hore chelete e tle e tsamaisoe ha bobebe ke Basotho ho tloha naheng ea boahelani le linaheng tse ling kaha ho se ho tlo ba le chelete e lefshoang kapa karoloana e 'ngoe e ka nkoang ha motho a romella chelete naheng ea habo.

A phethela ka hore ke boikarabello ba Mosotho e mong le e mong ho hlahisa, ho hohela batseteli le ho kenya letsoho ntlafalong ea moruo.



Kamor'a nako e telele sechaba se lla ka lithokofatso tse etsoang ke Sesole sa Lesotho (LDF), morerong oa sona oa ho loantšana litlolo tsa molao haholo lipolaeano moo se hlekang lithunya tse seng molaong. Bolaoli bo bontša bo e-s'o fane ka taelo ho masole ho tokhotsa Basotho, ka hona sello sa sechaba se fihlile litsebenz tse utloang. Ka lebaka lena bo qalile liphuputso mabapi le liketso tsena tse sooto 'me bohle ba tla fumanoa ba le molato ba tla inkeloa likhato. Bo kopile Basotho mamello le ts'ebeliso 'moho e le hore ho tle ho fihleloe tharollo ka litsela tse nepahetseng ho se khahlamelo ea letho. Letsoho la toka le mpe le sebetse ka ponaleto e le hore mali a rothileng moo a se nang molato a fumane toka, 'moho le bophelo bo hlahlehileng matsohong a masole.

Ho na le mafapha a kopaneng ho loantšana tšebeliso e mpe ea bana, e fetohileng tloaela hoo bangata bo sa tlo' o utloisisa hantle. Ke tlolo ea molao hore ngoana e monyenyanane lilemong a etse mosebetsi oa batho ba baholo joaloka ho hlokomela lelapa kapa ho hirisoa ho phelisa lelapa. Ha se phoso ho ruta ngoana mosebetsi hobane e otlolloa esale metsi, ngoan'a ngoanana o ruta mosebetsi oa ka tlung joaloka ho hlatsoa lijana e le hore a tle a tsebe ho hlokomela lelapa ha e se e le mosali. Empa haeba a se a etsa mosebetsi ona ho e-na le moputso e se e ba phoso e khohlo.

Taba ea bofuma ho fumaneha e le eona e bakileng bothata bona kaha batsoali ba sitoa ho hlokomela malapa, 'me khabareng ba qetella ba hirisa bana ho lisa liphoofole kapa hona ho rekisa mapatlelong a litoropo. Ke boikarabello ba batho bohle ho hlaola taba ena hobane e thunthetsa seriti sa bana ebile e ba amoha le tokelo ea bona. Ngoana o tla kena sekolo neng, a netefeloe ke bongoana ba hae h'a imetsoa ka mosebetsi? Qetellong bana ba ba le khatello ea maikutlo ke boikarabello ba ho hlokomela malapa a habo bona. Basotho haeba le tiile le rata Lesotho le tla nkela taba ena hloohong 'me le noesetse palesa ena e le hore sechaba sa Basotho se tsoelapele ho hola.

Ka lehlakoreng le leng Litho tsa Ntlo ea Senate li lumellane hore baetapele bohle ba sechaba ba kopane ho fumana tharollo mabapi le liqholotso tse tobileng Basotho, joaloka lipolaeano tse jeleng sithi. Li ipiletsa ho sechaba ho hopola litšia tsa mothehi oa sechaba sa Basotho e leng Morena Moshoeshe I. Motho ea ileng a tuma ka ho ba khaitsele ea khotso le ho kopanya merabe ea lipuo tse sa tšoaneng. Ha re qopitseng makhabane ana a mohale oa rona hlee bana ba Thesele, re tlohele ho itšehisa ka balichaba.

Ekaba ke mang hara lona ea neng a tseba hore temo ea lifate tsa litholoana e ka thusa ho holisa moruo ka 6.7%? Hona ho bolela hore re moiketsi hobane ha ho lebaka la hore ebe ha re hlahise lifate tsa litholoana. Basotho ba bangata ba kenoe ke taba ea ho hiroa hoo motho a ka bolaoang ke tlala a e-na le lisebelisoa, ka lebaka la hore ho itšebetsa ho nkoa e le nyeliso e khohlo. Banka e Kholo ea Lesotho (CBL) ka Mookameli oa eona e hlalosa hore tlhahiso ke eona e ka thusang ho holisa moruo oa naha, haholo nakong ena eo linaha boholo li ichebileng bo-tsona li sa hoebisane le tse ling. Mookameli o re ha ho lebaka le hore ebe Lesotho le itšetlehile ka Afrika Boroa haholo tlhahisong ea lijo.

Pula ke ena e tlo na, ebe ke bo-mang ba ithophetseng ho tla lema? Ha u utloa eka ha u le mong u tla hloloa bua le moahisane le kopanele sepane mosebetsi o tsoelapele.

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A LOKISETSE MORUNA SECHABA DE PHETHELING (LAKA 1,17)

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HO CHECHA HOA RAMO HASE HO BALEHA

Powering down to power up

Litonnoro tsa Morero oa Metsi a Lihlaba tsa Lesotho le Setsi sa Phehlo ea Motlakase sa 'Muela, li tla koaloa **HO TLOHA KA KHOELI EA MPHALANE 2024 HOISA KHOELING EA TLHAKUBELE 2025**, ka lebaka la litokiso. Nakong ena, phetiso ea metsi ho tloha Lesotho ho ea Afrika Boroa e tla emisa, 'me le Setsi sa Phehlo ea Motlakase se tla sitoa ho fehla motlakase.

RE TŠEHETSA BACHA

Tšeliso Thakholi

E mong oa bacha ba ikakhetseng ka setotsoana khoebong

U qalile neng ka leruo la linku le lipoli?

Ke hotse ke rata liphoofole haholo hoo taba ena e ileng ea etsa hore ke utloe sekolo ke sa se rate. Ke balile feela Foromo ea Bobeli, eaba ke tlo-

pele le barui ba bang ba heso ba mehlape le tlasa mathata ao a joalo le ho fihlela kajeno. Hajoale ke se ke hlahisa linku tse ntlafalitsong le boea ka bongata.

U bona mosebetsi

ho ntlafatsa leruo la hae

Lilengoaneng tsa ho feta batsoali ba ka ba ne ba ntse ba ruile likhutšoane tse sa ntlafalang, empa ka bona ho se katleho e kholo. Ka qala ka ho rekisa likhoho tsa Sesotho tse neng li le teng lapeng ka reka linku tse peli tse ntlafalitsong, 'me ka nehela ka tsona mohlapeng o neng o ntse o le teng. Eaba likonyana tse ntlafetseng li'a hlaha, ha li se li holile ka kuta boea ka fumana chelete. Ke ha ke tla bona hore bophelo bo teng mona leruong la likhutšoane. Hantle e se e le eona khauta ea ka.

Phepo

Leruo lena la linku le lipoli hore le nkatlehele ke etsa phepo-tlatsetso selemo ho pota, ka ho fepa ka poone e khubelu eo ke e lemmeng masimong. Ke fepa ka lesere le phofa e tsoang maloaleng, ke ntse ke li fulisa, phepo-tlatsetso ke etsa hoseng le mantsiboea.

Ho thibela mafu

Hore mehlape o ntlafale thibelo ea mafu e lokela ho etsahala, 'me ka nako ea ho noesa ke sebelisa meriana ho loantša manyooa le monyekane. Ke tipa ka nako ea ho tipa. Tšehetso e kholo re e

fumana ho basupisi ba Lekala la Temo, 'me ke ka bona re ntseng re atleha ho fihlela boemo bona boo re seng re le ho bona.

Ho nehela

Re nehela lipoli pele ho linku ka khoeli ea boraro mafelong a eona hobane ke nako eo mafura a tsona kapa ho nona ha tsona ho lekaneng ho thabela phooko. Ha ke li nehetse ka nako eo li tsoala ka Loetse ka nako eo ho futhumetseng, 'me ha li fane ka mathata leha e ka tsoala bosiu ha ke na tšabo ea hore li tla fumana serame 'me potsanyane e shoe.

Khothaletso ho bacha

Ke khothaletsa bacha ba nang le liphoofole ho iphetola metsoalle ea tsona, hoba ba tla tseba mathata a tsona ebile ke ba khothaletsa ho ikopanya le basupisi ba bona libakeng tseo ba phelang ho tsona ho fumana likeletso ba tle ba tsebe ho atleheloa ke leruo la bona. Lona bacha ba tsoang likolong ba nang le mangoalo a temo kapa a khoebo, ke kopa le re atameleng re sebetseng 'moho bakeng sa ho boloka libuka e le hore khoebo ena e tle e tsebe ho hola le ho holisa moruo oa naha.



ea tlhahiso ea leruo la linku tsa farelane le lipoli tsa seiboko, Rethabile Ramohapi oa Nazareth tikolohong ea Roma, o khothaletsa bacha ho ikopanya ho hlola qholotso e teng ea tlhokahalo ea mesebetsi metseng le metsaneng moo ba phelang teng.

Ramohapi ke e mong oa bacha ba ntseng ba le banyenyane haholo lilemong ea hlahisang boea ba linku tsa farelane ka bongata bo boholo. O boetse o khothaletsa bacha ho ntlafatsa likhutšoane tsa bona kahare ho naha, e le hore kotulo ea boea e tle e ntlafale le bacha ba tsebe ho iphelisa. O arabela bothata ba tlhokahalo ea mesebetsi ka tsela e tjena:

hela sekolo ka lebaka la ho rata liphoofole e seng hobane batsoali ba ne ba sitoa ho nkisa sekolong. Batsoali ba ka leha ba ne ba bonahala ba rata hore ke kene sekolo, ba ile ba ananela kopo ea ka ea hore ke batla ho iphelisa ka liphoofole joalokaha li ne li le teng lapeng mona pele, ebile re kentsoe sekolo ka tsona.

Ha ke qala khoebo ena ka selemo sa 2010 ke ne ke reka linku tse ntlafetseng maburung. Ke ea lipontšong tsa likhutšoane tse tsoaroang ke Lekala la Temo le Kanetso ea Lijo selemo le selemo le tse tsa BKB tse bang Afrika Boroa, ho fihlela COVID 19 e re tsoara matsoho ka selemo sa 2020. Empa ke ile ka 'na ka tsoela

o ntse o e-ea joang?

Kannete mesebetsi o ntse o ea hantle haholo hoba hajoale ke se ke bile ke e-na le balisana ba babeli, bao ke ba lefang ka selemo. Hajoale re monyetleng oa ho hlahisa boea le nama ea boemo bo phahameng, tseo ka tsona re ka tsebang ho iphelisa ra tlohella ho iketsa mekopa-kopa ea linaha tse ling. Seo re se hlokang Lesotho mona ke mahlale a tlhahiso ea leruo la liphoofole, re ke re fetoleng mekhoea ea rona ea khale ea ho rua liphoofole feela tse qetang lekhulo, empa li sa re tsoele molemo oa letho. Re ke re rue liphoofole tse tla re phelisa le ho matlafatsa moruo oa naha.

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Vodacom e kenya letsoho thutong



Tšepo Ntaopane, lebitsong la Mookameli Vodacom Foundation Lesotho.

lehe ho fetela Likolong tse Phahameng.

O re qholotso e kholo ke meaho e seng e se na chebahalo le liphaposi tsa bolulo tse fokolang, ka hoo bana ba qetella ba lula 'moho empa ba sa lekane ka lilemo. E 'ngoe o re ke tlhokahalo ea lebala la lipapali kaha bana le bona ba hloka ho phela le ho ikoetlisa joaloka ba bang.

A ipiletsa ho Lekala la Thuto le Koetliso hore bahlokomeli ba bana bana ba fumana meputso e phelisang kaha seo ba se fuoang se sa lekane le seo ba se etsang, le bona ba kopa litsiane kaha ba etsa mosebetsi o fapakaneng le litichere tse ling.

O itse ba ntšitse mako-loane a fetang 20 ha sekolo se qetile lilemo tse 50

chelete e ngata hobane lithepa tsa bona tsa sekolo li fapakane. A re ba bona ho hloka hore ba keteke lilemo tse 50 hore ba tle ba behe sekolo 'mapeng le ho se tsebahatsa.

Moipone Baleng lebitsong la baithuti, o lebohile ketelona e bohlokoa, 'me a re hona ke tlotla e kholo ho bona hore ho na le batho ba ba thusang, hore ba tsebe ho ikemela, le bona Morena a ba thuse ba tsebe ho thusa bana ba bang ba habo bona.

Moemeli oa Mookameli oa Vodacom Foundation Lesotho Tšepo Ntaopane, o re taba ea hore bana ba sitoa ho khutlela malapeng ha ba kena sekolo, 'Muso oa Lesotho o tlameha ho nka boikarabello ka ho phamolela taba eo holimo, haeba

hore Basotho ba lahla boikarabello ba bona. A re Vodacom Lesotho Foundation e tla tsoelapele ho thusetsa e le ho phethahatsa taba ea hore batho ba nang le bokooa ba fumana thuto ea boleng le mekhoha ea boipheliso. A tiisa hore ha ho ngoan'a Mosotho ea lokelang ho salla morao ebile ngoana e mong le e mong oa Mosotho ho sa natsoe boleng ba hae o lokela ho fumanela thuto ea boleng.

A re ba lokela ho kokota litsing tse ling ho bona hore bana bohle ba kena sekolo e le ho hlaola taba ea hore palo li theohile, hobane ha qala mosebetsi ona bana ba ne ba le 91, 'me ha joale ba 46. O re ha se mosebetsi oa Vodacom feela ona, ka hona bohle ba roale lieta ho tsoma bana ba lutseng mahaeng hore ba khutlele lihlopheng.

Lebitsong la Mongoli e Moholo oa Lekala la Thuto le Koetliso Teboho Moneri, o re taba ea hore baithuti ba sitoa ho fihla sekolong le ho khutlela malapeng e ba bothata ka hona ba tla jella paate, ebile ba ntse ba tlatsetsa hore bana ba fihle moo ba hloka teng hore ba tsebe ho atleha.

A re lekala le tšepetsoe hore ngoana e mong le e mong a fumane thuto ea boleng, ka hoo ba tla etsa malebaleba ohle. O re mpho ena e ntsoeng ke lekala ke tlatsetso e kholo hore ebe ho ntse ho fua bana ba nang le bokooa monyetla. A re bana bohle ba lokela ho kena sekolo e le hore ba tsebe ho itjara bophelong

Nthabeleng Seithleko

lemo li 18 ntle le ngoana ea e-s'o kene sekolo. O re ba

Vodacom Lesotho e nehelane ka M300,000,000 sekolong sa bana ba nang le bokooa ba pono e le ho arabela Lipehelo tsa Ntšetsopele ea moshoelella (SDGs), haholo e reng thuto le bophelo bo botle bo loke-la bana bohle, ka la 24 Loetse monongoaha.

Mookameli oa Vodacom Refiloehape Sesinyi, ho hlaha Setsing sa Pokello ea Libuka moo ho nang le lithusa-thuto tsa batho ba nang le bokooa ba pono, o itse lebaka le etsang hore ba tšehetse sekolo sena ke ho bona hore batho bohle kahar'a sechaba b'a kenyeletsoa linthong tsohle, haholo bana ba nang le bokooa.

A re ba ke ke ba tlohela bana ba Basotho hore ba lule hae ba sitoa ho kena sekolo hobane ba na le tokelo ea ho ithuta, ka hona bana bana ba lokela ho koetlisoa.

O re Vodacom e utloisisa liqholotso le litaba tsohle tse amang batho ba ba nang le bokooa hore ba se ke ba salla morao, ba rutehe joalo ka mang le mang.

Mookameli oa Sekolo 'Mamoliehi Tamako o itse sekolo sena se thehiloe ka selemo sa 1971, ka hoo ke lehlohonolo le leholo hore ebe se ntse se phela se tsoelapele ho fana ka thuto ho bana ba bang le bokooa. A re ba amohela bana ba lilemo li tšeletseng, 'me ha ba amohela ba seng ba le li-



amohela ngoana eo ngaka e netefalitseng hore pono ea hae e ke ke ea hlola e loka.

O re ho tloha kamor'a seoa sa COVID-19 palo ea baithuti e theohetse ho 46, 'me litichere li tšeletse. A re ha joale ba sebetsa 'moho le Sekolo sa St. Bernadette ho koetlisa baithuti ka mokhoa oa ho bala o nepahetseng ba sebelisa 'brail,' ba etsa lithuto tsohle tse etsoang ke baithuti ba bang. A tsoelapele hore ba boetse ba ruta bana mokhoa oa ho tsamaea, tikoloho eo ba phelang le ho tseba Morena Molimo.

A re ba rata hore bana ba bona ha ba fihlele sebakeng sena ha ba tsoa Sehlopheng sa Bosupa, ba be ba tseba ho ikemela ka hona ba na le serapa sa meroho, likhoho tsa mahe le likolobe ho ba thusa ho itšoarella ka matsoho e bang ba sa at-

'me baithuti ba atleha ho amoheloa Likolong tse Phahameng joaloka Life, St. Catherine's le 'Mabathoana. A thatiseletsa ka hore bana ba bona ba atleha ho emela Naha ea Lesotho lipapaling haholo tsa mabelo.

Lebitsong la Boto ea Sekolo Adv. Zhelithini Sylvester Cekwane, o itse Vodacom e ile ea itlhaba ka ho busetsa sechabeng haholo ho bana bao eleng letlotlo le bokamoso ba hosane, ka hona thuso eo ba e etsang e ba thusitse ho feta liqholotso tseo ba neng ba tobane le tsona kaha ba hlokometse hore 'muso o ile oa fokotsa lithuso tsa bana.

A re ba ile ba beha matsoho lihlohang ha ba bona hore ke selemo sa ho qetela lithuso tsa mofuta ona li e-ba teng, empa Vodacom e boetse ea bula mamati.

O re bana ba nang le bokooa ba pono ba hloka

ba nka thuto ea ngoana e mong le e mong e le ea mantlha.

O itse ba kene leetong lena lilemong tse tharo tse fetileng, 'me ba hlokometse



Refiloehape Sesinyi ho hlaha Setsing sa Pokello ea Libuka.

'Muso o anetsa bohloeki

Nthabeleng Seitlheko

Mookameli oa Mokhahlelo oa Boraro oa Phepelo ea Metsi Mabalane, o re ba rerile ho pharalatsa phepelo ea metsi metseng le ho ntlafatsa bohloeki. Tsena li boletsoe ke 'Mamathe Makhalola, puisanong le Koranta ka la 23 Loetse monongoaha.

O re morero o tlo aha setsi sa tlhoekiso ea likhoere-khoere le matloana a 718 litsing tsa phano ea litšebeliso tsa sechaba, ho kenyeletsa Litsi tsa Bophelo le likereke. A re matloana a tla ahoa Seterekeng sa Butha-Buthe le karoloana e fokolang ea Leribe.

A tsoelapele ho bontša hore ke batho ba 317 ba tlokotsing, ba phelang le tšoaetso ea kokoa-hloko ea HIV le ba nang le bokooa ba tla imona menoana. O itse ho matlafatsa litaba tsa bohloeki molemong oa bophelo bo botle ba sechaba, matloana a tla ba le sebaka sa ho hlapele matsoho.

O re ba tla boela ba mema litsebi tse rupelang sechaba sa litikoloho tseo ka litaba tsa bohloeki, kaha phano ea metsi e tsamaellana 'moho le bohloeki esale ka lilemo-lemo ba sia taba ena eo ba bonang hore karolo e 'ngoe ea sechaba ha e utloisisi hantle.

A re ba iketlaetsa ho ikamahanyana le liphelelo tsa moshoelella tsa machaba, tseo morero e leng hore sechaba sohle ka Selema sa 2030 se be se fumana metsi se bile se phela libakeng tse bolokehileng.

Lekala la Lihloliloeng le bone e se hantle ho fa sechaba metsi empa ho se thuto eo ba e fuoang le ka bohlokoa ba ho balla metsi, hore ba se ke ba baka mafu le ka lintho tseo ba ka li hlolang.

Ho sa le joalo, o supile hore khaho ea setsi sa tlhoekiso ea likhoere-khoere e tla etsoa tikolohong ea Marakabei, 'me

tebello ke hore setsi sena se fepela libaka tse fapaneng tsa Butha-Buthe. O itse likhoere-khoere tse tla huloa matloaneng malapeng li tla sebelisoa ho fehla khase, li etse manyolo ao batho ba tla a sebelisa ho matlafatsa temo ea bona.

H'a phethela, o itse 'muso o tla fana ka thepa eohle e tla thusa ho hula matloana h'a atletse, ka lebaka leo sechaba se tsebe hore litaba tsa bohloeki ke ntho ea bohlokoa, mang kapa mang o lokela ho phela tikolohong e hloekileng.

'Musi oa Setereke sa

Butha-Buthe Tšepa Chaba, o hlalositse hore setereke sa habo se tobane le phepetso e kholo ea tlhokahalo ea matloana 'me taba eo e etsa hore batho ba ithusetse libakeng tseo ba sa lokeleng. Ka hona a re taba ena e ama bophelo bo botle ba sechaba kaha bohloeki bo bonahala ka boteng ba matloana a hloekileng ntle le hore batho ba hloekise libaka tseo ba phelang ho tsona.

O lebohile lekala ha le utloile sello sa hae sa nako e telele, hobane se ba tlokotsing kaha matloana a fumanehang ke

a beng ba likhoebo. A boela a etsa boipiletso ba hore le banna le bona ba aheloe matloana ho qoba ho etsa sekotlo sa monna ke leralla.

H'a phethela o itse o motlotlo ho bona hore Naha ea Lesotho e ikemiselitse ho ntlafatsa bohloeki le ho anetsa thuto kahar'a sechaba kaha seo se tla thusa batho ho nena mafu a ka bakoang ke tlhokahalo ea bohloeki.

Ka lehlaloring le leng, litaba tsa bohloeki li bonahala e le qholotso e tjametseng likolo tse ngata kahar'a Naha ea Leso-

tho, moo baithuti karolong e 'ngoe ea likolo tse ka lithabeng e ntseng e ithusetsa mohlabaaneng, ha ho metsi likolong sebakeng sa hore baithuti ba hlape matsoho khafetsa ho qoba mafu.

Lipehelo tsa moshoelella tsa SDGs, ka ho khetholoha karolo ea 6, e khothaletsa metsi a hloekileng le matloana hore ka Selema sa 2030, linaha tsohle tsa be li anelitse litšebeliso tsa bohloeki le khaho ea matloana likolong le kahar'a sechaba, joalokaha e le karolo ea Litokelo tsa Mantlha tsa Botho.

Growth not measured by imagination

Naturally human beings hate any unpleasant situations, we are so comfortable in our comfort zones, anything that rattles that increases our blood pressure and stress levels. This probably because it challenges not just our comfortability but even what we would have imagined we are. When the sailing is smooth every sailor claims to be the best and can even give sailing advice to the wannabees. Therefore, none of us want their abilities to be tested in a way that seems to embarrass them, hence, the increase in our stress levels when things don't go our way.

However, if we really need real growth we must be comfortable being uncomfortable, growth and test of resilience can only be demonstrated in the midst of challenges. We need those demons for our strength to be displayed, like they say, the proof of a pudding is in the tasting, we can only claim our worth if and when we have gone through testing times not just imagining how we would react if we could be confronted by certain situations. We aren't even saying people should go around looking for unpleasant situations, rather, when those are eminent and inevitable,



they must be dealt with without thinking about them as punishment or bad luck. When they hap-

pen, they are meant for our growth not destruction. We should appreciate all those challenges

because they have given us the true nature of who we are and the level of our strength.

Nthabeleng Seithheko

Lekala la Khhiro le Bosebetsi ka kopanelo le World Vision Lesotho le Mokhatlo oa Lithuso Baneng (UNICEF) le khakotse morero oa ho khothaletsa sechaba ho ema khahlanong le ho etisa bana mesebetsi eo e seng ea bona. Tsena li bile Maseru ka la 25 Loetse monongoaha.

Mookameli oa World Vision Lesotho Monghali James Chifwelu Nkamba, o hlalositse hore morero ona o tšeheliso ke EU, e le ho loanela Litokelo tsa Mantlha tsa Botho tsa bana, 'me ba eme ka maoto ho tliša phetoho bokamosong ba bana.

O re Lesotho le ntse le tobane le phephetso ea thekisetsano ea batho le bana, khhiro le khiriso ea bana ba sebetsang ba le lilemo tse tlase. O re sena se bakoa ke bofuma 'me o bonts'a ha 14% ea bana e ntse e sebetsa mesebetsi eo eseng ea lilemo tsa bona e le ho phelisa malapa 'me bona ba sebetsa malapeng, mabenkeleng le literateng. Ka hona ba hloka

Toantšo ea khhiro ea bana

hore bana bohle ba tlohe mosebetsing eo e seng ea bona.

O re bana ba qetella ba utloa e le mahlatsipa a thekisetsano ea batho ka hoo taba ena e hloka batho ba tšoaraneng ka matsoho, kaha litaba tse na li qala kahar'a sechaba ho kenyeletsa le baetapele.

A bontša hore morerong ona ba t'lo koetlisa baetapele ba sechaba ba 500 le hoja ba ikemiselitse ho fihlela ba 600 hobane ba batla ho bona hore thibelo e qala sechabeng.

Mookameli oa Morero ona 'Mathabang Kosi o itse morero ke oa lilemo tse peli le likhoheli tse 6 'me ona o t'lo sebetsa Literekeng tsa Berea, Maseru, Quthing le Mafeteng. A re ho na le bana ba sebetsang e le baitšokuli, malapeng, balisana le ho sebelisoa litabeng tsa thobalano.

Ka hona a re morero ke ho thibela litaba tse na le ho fana ka leseli ho sechaba, ka hoo ba t'lo sebetsa 'moho le 'muso le sechaba metseng, moolong ba tla koetlisa batho ka lihlopha tse 6.

Lebitsong la bana Tau Senyane ho hlaha Seterakeng sa Mohale's Hoek,

o itse ho na le tšebeliso e mpe ea bana 'me bohloko ba bona ba sebetsana le liphoofolo ba tlohetse sekolo. Hape a re ho na le bana ba banana ba ntse ba shebana le ma-

na mesebetsi joaloka ho hlatsoa lijana, empa a se ke a etsa mesebetsi oo molemong oa chelete.

O re ka lebaka la ho hloka tsebo ba nahana hore ho bohlokoa ho sebetsa,

sotho o tšoere ka thata ho sebetsana le litaba tsa tšebeliso ea bana le ho tla ka litharollo e le hore ho be le tikoloho e bolokehileng sebakeng sa bana.

Letona la Bacha, Tekano le Ntšetsopele ea



Mookameli oa World Vision Lesotho, James Chifwelu Nkamba.

lapa, ba nka boikarabello ba malapeng 'me qetellong ba e-ba le khatello ea maikutlo. O itse ha se phoso ho ruta ngoa-

ba sa elelloe hore taba ena e ama bophelo ba bona, hoo ba qetellang ba etsa bana lilemong tse tlaase.

A re e 'ngoe ea litharollo tse ka etsoang ke ho ba rapela hape ho tseteloe baneng le metseng ho ntlafatsoe le ho fana ka thuto ho baetapele ba sechaba.

Moemeli oa EU Mario Giuseppe Varranti, o re bacha ba 101 ba tla etellapele meralo eohle le ho ba ka sehloohong ho etsa bonnete ba hore lentsoe la bana le'a utloahala ho tliša phetoho baneng, hobane ho nka motse ho holisa ngoana le tikoloho e bolokehileng bakeng sa bana.

A re ba t'lo sebetsa ka thata ho bona hore litaba tsa tšebeliso e mpe ea bana li'a fela, bana ba be monyetleng oa ho fumana thuto le katleho litabeng tsohle tsa bona kapa ho fihlela litlhoko tsa bona.

O itse 'Muso oa Le-

Sechaba Mohlomphehi Pitso Lesaoana, o itse 'Muso oa Lesotho o tla sebetsana le litaba tse na ho ntlafatsa melao e le ho etsa bonnete ba hore ho ba le sebaka se bolokehileng sa bana ho kenyeletsa ho etsa melao e mecha le ho hlopholla ea khale.

A re ba batla ho bona hore ngoana e mong le e mong a sireletsoa ke molao, le sechaba le tlahele ka tsela e nepahetseng khhiro ea bana.

O re lentsoe lohle le tla utloahala le ho bona hore ba beha sechaba leseling ka ho fana ka thuto, ka lipitso le ho utloa hore sechaba se utloisisa litokelo tsa sona le ho ts'oarana ka matsoho le mafapha a mang.

A re ba itlama ho tšehetsa meoloane e etsoang ho ntlafatsa sechaba le ho tla ka litharollo, hore bana ba phele le ho hola ba lokohile ho ithuta le ho etsa bonnete ba hore litokelo tsa bana li eloa hloko.



Letona la Khhiro le Bosebetsi, Mohlomphehi Tšelisio Mokhosi.

Lekala le pharalatsa litšebeletso

Nthabeleng Seitlheko

Lekala la Tekano, Bacha le Ntšetsopele ea Sechaba le nehelano ka molao, tokomane ea neheletsano ea litšebeletso tsa tšireletso ea bana Lesotho, e ngoetsoeng ka Sesotho Mokhatlong oa Lithuso Baneng (UNICEF) le World Vision Lesotho, e le ho kenyeletsa sechaba sohle kahar'a litaba tse se amang haholo bana le ho anetsa tsebo. Tsena li bile Maseru ka la 25 Loetse monongoaha.

Mookameli oa World Vision Lesotho James Chifwelu Nkamba, o re hona e bile mosebetsi o mongata, o entsoeng ke Lekala la Tekano, Bacha le Ntšetsopele ea Sechaba, ho bona hore sechaba sohle sea kenyeletsoa le ho utloisisa ka mekhoha ea ho tlaleha litaba tsa lithekefetso tse etsetsoang bana, e le hore ho tsejoe ho nka likhato tsa molao ka nepo.

O re ha ho na letho le ka etsoang ka bana ntle le bona ka hona hona ho bontša boitlamo ba bona ho sireletsa bana khahlanong le tšekefetso le ho bona hore ba na le litsebo tsa ho tlaleha tšekefetso e ba et-sahallang.

A re ba beha sechaba leseling ka methati e nepahetseng le e lateloang ha ho tlalehoa litaba tsa tlhahketso, 'me hona ho nolofatsa hore molaetsa o fetele sechabeng.

O re morero ona ba u tšehelitse ka ho etsa likopi tse 3000 tse tla beoa mafapheng a fapakaneng moo ho nang le bana le ho sebetsana litaba tsa bana haholo likolong, Litsing tsa Bophelo le metseng. O re ba fane ka mabokose a 200 ho thusa sepolesa ho bokella menyenyetsi ho bona hore batho ba tlaleha litaba tsa tšekefetso ba sa tsejoe metseng.

Moemeli oa UNICEF Sara Skovgaard, o itse ho phahama ha litlaleho tsa tšekefetso ea bana ke ntho e lokelang ho phamoleloa holimo, ka hona o khothaletsa hore likolong ho behoe mabokose moo bana ba ka lahlelang menyenyetsi ho eona. A bontša bohlokoa ba ho phahamanisa litaba tsa litokelo tsa bana le ho matlafatsa polokeho ea bana. O re ho netefatsa hore bana ba fumana litšebeletso tsa mantlha tsa botho litsing le libakeng tse fapakaneng

ho se khethollo ke ntho ea bohlokoa.

A re bana ba lokela ho tseba hore ba tlaleha tšekefetso kae le ho fumana litšebeletso kaha seo se tla tlisa tšepo ho bana le batsoali. O re baphatlalatsi ba fetise molaetsa le ho fana ka thuto sechabeng ho bona hore ba phamolela litaba tsena holimo. A re ke bonyane bana ba bashanyana ba 6 ho ba 10 ba hlekefetsoang 'me banana ke ba 4 ho ba 10 nako le nako.

Letona la Tekano, Bacha le Ntšetsopele ea Sechaba Mohlomphehi Pitso Lesaoana o re neheletsano ea Litšebeletso tsa Tšireletso ea Bana Lesotho, ke mosebetsi oa ho alosa litaba tsa ho bona hore tšekefetso e tlalehoa ka litsela tse nepahetseng. O itse bana metseng bana le litokelo tse hatelloang ka hona hona ho tl'ona thusa ho phahamisa litaba tsa litlaleho tsa lithekefetso tsa bana hore ho fihleloe tharollo ea mosholella.

O itse ke nako e nepahetseng ea ho matlafatsa sechaba, bahlokomeli ba bana le



bana ba na le tokelo ea ho tlaleha litheketso hohle, ka hona makhotla a lokisitsoe hore bana ba tlalehe ka tsela e bolokehileng.

A re ba tl'ona etsa bonnete ba hore batho bohle b'a koetlisoa ho arabela litaba tsa bana. O re tšekefetso ea motabo e tlalehoa ka kololoho sepoleseng le Litsing tsa Bophelo sebakeng sa tlhahlobo le kalafo, moo ngoana o fuoang litlhare hang-

hang ho thibela mafu.

O re lintlha tse latelang, tshabollo ka mekhahlelo eohle, litšebeletso tsa molao le kabo ea toka, Lekhotla la bana, la 'Maseterata, le Phahameng Bochochisi, likomiti tsa toka ea bana motseng li lokela ho kenyeletsoa.

Methati ea litšebeletso tsa kabo ea toka, kahlolo, kotlo, toka ea poelano, litšebelsetsi tsa tshabollo le Mokena-li-

pakeng litaba tse behang bophelo ba ngoana tlokoising joaloka tšekefetso, ho lahla ngoana khorehloa.

A re ho thusa ngoana ho tlaleha litaba a bolokile lekunutu, ke taba ea bohlokoa ho batho bohle, ka hona ba lokela ho ba le litokomane tse thusang bana ho tseba le ho utloisisa mekhoha ea ho tlaleha tšekefetso le batho hore lithekefetso tsa bana litlalehoa kae.

Maparamente 'a nchafatsoa

Nthabeleng Seitlheko

Lekala la Toka le Molao le tšoare-tse Litho tsa Paramente thupelo holima litaba tsa Litokelo tsa Mantlha tsa Botho, ho re li utloisisa karolo eo li e bapalang litabeng tsa tsamaiso ea naha ho loanela le ho sireletsa litokelo tsa mantlha tsa botho. Litaba tsena li

bile Maseru ka la 24 Loetse Monongoaha.

Letona la Toka le Molao Mohlomphehi Richard Ramoetsi, o hlahositse hore paramente ke e 'ngoe ea litšia tsa naha tšireletsong ea Litokelo tsa Mantlha tsa Botho, ka hona 'muso o lokela ho bapala karolo e khohlo ho bona hore li'a sireletseha.

A re Naha ea Lesotho e ntse e saletse morao litabeng tse ka ahang maa-no a ka thusang khatelopele

ea tsona, joaloka ho kenya tšebetsong litumellano tsa machaba.

Moemeli oa EU Mario Giuseppe Varranti, o itse Litokelo tsa Mantlha tsa Botho ke motheo oa seriti sa botho, naha e nang le khotso le sechaba se atlehileng. A re litaba tsa litokelo ke lejoe la mantlha litabeng tsa toka, molao le tekano.

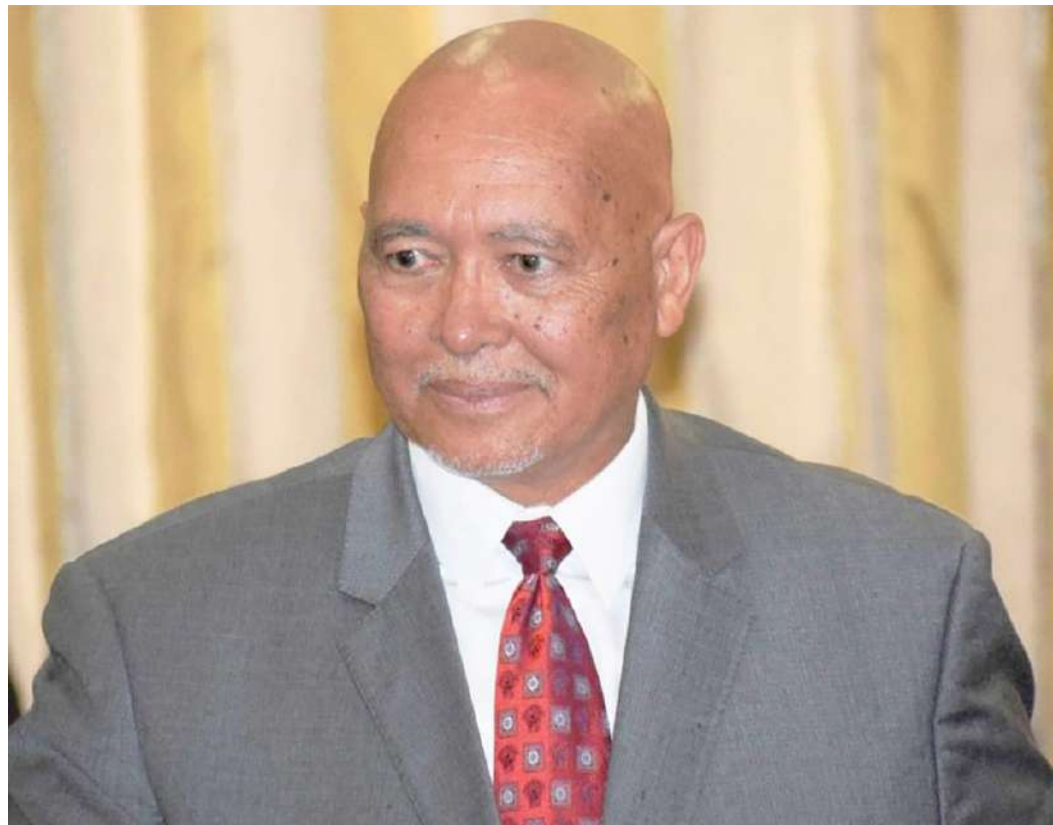
O re litho tsa paramente li lokela ho bona hore melao e sireletsang Litokelo tsa Mantlha tsa Botho e teng

kaha tlhomphe ea tsona e le motheo oa matla le hore bohle ba tla utloa ba kenyelelitsoe.

A phethela ka hore Litokelo tsa mantlha tsa botho esale qholotso hore batho ba tsebe ka tsona, ba li utloisisa empa ha paramente e ka phamolela litaba tsena holimo hona ho tla thusa kholong ea sechaba se itsebang, se utloisisang boleng ba sona.

Ho sa le joalo, se seng sa Litho tsa Paramente se bileng thupelong ena, Katleho Mabeleng, o itse thupelo ena e ba fahlolotse kaha litaba tse ling ba hlotse ba bua ka tsona empa ho bonahala li sa phamoleloe holimo ke ba lokelang. A re Naha ea Lesotho e ntse e tobane le qholotso e khohlo litabeng tsa litokelo tsa botho kaha khatikelo e bonahala e ntse e ba teng haholo e bakoang ke Litsi tsa Tšireletso.

A re litokelo li kenyeletsa batho bohle, eseng mafutsana a hatikeloe ka moo batho ba ratang ka teng ebe qetellong ba ba tšepisa lintho li hana ho feela. O re ba tl'ona sebetsa ka thata kamor'a thupelo ena ho susumetsa paramente ho bona hore melao e ba teng e sireletsang Basotho kaha khatello e bonahala e atile kahar'a sechaba.



LHDA empowers local women with skills for sustainable livelihoods

Mokhotlong, 20th September 2024



This week, twenty women from the communities of Tloha-re-bue, Masakong, Tlha-kola, and Malingoaneng in the Seate Council, Mokhotlong, completed a three-day training focused on producing organic bath soap, dish-washing soap, candles, petroleum jelly, and bath salts. These products, made using locally available materi-

Highlands Development Authority (LHDA) and organised by the Polihali Operations Branch social workers, this training forms part of broader women empowerment and livelihoods improvement initiatives. These programmes aim to raise awareness about sustainable income-generating activities for communities within the LHWP Phase II

tourism promotion, and vocational training, which together create a foundation for long-term economic growth in the region. The timing of this training aligns with the LHDA's collaboration with the Lesotho Tourism Development Corporation (LTDC) and other stakeholders to promote tourism in the project area. The products will primarily

to establish following joint training programmes by the LTDC and LHDA. The training was facilitated by Leaps and Bounce, a company owned by Mme Selloane Motsamai, a young entrepreneur who is making significant strides in the cosmetics and detergent industry. A participant in the Science, Technology, Engineering, Arts, and Mathe-

the LHDA's commitment to fostering women's economic empowerment and community development while supporting small and emerging businesses. Similar training programs are planned for women in other



als such as aloe, offer viable opportunities for income generation.

Funded by the Lesotho area. This initiative builds upon other ongoing skills development efforts, including enterprise development,

target the local accommodation market, including rural homestays that community members are beginning

matics (STEAM) initiative, Mme Motsamai has gained recognition at both national and international platforms, including the BRICS Youth Innovation Summit.

This initiative highlights community councils within the Phase II footprint of the Lesotho Highlands Water Project, further expanding opportunities for sustainable livelihoods and regional growth.





TSA KEREKE

Likhohola li senya Seminary



Staff

Likhohola tse matla tse tlahehang li nkile bophelo ba batho ba 20, bohareng ba tikoloho ea Europe li sentse likereke, matlo a

baitlami oa Cistercian Abbey o Hailigenkreuz tikolohong ea Viena Wood, e leng o mong moaho o ts'oeang nalane ka ho ba moaho oa khale ka ho fetisisa lefatšeng, o senyehile hampe.

Motsamaisi oa Seminary ea Leopoldinum, Fr. Martin Leither o boletse hore

ho jela. A re moaho ona o hloka ho lokisoa bocha ho latela tšenyō e bileng teng.

Haele Naheng ea Poland, littaleho li supa hore Setsi sa khale sa Baitlami ba Mafransican se Klodzko se amehile hampe ke likhohola. Mohlokomeli oa Ntlo ea Baitlami Sr. Ignacy Szczytowski o boletse hore setsi sena se mekato e mehlano se senyehile ho kenyeletsa le Seemahale sa Baroque sa Moroetsana Maria. A leboha baithaopi le basebeletsi ba tsa tšohanyetso ba ileng ba sebetsa ka thata bosiu bohle ho loantša khoholeho ka ho aha mabopo a linoka ka mekotla ea lehlabathe ho sireletsa meaho.

Athe haele Naheng ea Hungary ba bohlong ba tlaheho ba ile ba bula letamo ka Leboea-Bophirimela ho tsamaisa metsi ho toha nokeng ea Lajta ho oa isa sebakeng se khethehileng, molemong oa ho sireletsa motse oa Mozonmagyarvor.

-CNA-



baitlami le Setsi sa Koetliso ea Baprista ba kamoso sa Leopoldinum.

Naheng ea Austria littaleho li bontša hore moaho oa

mekato eohle ea moaho e senyehileng, e kenyeletsa har'a tse ling thepa e kang ea likabote le likabinete tsohle tse ka phaposing tsa



2023-2024 SELEMO B

Sontaha sa 26 har'a selemo

Lipalo 11,25-29

Pesalema 18

Jakobo 5,1-6

Mareka 9,37-42.44.46-47



Khothatso

Ea sa re loantseng, o ea le rona

Ka la 5 Loetse 2000 Vatican e ile ea ntša tokomane e bitsoang "Dominus Jesus" moo e neng e hlakisa hore litumelo tsohle ha li tšoane, 'me ho ruta hore tumelo e 'ngoe e ntle joaloka ke e 'ngoe ke ho koafatsa molaetsa oa Kereke oa hore pholoho e fumaneha feela Kerekeng e Halalelang e Katholike. Taba ena e ile ea baka pherekano kahar'a liphutheho tse ngata tsa Bakriste, empa ba bang ba ile ba bontša ho se letho le lecha tabeng eo. Se neng se ba sita kelello ke hore Vatican e ne qala ho bua phatlalatsa ka tabeng eo kamor'a Seboka sa Vatican II.

Thuto ea Pele e le bula mahlo ho bona hore maemo a sechaba sa Morena mehleng ea Testamente ea Khale a ne a tšoana hantle le a Vatican. Qalong ea eona Morena Molimo o laela Moshe o phutha baholo ba 70 ba tla mo thusa ho jara mathata ohle a sechaba. Morena Jesu Kriste le eena o ile a khetha ba 70 a ba romela pele ho eena ho ea litorotsoaneng tsohle tseo a neng a rerile ho li etela. (Luka 10:1) Mopapa Francis o na le Babishopo ba likete ba mo thusang tsamaisong ea 'Mele oa Kriste, eleng Kereke.

Ntlha ea bobeli ke ea banna ba babeli ba ileng ba sala ka tenteng ho tsoelapele ka boprofeta, bao Joshua motlatsi oa Moshe a ileng a ba tlaheha eaba Moshe o re takatso ea hae ke hore bohle e ka ba baprofeta e le hore Morena a tle a kenye Moea oa hae ka ho bona.

Liketsahalo tse ngata tsa Moshe li bontša bophelo ba Kriste, 'me ha joale ha re shebeng lintho tse tšoanang lipakeng tsa banna ba babeli ba profetang le monna ea lelekileng bademona ka Lebitso la Jesu. Moshe o ne a ronngoe ke Morena ho lokolla bathong bokhobeng, ha Kriste a ne a rometsoe ho lokolla bohle bokhobeng ba sebe. Joshua e ne e le e mong oa banna ba khethiloeng ke Kriste. Lebitso lena "Joshua" le bolela "Mopholosi."

Jakobo Thutong ea Bobeli o re barui ba lokela ho lla ka lebaka la mesarelo e tlang e ba lebile, hobane ba tsepamisitse maikutlo a bona leruong la lefatše e se khauteng ea 'Muso oa Morena le pholoho. Motho ea ratang chelete haholo, o etsa bolotsana; ha e le mohiri o lefa basebetsi chelete e nyenyane, o qhekella lekhetho. Empa leha ho le joalo qetellong o tla be a se na letho. Kriste o re, "Ea u fang metsi hore u noe hobane u bua ka lebitso la Kriste, a ke ke a lahlehela ke moputso ho hang." Seo u se etsang ho bana b'eno u se etsa le ho Kriste. "Ha letsoho la hau le u khathatsa, u le khaole hobane ho molemo ho kena leholimong u le tsooana ho e-na le ho kena lihlehang ka matsoho a mabeli." Kaofela ha rona re na le bofokoli ba botho, ka hona ka grasia ea Morena ha re sebeliseng likelello tsa moea ho bo hlola.

Sebe ke ntho e tummeng haholo kahar'a Makatholike matsatsing ana; sebe sa ho ahloa se susumetsang motho ho se tšoarele ba mo sitetsoeng le ba sitetsoeng Kereke. Mangolo a Halalelang a re ruta hore re tla ahlooa ka kahlolo eo re ahlolang ka eona. Ho latela litaba tse etsahallang Kereke mehleng ena, haeba ho se tšokoloho kapele-pele Makatholike a mangata a tl'o ea timelong. Ha re hlahlobeng hore na re eme kae Kerekeng ea Morena; ana re na le Morena kapa re khahlanong le eena? Re amohela thuto ea Kereke? Haeba re rata ho sebeletsa Morena ka boikokobetso le mamelo re tla thaba 'moho le bohle ba lebeletseng ho amoeha pholoho ea bona ho Morena Jesu.

Bahalaleli har'a Beke

- | | | |
|----|----------|--------------------|
| 30 | Loetse | Jerome |
| 1 | Mphalane | Therese oa Lisieux |
| 2 | Mphalane | Caian |
| 3 | Mphalane | Theopilus |
| 4 | Mphalane | Petronius |
| 5 | Mphalane | Galla |

Makoanyane XI e simolla leeto



Tseliso Thakholi

Sehlopha sa Naha sa Lesotho sa ba lilemo tse ka tlase ho 20 sa Makoanyane XI se phethetse boitokiso ba sona ka la 24 Loetse 2024, Lebaleng la Bambatha Sports Arena, Maseru moo se tlang ho palama nonyana-tšepe ho leba Motse-Moholo Maputo, Mozambique

ho ea bapala lipapali tsa sona tsa CAF U20, African Cup of Nations le COSAFA Qualifiers tse tliil'o qala ka la 26 Loetse ho isa la 5 Mphalane 2024.

Sehlopha sena sa mokoetlisi Halemakale Mahlaha se tla qala leeto la sona la ho hapa COSAFA Cup ka ho bapala le sa Comoros leeto la pele la Mohope oa AFCON oa isao ka la 27

Loetse 2024, pele se tobana le sa Amajita ea Afrika Boroa. E be matsatsi a mabeli kamorao ho papali eo se phethela leeto la sona le Sehlopha sa Malawi ka la 1 Mphalane monongoaha.

Makoanyane XI e qalile ho bontša boiphihlelo papaling ea bolo ea maoto Mohopeng oa COSAFA ka selemo sa 2005, tlasa bokoetlisi bo hloahloa ba mofu Seephephe Mo-

chini Matete a tlatsane le Lehlohonolo Thotanyana. Ka selemo sa 2011 sa ba tlasa tataiso ea eo e seng e le mokoetlisi oa Sehlopha sa Naha sa Likuena, Leslie Notši le mofu Moses Maliehe.

Ke linaha tse 12 tse kenetseng litlholisano tsa COSAFA Cup, 'me li arotsoe ka mekhahlelo e meraro e leng Mekhahlelo ea A, B le C. Sehlopha sa Naha sa Makoanyane XI sona se Mokhahlelong oa C moo se pannoeng le poho tse matla e leng Angola, Namibia le Seychelles eane e tloaetseng

ho hlorisa Makoanyane XI haholo lipapaling tse-na.

Naha ea Lesotho ha e-s'o hlole litlholisano tse-na ho tloha e qalile ka selemo sa 2005, kaha le ne le hloloe ke Madagascar ka mokhoa oa mohlolo ka 1-0 papaling ea makhaola-khang. Ho feta mona, sehlopha sa ba katlase ho lilemo tse 17 sa Bahlabani le sa banana sa Likhosana sa U/17 le tsona li tla leba Maputo haufinyane ho ea bapala lipapali tsa COSAFA tsa U/17 ka la 5 ho isa la 15 Tšitoe 2024.



Ba e loantša ka Senuka

Tseliso Thakholi

Likhalala tsa mehlang tsa papali ea Senuka tse bileng le lipapali tsa boithapollo, Ha Makhalanyane tikolohong ea Thaba-Bosiu ka la 21 Loetse 2024, li re li tliil'o simolla letšolo la tsona la ho sebelisa papali ea Senuka ho loantša tai le tšebeliso e phahameng ea mefuta e fapakaneng ea lithetefatsi kahare ho bacha ba metse ea Ha Motloheloa, Makhalanyane, Ha Maja le Masianokeng. Lipapali tse-na tsa boithapollo tse neng li bapaloa ke likhalala tsa mehlang, li ne li reretsoe ho bula bacha le batho ba baholo mahlo ka kotsi ea tai lipapaling tse fapakaneng kahare ho naha. Papali e kholo ea letsatsi

leo e neng e shebane le ho fana ka thuto bacheng ke e bileng lipakeng tsa mekaubere ea Ha 'Nelese le mokhethoa oa Ha Maja moo lihlopha ka bobeli li ileng tsa bapala ka seahlolo sa 20-20.

E mong oa bahlophisi Monghali Tšepang Selebalo o itse o thabetse hore ebe bacha ba tliile ka bongata ho tla tšehetsa letšolo lena la bona. A re hoja e ne e se ka maemo a sa jeseng litheohelang

a leholimo mohlomong ba ka be ba fihlile ho 20 ka palo.

A re molaetsa oa tai le lithetefatsi lipapaling tse fapakaneng, o lokela ho lula o phatlalatsoa lipapaling tsohle kahare ho

naha, ho fihlela bacha le libapali li eelloa kotsi eo li ntseng li ikenya kahare ho eona. A re ba qalile molaetsa ona ka Loetse ngoahola, moo ba neng ba etela tse ling tsa lihlopha tsa Senuka tsa Liki ea A Division le Second Division, moo ba neng ba bua le libapali pele lipapali li qala, ho nena tai le lithetefatsi molemong oa bokamoso bo chabileng ba bona le ho holisa papali ea Senuka.

A re ba ile ba emisa ha liki e fela kaha ho ne ho se bonolo haholo ho bokeletsa libapali 'moho hobane boholo ba ne ba sa fumanehe habobebe. A qetella ka hore ba tliilo ntšetsapele letšolo lena ka ho ea Li-ea-le-moeeng ka molaetsa o tšoanang le ho kopa batsamaisi ba lipapali tse ling, ho kena letšolong lena leo bohlokoa ba lona bo tlang ho bonahala melokong ena le e tlang.



Tšeliso Thakholi

E qalile ho sireletsa sekola

Kamora ho amohela Majantja ka phafa ea 2-0, papaling ea pele ea Liki ea Premier, e bileng Lebaleng la DiFA, Maputsoe ka la 21 Loetse monongoaha, mokoetlisi oa Sehlopha sa Lioli, Motheo Mohapi o re tlhola ea bona e ba file matla le boitšepo ba ho bapala papali e hlahlammang ea bona le Bantu betere haholo papising le eo ba seng ba e bapetse.

Bompoli ba seng ba qalile ho sireletsa mohope ba hlabetsoe ntlha ea pele ke Tau Masiu metsotsong e 16 ea karolo ea pele ea papali. Nakoana feela kamor'a seo ke ha Thabang Glass a hlabisa ntlha ea bobeli metsotsong ea 18 ea papali.

"Lipapaling tsa pele hangata ke ntho e etsahalang hore li 'ne li be le letsoalo la hore batho ba sa qala-qala ho ikala. U ka tloha ua fumana hore ha ba e-s'o be le boitšepo bo lekaneng, 'me ua bona ho e-na le liphosomona le mane e leng ntho eo re neng re e-na le eona." O boletse joalo kamor'a papali ena a bile a supa hore moralo oa bona oa papali eo sethathong e ne e le ho bapala ho tloha moleng o kamorao, "ke ka lebaka



lena re neng re e-na le libapali tse ngata tse bapalang mpeng ea lebala." H'a bua malebana le Sehlopha sa Majantja, o itse

ke sehlopha se bopiloeng ka boholo ba libapali tse ntseng li le nyenyane lilemong, empa ba holile ka likelellong. "Ke sehlopha se

bonahalang hore ha se ka tlaeela feela se tliil'o ba kotsi haholo." Ke Mohapi eo.

Athe Mokoetlisi oa Majantja Bafokeng Mohapi o itse ho hlajoa lintlha tse peli ka nako e khutšoanyane haholo, ho ile ha tlisetsa sehlopha sa habo khatello e kholo. A re leha ba lahlehetsoe ke papali ea bona ea pele, ntlha ea bohlokoa ke mofuta oa sehlopha seo ba neng ba bapala le sona. A re se ba tliselitse ntho e 'ngoe e fapakaneng haholo, 'me ke boithuto ho libapali tsa bona.

A leboha Lioli ka tsela eo e bapetseng ka eona, 'me a tiisa hore e bile thuto e kholo ho bona. A re ba hlotsoe ke menyetla e mehlano ea ho hlabisa lintlha, 'me sena se bakiloe ke bosieo ba libapali tse ling tsa hae tse ileng sehlopheng sa naha sa ba katlaase ho lilemo tse 20. A re ba sa ntse ba qala ho aha sehlopha hore se tsitse hantle kahare ho Liki e Kholo, 'me kamora lipapali tse hlano ho isa ho tse robeli ba tla be ba lokile.

Tšeliso Thakholi

Super League e'a thakhoha

Litholisano tsa mokhahlelo oa pele oa Liki e Kholo ea Bolo ea Maoto ea Basali (WSL) li tliil'o thakhoha Mabaleng a Koetliso ea Sepolesa (PTC) Maseru le DiFA Maputsoe mafelong ana a beke ka Sontaha sa la 29 Loetse 2024.

Ha li thakhoha feela letsatsing leo la pele Lijabatho ladies ea Morija, e tla amohela Sehlopha sa Sekolo se Phahameng sa Mphaki Seterekeng sa Quthing, Lebaleng la PTC ka 10:00 hoseng. Hona sebakeng se tšoanang bompoli ba bolo ea maoto ea basali, e leng

LDF Ladies ea Ha Ratjose ba thulane sa lipheleu le Sehlopha sa Thaba-Tseka Ladies ho hlaha Seterekeng sa Thaba-Tseka.

Haele papali ea ho qetela e tlang ho bapalloa PTC ke e lipakeng tsa LMPS Ladies le Bantu Ladies ho hlaha ka Bokaota. Ena e tllilo ba papali e boima haholo kaha LMPS Ladies e ke ke ea lumela ho tla shapeloaho habo eona, kapel'a barati le bats'ehetsi ba eona. Athe Bantu Ladies le eona e tla be e batla ho hlakola Maele a Sesotho a reng: "ha e ke e qalao mokoting."

Lipapali tsa ho qetela tsa



letsatsi leo ke tse tlang ho ba Lebaleng la DiFA Maputsoe moo lihlopha tse peli

tse ncha Liking ea Basali e leng FC Stoko e tla be e momane le sa Kick4Life, ha Bokamoso College Ladies e tla kopana le Berea Ladies.

Haele ka ho tsa A Division tse neng li lokela ho simolla Liki ka Moqebelo oa la 21 Loetse monongoaha, ha li'a ka tsa tsoelapele ka lebaka la maemo a sa jeseng litheohelang ba leholimo. Athe letsatsing la Sontaha maputulo a se a ntse a bonahala e sa le sethathong kaha ka Liking e ka boroa ea A Division sehlopha sa

bolo ea maoto sa sepolesa se bitsoang Sehenehene se ile sa halala sa Lerotholi 'Ka Lihale' ka ho e tlabola ka phafa ea 3-1.

CCX le Kick4Life li ile tsa pitikisa mahe(0-0). Ka mona ka Liking e ka Leboea ea A Division FC Summit e ile ea amohela sehlopha se theohang lihlopheng tse Kholo tsa Premier, e leng Naughty Boys ka ho e teteka ka phafa ea 2-0. Haele O5 United le Sehlopha sa Sepolesa sa Quthing tsona li ile tsa bapala ka seahlolo sa 1-1.



Nthabeleng Seitlheko

Ke motho-mong?

Ho tloaelehile hore ka Sesotho bana ke lipalesa, empa joalokaha mojali oa lipalesa a ikhethela hore serapeng sa hae o batla lipalesa tsa mofuta ofe, le mona baneng ho ee ho be le takatso ea khetho leha ho se taolong ea mojali hore ho hlahe palesa efe. Potso ena “ke motho-mong?” ke eona e botsoang hanghang kamor’a tlaho ea tlhaho ea lesea le leng le le leng. Eka hoja ho ka phatlalatsoa hore ho hlahile ea lebeletsoeng, athe che ha ho joalo: ho phatlalatsoa ea bopiloeng, eseng ea labalabeloang.

Taba ea bong ba masea ha se taba e tlamehang ho jarisoa mang kapa mang kahar’a likamano tsa malapa. Ha se monna kapa mosali a khethang hore kahar’a lapa la hae ho hlahe bana ba boleng bo itseng. Ha ngoana hlahla a le motšehali a amoheloe ka tsela e tšoanang hantle leha a le motona. Bana b’a tšoana, ha ho na bong bo bohlokoa ho feta bo bong.

Sekhobo sena se jari-soang basali ha ho hlahla bana ba sele ho latela te-bello ea ea nang le kho-polo ea hore ho lokela ho hlahla ngoana oa taba-tabelo ea hae se tlameha ho

ho lekana ke batsoali ka lebaka la litebello tsa hore ekare ho ka be ho hlahile ngoana oa boleng bo ra-toang ke lehlakore le it-seng la lelapa kapa leloko. Taba e tšoanang hape e

ha ka lebaka la lenane le phahameng haholo la bana ba hlahang lapeng le le leng leo hamorao le eeng le imeloe ke phepo kapa kholiso ea bana.

Bana ba na le litokelo

tša banna le basali ka to-antšano holim’a boleng hobane ha ho taolong ea rona hore re iphumane re sa ts’oane. ‘Nete e ’ngoe feela e salang, ke hore rea hlokana. Ha ho mofuta o ka phelang hamonate ntle le mofuta o mong. Qalehong ho bile le morero o sa t’o fetoloa ke hore re ikutloa joang ka ho phelisa-ana hammoho, morero oo o ntse o tla tsoelapele re rata kapa re sa rate, hobane ha se oa rona. Ke oa Mong’a bophelo ka sebele, ke mang a ka tsekang?

Re lokela ho itemoha re sa na le monyetla, mol-emong oa khotso ea rona hore lintoa tse ling ha re hloke ho li loana hobane ha se lintoa, ke ho se ikutloise feela. Re tsitse 'neteng ea hore re leke ho fetola tse matleng a rona empa tse seng taolong ea rona tsona re li siele Mong’a tsona. Bophelo bo ka re nolofalla mohlomong ha re ka loana lintoa tsa rona feela, tse lekaneng matla a rona. Tsa 'mopo oa Molimo re li tlohellele Molimo.

Puseletso E. Moeti
– **Mother’s Touch**



fela. Batho ba fua feela, 'me ba lokela ho amohela feela.

Taba ena e ama le bona bana habohloko ha ba ntse ba hola ha ba lemoha hore ha ba ananeloe ka

baka boemo bo ka bang kotsi ho mafumahali ka ho pepa ka sekhahla ka lebaka la ho lelekisa ho khotsofatsa litabatabelo tsa batho. Le moruo oa naha ka ho tšoana o ka ame-

le boikarabelo ka ho tšoana, ho sa natsoe hore o motona kapa o motšehali. Le likatleho tsa bona ha li leptjoe ke boleng ba bona. Ke nako ea ho felisa kheea ena e lipakeng

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Nthabeleng Seithleko

Molaoli oa Sesole sa Lesotho, (LDF) Lt. Gen. Mojalefa Letsoela o re ha ho na taelo eo bolaoli bo faneng ka eona hore masole a tokhotse le ho bolaea sechaba, nakong ea letšolo la ho phutha lithunya matsohong a sechaba. Litaba tsena li hlaleletse 'mokeng oa bo-ralitaba oa la 25 Loetse monongoaha.

O re LDF e masoabi ke ho timela ha banna ba babeli ba Ha Lebeso Mapoteng, letšolong la sesole

A re kahara morea-rea ona Morena Masupha, o ile a bontša sethunya se le Maseru, sa qetella se fihla ka Setsing sa Tlhabollo ea Batšoarua ka morero oa ho bolaea motho. A re nako eohle sethunya sena le tse ling tse neng li belaelloa li batliloe ka matla ho belaelloa ba bileng ba khathala ba potlakisetsoa Sepetlele sa Makoanyane moo ba ileng ba felloa ke bophelo. Ha Morena Lesaoana Masupha a ile a fetisetsoa Sepetleleng sa Sehopotso sa Mofumahali 'Mamohato moo a ntse a okoa teng.

O tsoetsepele hore



la ho phutha lithunya, ka la 5 Loetse monongoaha.

A re tlaleho ea mathomo e supa ha sesole se ile sa fumana menyenyetsi ea hore monna oa Mosotho ea bitsoang Motlalepula Setoki, o hirisa sethunya se seng molaong. O re eo o ile a laeloa ho nehelana ka sona ka ho Morena Tabola Peete e le mohau oa pele empa a se etse joalo.

O bontšitse ha ba sala morao tšalong monyenetsi ona, ba ile ba fumana eo a re o se file Morena Lesaoana Masupha ea ileng a bontša sethunya se le ho mofu Lejone Mapoko ea ileng

letšolo lena ha lea rerelea ho hloko-fatsa sechaba empa ho loantša litlolo tsa molao joaloka bosholu ba liphoofole le thekisetsano ea lithunya tse seng molaong.

A re ke hona liphuputso li ntseng li etsoa ho fumana sesosa sa mafu ana 'me mehato e lokelang e tla latela kamor'a ho phethela liphuputso tseo. O re ba eleletsoe le ho utloa ngongoreho ea sechaba litabeng tsena, ka hoo ba kopa bolaoli bo fuoe nako le sebaka ka methati eohle ea taolo le tsamaiso ho latela melao le melaoana le tsamaiso ea sesole.

Basotho ba hopole litšia



Nthabeleng Seithleko

Setho sa Ntlo ea Senate 'Mabataung Mokhali, se entse tšisinyo ea hore ntlo e khotaleitse 'muso ho tšoara 'moka oa khohola-koqo, oa baetapele ba sechaba o kenyeletsang baruti, Litho tsa Paramente le Mekhatlo e Ikemetseng. Litaba tsena li hlaleletse tulong ea Ntlo ea Senate, Maseru, ka la 24 Loetse monongoaha.

O re 'moka ona o tla thusa hore ba tšohle 'moho le ho thakelana ka malebela le ho rarolla liqholotso tse tjametseng naha tse kenyeletsang bosholu le lipolao, e le karolo ea ho tšoaea lile-

mo tse 200 sechaba sa Basotho se thehiloe.

O hlalositse hore Basotho ba tsietsing ea lintho tse ngata moo ho bonahalang ba sena bonngoe, ho kenyeletsa lipolaeano, bosholu le litšokelano tse hlohleletsang har'a tse ling lehloeo. A re hona ho tla thusa ho tla ka maoala a ka thusang Basotho ho hopola metho ea bona, ba ipapisitse le litšia tsa Morena Moshoeshe I.

Litho tsa Ntlo ea Senate li bile ntsoe-leng hore Basotho ba thahasella lintho tse mpe ho feta tse molemo ka hona ba tlatša tšisinyo eo ka le reng Basotho ba lokela ikhopotsa litšiea tsa Morena Moshoeshe I.

Morena oa Sehlooho oa Matsieng Seeiso Bereng Seeiso, o supile hore kaofela re molato, kaha

re cha re tšola liketsong tsena. A re ba tlohetse litaba tsena li ikentse mofetše kahar'a sechaba. A re seo ba ka se etsang ke ho ema ka maoto ho loantša taba ena ho qoba ho ba le sechaba se hloakang tsebo.

Morena oa Sehlooho oa Tajane Thato 'Mota Mohale, o hlalositse hore re tlameha hohle moo re tsamaeang Bosotho ba rona bo be bohlokoa ho feta lintho tsohle. A re leha eba re ka qabana kapa ha eba le likhang re lokela ho tšoarana ka matsoho ho sebetsa 'moho litabeng tsa sechaba.

A re re lokela ho itšetleha ka litšia tsa Morena Moshoeshe I, lerato le kopano eo a neng a e bontša ka ho kopanya balichaba le merabe.

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