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A lokisetse Morena Sechaba se phethehileng (Luka 1,17)

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MABELI SECHABA SA BASOTHO SE THEILOE

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#PARARE DOMINO PLEBEM PERFECTAM

MOELETSI

Boithuto bo thusa kholo

Lithhare ha se mahala

Nthabeleng Seithleko

Setereke sa Quthing se bonahala se tobana le phephetso ea ho fa batho lithhare tsa tšoaetso ea HIV/AIDS ka 79.6%. Litaba tsena li hlaheletse thupelong e neng e tšoaetsoe baphatlalatsi ba litaba tsa bophelo, ka la 27 Phato monongoaha.

Mookameli oa Maa-mo, Setsing sa Litaba tse alosang Tšoaetso ea HIV/AIDS Maema Ramaema, o bontšitse ha bothata ba Quthing e le ba hore bohlo ba batho ba sebetsa Afrika Boroa, hape ba sa ee le litsing le hoja lipalo tsa bokhachane bo sa reroang li phahame. A re lipuo tse fapakaneng seterekeng sena ke qholotso hobane ba bang ba batho ba sitoa ho fumana litšebeliso tsa bophelo kaha ho se baoki kapa lingaka tse utloisang puo ea bona.

O itse ka selemo sa 2010 ke bonyane batho ba 94,288 ba neng ba fumana lithhare tsa tšoaetso ea kokoana-hloko ea HIV, ha selemong sa 2023 e bile 241,462, 'me palo ea batho

ba lithhareng e nyolohile ka 156%.

A re boemo ba tšoaetso tse ncha literekeng bo eme tjena; Maseru ke 20.1%, Mafeteng ke 19.6%, Leribe ke 19.3%, Mohale's Hoek ke 18.9%, Butha-Buthe ke 15.4%, Berea ke 17.2%, Quthing ke 17.6%, Qacha 's Nek ke 15.9%, Thaba-Tseka ke 17.1% le Mokhotlong ke 15.4%. O re ba atlehile ho theola sekhahla sa litšoaetso tse ncha hobane sechaba se sebelitse ka matla, ho amohelana le hore bohle ba ile ba tšoarana ka matsoho ho iphumana ba loantšitse boemo bona.

O ipilelitse ho bona ho sebelisa tsohle ho thibela mafu kaha maemo a tlokotsi a e-s'o fele, leha ho le joalo a bontša ha Lesotho le le boemong bo botle papisong le nako e fetileng ka tšoaetso ea HIV/AIDS kaha e le boemong ba 65.1%.

A phethela ka hore ho bonahala ho ntse ho e-na le qholotso ea basali ba ntseng ba tšoaetsa bana, ka mabaka a fapakaneng joaloka ho se fumane lithhare nakong ea bokhachane, ba bang ha ngoana a qeta ho hlaha o tlohela lithhare ebe o mo tšoaetsa nakong ea kanyeso. A etsa

bao kokoana-hloko e seng e sa tšoaetsehe, ka ho noa lithhare ka botšepahi.

A re basali ba lilemo li 15 ho ea holimo ba tsebang boemo ba bona ke 93%, 97% le 99% 'me ba noa lithhare ka nepo, ha banna e le 93%, 90% le 98% ka hoo hona ke pontšo ea hore ba ntse ba hloka ho atolosa melaetsa e khothaletsang banna ho tseba maemo a bona le ho noa lithhare.

Ka lehlakoreng le leng bana ba lilemo li 0-14 ba tsebang boemo ba bona ke 95%, ba lithhareng ke 80% bao kokoana-hloko ea bona e seng e sa tšoaetsane ke 77%. A re ho tšepahalla lithhare ha bana ho matsohong a bahlokomeli ba bona hore ba bone hore ba noa lithhare ka nepo.

O re lilemong tse 13 tse fetileng ba bolokile bophelo ba batho ba 221,868, ka mokhoa o latelang; ka selemo sa 2023 ba 17,109, ha litšoaetso tse ncha lilemong tse 13 tse fetileng e ne e-ba 23,623, ha selemong sa 2023 ka selemo e-ba 1,483. A re bohloko batho ba lithhareng b'a li tšepahalla, ka hona a ipiletsa ho bohle ho bona bohlokoa ba ho noa lithhare hore ba tsebe ho hlola lefu lena le ho ntša



Lintho tse ngata haeba ha se kaofela li fetohile ka hona ho tsitlallela mekhoeng ea khale ho sitisa tsoelopele kapa kholo ea bophelo; mokhoa oa ho nahana, lisebelisoa haholo tsa marang-rang li hloka motho ea tsebang ka lintho tsa sejoale-joale. Litho tsa Ntlo ea Senate ha li'a fosa ha li khothaletsa Lekala la Thuto le Koetliso 'moho le Lekala la Lichelete le Ntšetsopele ea Meralo ka Lefapha la Lihlapiso (NMDS) ho hlahloba tsela ea tšebetso hobane ruri thuto ena ha e sa tsoela Lesotho molemo ho hang. Linaheng tse ling tseo moruo oa tsona o hotseng li bile li phallela Lesotho ka chelete, ngoana o kena sekolo ho latela hore na o shebahala a sekametsa hokae. Litichere tsa hae ha li bona a bontša thahasello e kholo likoloining eba o sa rutoa haholonyane ka tsona a bile a isoa le femeng ea tsona.

Linaha tse joalo li sebelisa letlotlo la tsona e leng bacha ho holisa le ho imatlafatsa, hape ba boela ba loantša qholotso ea tlhokahalo ea mosebetsi e tobileng Lesotho ha joale. Makala a amehang a ke a etse boithuto bo tebileng mabapi le ho thusa baithuti ba kenang likolo tsa mosebetsi oa matsoho, hore le bona ba thusoe ka chelete joaloka ba bang. Taba eo e bacha ba bang tjantjello ea ho kena sekolo kaha ha joale ho sa bonahale ho e-na le thuso.

Ke qhaqhang-qhang joale ka Ntlong ea Bakhetho mabapi le taba ea ngoliso bocha ea bakhethi kamor'a hore Komisi e Ikemetseng ea Likhetho (IEC) e bontše hore e tl'o fetola maoa a ngoliso ka ho sebelisa litokomane tsa boitsebiso. Khang ke hore molao o amanang le litaba tsena oa selemo sa 2011 ha e-s'o ntlafetsoe hofihlela ha joale. Ka lehlakoreng le leng, Komiti e shebaneng le Litaba tsa Molao hona paramenteng e maketse hobane ha e-s'o bone litaba tse joalo tafoleng ea eona. Leha ho le joalo setho se seng se bontša hore IEC ke komisi e ikemetseng ka hona e na le matla a ho etsa tlhopho-bocha mabapi le ho ntlafatsa tšebetso ea eona. Maikutlo kea ao, ho nepile ofe ho fositse ofe?

Mafelong ana a fetileng a beke Makhotla le Mekha ea Lipolotiki li khethile likomiti ka ho fapakana e le ea bacha, e kholo le ea mafumahali. Litho tseo tse ncha ha li ka mpa tsa tla ka maoa a fapakaneng 'me tsa fetola mekhoha eo lipolotiki li tšoarang ka eona kahar'a naha. Leihlo le leholo le ka ho ea bacha hobane ke bona bokamoso ba naha, 'me eona e tšepisitse ho felisa seeso-oeso se tummeng phanong ea litšebeliso. Ba tšepisitse ho thusa bacha bohle ho ithehela mosebetsi haholo lefapheng la temo, 'me ba se ntse ba e-na le maano a tšoaehang a hlohang ho kenngoa tšebetsong. Ke boipiletso ho 'muso ho thusa bacha ka mokhoa oa boipheliso, e ntse e le karolo ea ho hlola litlolo tsa molao tse bakoang ke tlhokahalo ea mosebetsi.

Lekala la Bophelo le khothaletsa batho bohle ho tseba boemo ba bona ba kokoana-hloko ea HIV, e le hore ba tsebe ho sebelisa lithhare haeba ho hloka hahala ho thusa se-sole sa 'mele. Batsoetse ba tlohele tloaelo ea ho tlohela lithhare ha lesea le se le le teng hobane tšoaetso e ntse e feta nakong ea kanyeso. Lipalo-palo tsa banna ba tsebang boemo ba bona e tlaase, ka hona bo-ntate etelang litsing ho hlahloba. Lekala le lebohile sechaba ka tšebeliso 'moho ea ho rutana le ho tšehetsana hobane seo se thusitse ho loantša kokoana-hloko ena. Leha ho le joalo ha ho bolele hore ho so felile hobane kholumo-lumo ena e ntse e le teng, ka hoo bohle ba tsoelepele ho tšoaara tau ka litlona.

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tlhokomeliso ea hore nako e hlokolosi ha se feela pele ha ngoana a hlaha empa le nakong eo a seng a le teng o lokela ho hlokomeloa.

Mookameli oa Setsi se alosang Litaba tsa Tšoaetso kahar'a Naha Lebohang Mothae, o bontšitse hore naha e na le lipehelo tse ncha toantšong ea lefu la HIV/AIDS, 'me tsona ke hore 95% ea batho ba be ba tseba boemo ba bona, 94% e be e le batho ba lithhareng ha 99% e le batho

'muso litšenyehelong kaha ho se lithhare tsa mahala li lefelloa.

Lebitsong la Baphatlalatsi Boitumelo Koloi, o supile ho le bohlokoa hore baphatlalatsi ba lule ba kenyeletsoa litabeng kaha ba sebeletsa sechaba se sengata le ho buloa mahlo khafetsa. A re ho bohlokoa hore baphatlalatsi ba kenelle mererong eohle molemong oa ho tseba liphetoho le ho susumetsa hore melao e kenngoe tšebetsong.



Ho khina hoa t'sebetso LHWP: Mphalane 2024 - Tlhakubele 2025



HO CHECHA HOA HOA RAMMO HASSE HO BALEHA

A short pause for a good cause

Litonoro tsa Moreero oa Metsi a Lihlaba tsa Lesotho le Setsi sa Phehlo ea Motlakase sa 'Muela, li tla koaloa **HO TLOHA KA KHOELI EA MPHALANE 2024 HO ISA KHOELING EA TLHAKUBELE 2025**, ka lebaka la litokiso. Nakong ena, phetiso ea metsi ho tloha Lesotho ho ea Afrika Boroa e tla emisa, 'me le Setsi sa Phehlo ea Motlakase se tla sitoa ho fehla motlakase.

RE TŠEHETSA BACHA

Tšeliso Thakholi

Lekala la Temo le Kanetso ea Lijo, matsatsing ana le tsoile letšolo ho khotlaetsa bacha ho itahlela ka setotsoana litabeng tsa temo. Binyane Tlhabeli oa Temaneng tikolohong ea Qeme ke mocha e monyenyanane lilemong ea seng a e-na le lelapa, 'me eena le molekane oa hae ba ipabola haholo ka tlhahiso ea moroho oa kabeche le litapole.

Qaleho ea tšebetso

Malapeng a habo rona haesale re hola ka temo, 'me re hotse re rata temo ka lipelo tsohle tsa rona. Empa temo eo re hotseng ka eona e ne e le ena ea ho lemela ho ja ka lapeng, e seng ho e fetola khoebo e ka tsebang ho re phelisa re le lelapa. Kamora hore re qete likolong 'me re kopane le



mela mananeo a bohlokoa a temo li-ea-le-moeeng le koranteng ena, rea tseba ho ne ho e-na le sekhutloana sa temo moo re neng re nka malebela hona teng.

Ke hona moo re ileng ra qala ho fumana boeletsu ba

fokola. Ra reka lisebelisoa tsa temo tse tšellang, lipeo le meriana bakeng sa ho lantša mafu. Tsena tsohle re ne re ntse re li etsa ka tataiso ea Lekala la Temo le ba bang ba metsoalle ea rona bao re neng re ntse re kopa-

e fapakane haholo le ea bahlahisi ba bang ba temo kaha ke ea boleng bo holimo haholo, ka lebaka la mofuta oa lipeo tseo re li sebelisang. Ke khotlaetsa batho bohle ho tla ba tl'o fumana kabeche e ntle le litapole tsa maemo a matle. Haholo-holo bo-'m'e le bo-ntate ba phehang li-chips. Le lona Basotho ba heso ba phehang mapatlelong a toropo ea Maseru le mathoko le tle le tla fumana kabeche e ntle. Re rekisetsa batho ka bo-mong, ba ikopantseng le ba rekang ba il'o rekisa.

Boipheliso tšebetsong

Ka temo ea meroho le litapole re se re ntlafalitse mosebetsi oa rona haholo. Re se re lema masimo a maholo, 'me morao tjena re se re lema selemo ho pota ka lipeo tse ntle tse nyalisitsoeng. Ka temo ena ea meroho re atlehile ho koalla chelete bankeng, re hollisa le ho ntlafatsa lelapa la rona le malapa a habo rona. Morero o mong oa rona o moholo ke ho reka thepa ea sejoale-joale e tla matlafatsa le ho akofisa tšebetso ea rona. Re batla ho matlafatsa haholo taba ena ea ho lema selemo ho pota.

'Maraka

Joalokaha ke se ke bole-

tse, kannete 'maraka ha se bothata bo boholo kaha bahoebi le batho ka bo-mong b'a tla ho tla reka lihlahisoa tsa rona. Le rona re boetse re ea tsoa ha lipontšo li le teng joaloka ena e bileng Masianokeng matsatsing a ho feta, ho bapatsa lihlahisoa tsa rona e le hore li tsebahale. Re leboha le koranta ena ha e ntse e re fa monyetla oa ho tsebahatsa likhoebo tsa rona empa haholo-holo tsa bacha ka kakaretso.

Bokamoso ba temo

Ke lakatsa ho bona ke se ke fepela mabenkele ohle a maholo kahare ho naha, ke hirile bacha ba bangata haholo e le ho fokotsa bofuma le tlhokahalo ea mesebetsi. Hajoale re na le bacha ba fokolang haholo bao re sebetsehang le bona, empa haholo nakong eo re tl'o hloma sethopo.

Khotlaetso ho bacha

Ke khotlaetsa le ho hlokomelisa bacha hore temo ke mokokotlo oa naha, 'me kante ho temo ha ho na bophelo. Bophelo bo fumaneha feela temong le hona e be temo-khoebo ba se ke ba lemela ho ja feela joalokaha baholo ba rona ba ne ba etsa nakong ea ho feta. Ikopanyeng le Lekala la Temo ho fumana tataiso litabeng tsa temo. Atamelang bacha kapa batho ba seng ba le kahare ho litaba tsa temo, ho le fa boeletsi molemong oa tlhahiso e ntle.

Bacha le se ke la nyahama ha le kopana le liqhohlotso hoba temo e na le liqhohlotso tse kang komello, lipula tsa likhohola tse ngata le boemo bo teng hajoale ba phetoho ea boemo ba leholimo. Litaba tsena le tse ling li ka ama tlhahiso ea hau u le mocha. Morao tjena e matla haholo ke lehloa le khethehang feela linakong tsa Lehlalaba, eba lijo li'a bajoa. Amohelang maemo ohle 'me le tiisetse temong etsoe mamello e tsoala katleho.



molekane oa ka ka lenyalo re ile ra rera ho ntšetsa pele lerato la temo feela re batla ho e fetola khoebo eo re tla phela ka eona, re be re fumane mokhoa oa lijelello ho eona. Re ne re atisa ho ma-

ho ea lithupelong, tsa ho fumana mekhoha ea temo e ntlafetseng. Ra qala ka temo ea meroho le litapole kaha re ne re hlokometse hore mona habo rona tlhahiso ea meroho le litapole e'a

na le bona lithupelong ha re ntse re ithuta 'moho ka litaba tsa khoebo ea temo ea meroho le litapole.

Tlhahiso ea meroho

Tlhahiso ea rona ea moroho oa kabeche le litapole



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Komiti ha e'a fetoha

Nthabeleng Seitlheko

Raliphatlatso oa Lekhotla la Bosebeletsi ba Sechaba (UAT) Francis Ramosetle, o tiisitse taba ea hore Komiti e Kholo e fetile mojaong oa boiketso ba eona ka Katleho ntle litlelebo. Tsena o li hlalositse puisanong le Koranta ka la 27 Phato monongoaha.

O re ke sebokeng sena moo UAT e neng e il'o khetha komiti lekhetlo la pele, kamor'a ho ba le komiti ea nakoana e neng e se e tl'o felloa ke nako haufinyane kaha e ne e filoe feela ho sebetsa nakong ea likhoeli tse 12. O re komiti eo e neng e khethiloe e le ea nakoana e fetile e ntse e le joalo kaha ho ne ho se batho ba qothisanang lehlokoa le bona, le hoja ho bile le likheo tse ileng tsa tlatsoa kaha batho ba bang ba ile ba tsamaea ho leba mekheng e meng ea lipolotiki. Ramosetle o bonts'itse hore kaha ba sebetsa ka molao ba ne ba lokela ho latela liphelelo tsohle.

Seboka sa UAT se ne se bopiloe ka borumuoa ho hlaha mabatoong a 56, ho se balebelli ba likhetho tsa khetho ea komiti. O re UAT joaloka Lekhotla la Bosebetsi ba Sechaba, ba lumela litabeng tsa theolelo ea matla sechabeng, ka lebaka leo ba ke ke ba emisa ho ema ka matla ho bona hore theolelo ea matla sechaba ea phethahatsoa.

O re kaha lipolotiking likarohano e le ntho e teng seo ba se hlohang ke bonngoe, kholo le katleho ea UAT kaha maikemisetso a bona e le ho hapa likhetho tsa selemo sa 2027/28.

A ipiletsa ho batho ba furaletseng UAT ho khatsoa ho bua litaba tsa lekhotla kaha taba eo e se molemong oa bona. O re Lekhotla la UAT le tsamaisoa ka molao 'me bohle ba lokela ho sebetsa ka ona e seng ho hong.

Litho tsa Komiti e Kholo e bile Moetapele ke Dr. Mahali Phamotse, Motlatsi oa Moetapele



ke Kabelo Maduna, Mongoli e Moholo ke Teboho Mokhethi, Ramatlotlo ke 'Matšepo Rafoneke, Molula-Setulo oa Liboka ke Tokeng Mathibe, Motlatsi oa hae ke Lineo Motlalane, Raliphatlatso ke Francis Ramotsetle, Motlatsi oa hae ke Tšelisio Rasefatsa, Motlatsi oa Molula-Setulo oa Liboka ke 'Maphoka Metjeea, Litho ke Litšitso Mphetene, Kheo Lehula, 'Mamamello Sekilo le 'Malikomo Masibo.



Sehlabaka o hapa mojao

Nthabeleng Seitlheko

Phello Sehlabaka o boea sekoele ho ba Mookameli e mocha oa Komiti e Kholo ea Bacha ba Lekhotla la Puso ea Sechaba (DC). O tiisitse litaba tse puisanong le Koranta ka la 28 Phato monongoaha.

O supile hore o khutla tjena ka matla a maholo kamor'a ho khethoa ke bacha ba lekhotla la habo hore e be mookameli oa bona. O re taba eo e mo kokobelitse kaha lipolotiking e le sebakeng sa tlholisano, ka lebaka leo o ba leboha ka tšehetso ea bona le ho mo tšepela ho etsa mesebetsi.

O re o boetse o motlotlo ka tšehetso ea Koranta ka ho tsamaisana tsela le bona, 'me taba eo e bohlokoa kaha bophat-

lalatsi e le lentsoe la sechaba. A re bontša a ntse a tsitsitse litšepisong tsa hae tsa bolokolohi ba bacha litabeng tsohle tsa bona ho sa khethe boleng kapa chebahalo ea motho empa bohle ba lokela ho utloahala ha ba lla.

Har'a lintlha tseo a li hlalositse hore o rata bacha ba Lesotho ha ba khetha seo ba se hlohang e seng seo ba se bonang, molemong oa bophelo ba bona le ho ikutloisisa khetong ea bona, sena se tla thusa hore ba qetelle ba utloisisa litaba tsohle tse ba amang le tsamaiso.

Sehlabaka o re eena le komiti ea habo ba ntsoe-leng hore bacha ba lokela ho fumana mesebetsi, ka lebaka leo haufi ba tla phatlalatsa maano ao ba tlang ho a sebelisa ho hlanaka litaba tsa tlhokahalo ea mesebetsi tse tjametseng bacha. A

re 'muso o lokela ho hloka boroko litabeng tsohle tse amang bacha hobane seo se tla thusa hore naha e hlale liqholotso tsa tlhokahalo ea mesebetsi le litaba tsa litlolo tsa molao tse atileng.

A re o ngongorehile ke litaba tsa litlolo tsa molao hobane seo se thefula kholo le moruo oa naha., ka hona a ipiletsa ho 'muso ho tla ka maano a hlakileng a toantšo ea bosholu ba liphoofolo, lipolao tsa batho le bosholu bo atileng.

O tsoetsepele hore ke takatso ea hae le ba habo ho tla thakhola leano la bacha litabeng tsa temo, leo ba reng 'muso o lokela ho le tšehetsa e le hore bacha ba matlafatsoe ka mekhoha eohle ea temo. A re ho bohlokoa hore ho theoe Lekhotla la Bacha kaha e le lona le tlang ka maano a ka thusang tharollong ea tlhokahalo ea mesebetsi le litaba tsohle tse amang bacha.

O re joalokaha DC e lumela hore Bacha ba fuoe mesebetsi ba tla susumetsa taba ena ka matla, empa Naha ea Lesotho e lokela e be le maano a macha a tla thusa ntlafalong ea tlhahiso ea mesebetsi. A re 'muso o tle ka meralo ea nako e telele e ka thusang ho nyolla moruo oa naha le ho thusa hore khoebo e ikemetseng e ntlafale, ka khalo ea maano a litsebo tse ncha tseo bacha ba nang le tsona.

H'a phethela o lebohile bacha ba habo ka ho ba le seboka sa khotso, ka hona seo ke thuto ho bacha bohle ba lipolotiki hore ba lokela ho ba le mamelo le mamellano. A ba tšepisa

ho ba hlomphe, ho phetha thomo le ho ba le lipuisano le bacha ba bang ka ntle le kahare ho naha. O re o rata hore bacha ba etele Naha ea Botswana ho ithuta ka tlhahiso ea likhomo kaha a se a ntse a le lipuisanong le bacha naheng eo. A re ba se ba fumane mofani ea tl'o tsetela ho bona moo ba tla lema meroho, 'me moo ho tla kenella bacha bohle ha ba khethe nku ka pere.

O itse o tl'o lula a eme lentsoeng la sechaba sa Basotho moo ba ratang hore litaba tsa bacha li arabeloe. A re o se a behile maano a mangata joaloka hore libaka tse khethehileng tse ts'oereng nalane ea Lesotho ba hireo ho tsona, e be libaka tse sa fihleleheng ha bobebe, hore bahahlauli ba khahloe ke ho etela naha ena.

O re takatso ea hae ke hore Basotho ba qetelle ba sa tšoare chelete ka letsoho molemong oa ho baleha bofuma, boqhekanyetsi le bosholu bo etsetsoang batho ka lebaka la chelete e lulang matsohong a bona.

Ho sa le joalo litho tsa Mafumahali a Sethala sa Ntlafatso ea Moruo (RFP), li bile likhethong tsa komiti e ncha ea mafumahali mafelong a beke a tsoa feta, 'me eona e eme tjena:

Molula-Setulo: 'Mampho Motsosi

Motlatsi oa hae: 'Makabelo Mokone

Mongoli: 'Matsikane Khali

Motlatsi oa hae: 'Maamohelang Ramotšoaane

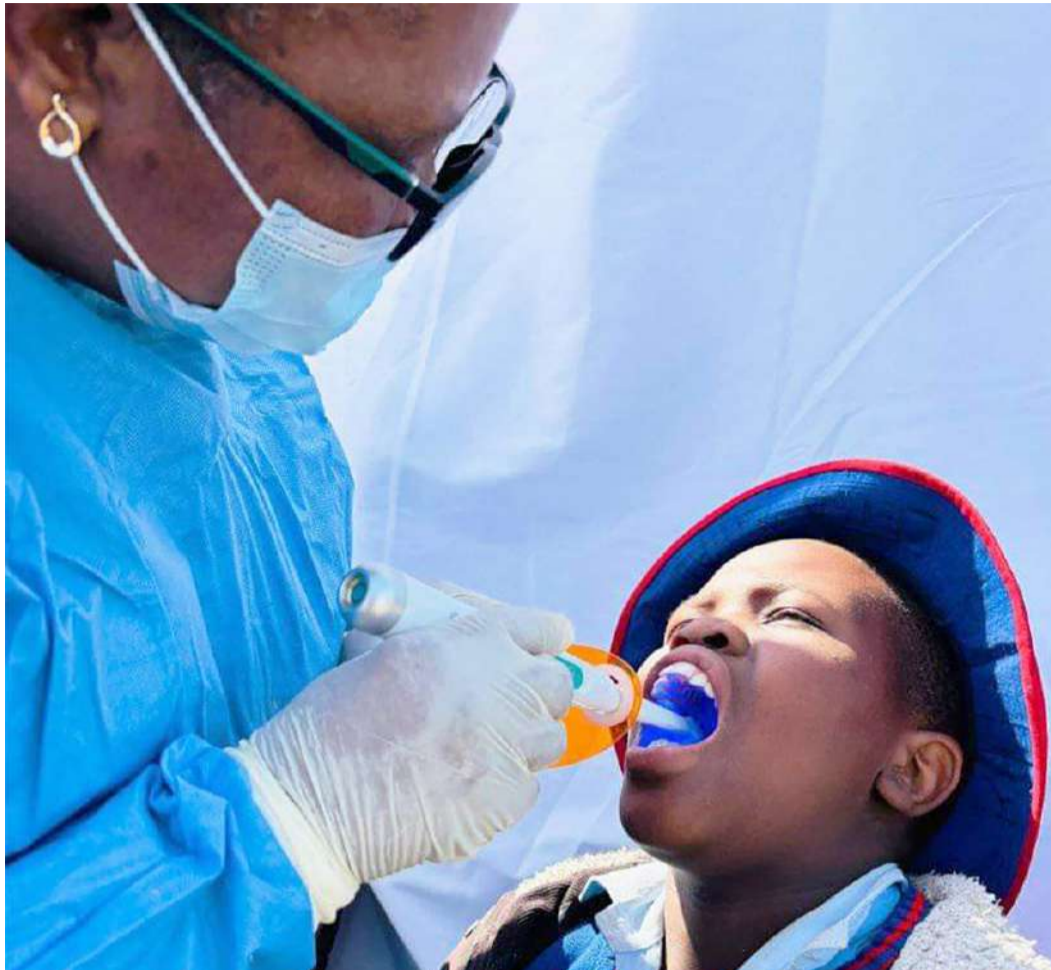
'Mamatlotlo: Irene Mothae-leso

Raliphatlatso: 'Maleemisa 'Matli

Setho Moeletsi: 'Maphoka Napo



Tlhahlobo ea lehano baneng



Nthabeleng Seithleko

Lekala la Bophelo le thakhotse le ho keteka beke ea temoso ea bophelo bo botle ba lehano. Tse-na li bile Seterekeng sa Mafeteng ka la 23 Phato monongoaha.

Letona la Bophelo Mohlomphehi Selibe Mochoboroane, o supile hore mosebetsi oa sehopotso sa tlhokomelo ea bohlokoa ba lehano le phetseng hantle o phethoa selemo le selemo, 'me Lekala la Bophelo le etsa mohoo, le ho hloaea leano la selemo le ipapisitse le a mang a mathata a bophelo, a ntseng a e-ja setsi sechabeng; joaloka tahlehelo e phahameng ea meno sechabeng sa Basotho.

A re selemong sena ba tsepamisa maikutlo a bona haholo-holo ho bana le bacha ba lilemo tse tšeletseng ho isa 18 Likolong tsa Mathomo le tse Mahareng, mahang a likhutsana, baneng ba phelang le bokooa esita le ba sa keneng sekolo ka mabaka a fapakaneng.

Motho a ka botsa hore na thahasello hobaneng ha e le ho bana ba lilemo tse-na tse boletsoeng? O itse bophelo bo botle ba lehano ke karolo ea bohlokoa kholong e akaretsang ea bana, hobane meno le marenene a phetseng hantle li bapala karolo e kholo kholong

ea 'mele ka kakaretso, ho hlafuna lijo, puong, chebahalong le boitšepong ba motho.

A tsoelapele hore ke lilemong tsena tse boletsoeng tseo bana ba khenohang, ba hlahang meno a boholo, ka hona Lekala la Bophelo le itlamba ho aha bokamoso bo botle bakeng sa bana, ka ho khotaletsa litloaelo tsa bophelo bo botle ba lehano tse tla ba thusa ho fihla bohlong ba ntse ba bolokile pososelo e ntle.

O itse ka bomalimabe ho bola ha meno e ntse e le qholotso e kholo sechabeng le hoja e ka thibelo; ke ka lebaka lena ba nkang mehato e matla ho rarolla taba ena ka kotloloho. O re basebetsi ba tsa bophelo bo botle ba lehano ba tla tsoa letšolo la ho etela litsi tse fapakaneng ho fana ka thuto, tlhahlobo ea mahala le kalafo ho ba e hloakang. A bontša hore letšolo lena le tla tsoela-pele ho netefatsa hore ngoana e mong le e mong, ho sa tsotelehe boemo ba boiketlo ba hae sechabeng, o fumana leseli le litšebeletso tsa bophelo bo botle ba lehano.

A re ngoahola ha ba ne ba le Morija sehopotsoeng se tšoanang, o ile a bontša tse ling tsa liqholotso tseo re nang le tsona bosebeletsing bona, empa o motlotlo ho phatlalatsa likatleho tse teng.

O itse leanong la tsamaiso ea litšebeletso, Lekala la Bophelo le t'lo phatlalatsa moralo oa naha (POLICY), o tšepetsoeng ho tataisa le

ho akofisa litšebeletso tsa bophelo bo botle ba lehano, haufinyana, e le ho bona hore phano ea litšebeletso e fihlela sechaba ka kakaret-

so.

A re lekala le abetsoe chelete ho qala boithuto (feasibility Study) ho lekola litlhoko tsa litsi tsohle, ho akofisa ho theha litšebeletso tsa lehano, tsa letsatsi le letsatsi litsing tseo tse haufi le sechaba. O re ka tšebelisanano 'moho le ba Lekala la Lichelete le la Bosebeletsi ba Sechaba, ba boetse ba atlehile ho fumana khiro ea 'Dental Therapist.' Ka hona a re sena se t'lo thusa ho araba sekheo se sehoho, sa litšebeletso tsa lehano Litsing tsa Bophelo, likolong le metseng, ha koetliso ea barutoana ba litšebeletso tsa lehano (dental therapist) e ntse e tsoelapela National Health Training College (NHTC).

O re ke morero oa lekala ho koetlisa lingaka tsa meno, lingaka tsa litsebo tse khethehileng lefapheng lena (dental specialists) le Basotho ba nang le tsebo tokisong ea thepa e sebelisoang ha ho sebetsanoa le lehano, 'me sena se tla thusa naha ho fana ka litšebeletso le ho qoba tšitiso ea

tsona litsing tsa bophelo.

A bontša hore ba arabetse tlhoko ea nako e telele ea ho sitoa ho fumana pheko ea batho ba nang le pekane ea molomo le mahanana empa ba motlotlo ho phatlalatsa hore batho ba 30 ba fumane pheko selemong sena. A re ba ipiletsa ho sechaba ho atamela Litsi tsa Bophelo kaha ba se ba fumana litsebi tse ka phekolang mafu le maemo a kang ana.

O lebohile litsebi tsohle tsa tlhokomelo ea bophelo bo botle, barupeli, baithaopi le mekhatlo e kopaneng ho etsa hore beke ena ea temoso ea bophelo bo botle ba lehano e atlehe. "Ke ipiletsa ho sechaba ho nka monyetla ona ho isa bana ba bona Litsing tsa Bophelo ho hlahlobela mafu a lehano. Ke ka kopanelo fela, re ka etsang bonnete ba hore pososelo ea bana ba rona e tsoela-pele ho ikhantša ka bophelo ba bona lilemong tse tlang." Ke Mochoboroane eo.

Mohoo oa selemo sena ke "sireletsa meno le ho qoba tahlehelo ea ona."

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Ngoliso e tliša phapano ea maikutlo

Nthabeleng Seithheko

Litho tsa Ntlo ea Bakhethoa li bile ntsoe-leng hore ngoliso ea bakhethi bocha ke ntho ea bohlokoa kaha e le karolo ea ho hloekisa sesiu le ho matlafatsa tšebetso ea Komisi e Ikemetseng ea Likhetho (IEC), le hoja ba e-s'o ntlafatse molao oa ngoliso ea bakhethi oa selemo sa 2011. Litaba tšena li hlahetse tulong ea paramente ka la 28 Phato monongoaha.

Motlatsi oa Motsamaisi oa Lipuisano Paramenteng Tšepang Mosena, o ile a balla litho tsa paramente lengolo le ba memelang ngolisong e tla etsoa ke IEC le ho kopa litho ho khetha letsatsi leo ngoliso e tla ba ka lona.



Setho sa Paramente Lebohang Hlaele, o itse o ipotsa hore na ho ngolisoa batho bocha joang

kaha ba lokela ho ntlafatsa molao oa ngoliso ea bakhethi oa selemo sa 2011, o e-s'o fete le

hona joale. A re tlhoekiso ea sesiu ke ntho ea bohlokoa empa se tlameha ho tinteletsoa ka mo-

lao.

'Mamoipone Senaunoane o hlalositse hore bona e le Komiti e shebaneng le Litaba tsa Molao, ba makaletse litaba tsa ngoliso bocha kaha li e-s'o fihle tafoleng ea bona.

Ha Mokhethoa oa 'Makhoroana Tšitso Cheba, a supile hore ho bohlokoa hore IEC e etse ngoliso bocha hobane le batho ba bang ha b'a atleha ho khetha ka lebaka la sesiu se sa hloekang.

Setho sa Paramente Dr. Tšepo Lipholo, o hlalositse hore IEC ke Komisi e Ikemetseng ka hona e na le matla a ho iketsetsa tlhopho-bocha ea sesiu sa bona ho ntlafatsa tšebetso.

O re ngoliso bocha ka likarete tsa boitsebiso e t'lo hlaola bohlasoa bo bongata ba batho ba neng ba sebelisa likarete tsa ho khetha tsa mabitso a fapakaneng ebe ba khetha hangata ho fuma na tefo ho tsoa ho bapopotiki. Ka hona a re ho tla ba le sesiu se hloekileng, se laolehang seo motho ea hloka hetseng a tla ntšoa kahar'a sona habonolo. A thoholetsa ketso ena kaha e t'lo tlosa lipelaelo le ho tliša phe-toho likhethong tsa Naha ea Lesotho.

Re rerile ho fa naha seriti-Matsoso

Nthabeleng Seithheko

Ofisi ea Mongolisi e Moholo oa Mekhatlo ho tsoa Lekaleng la Toka le Molao le Litaba tsa Paramente, ka kopanelo le Mookameli oa Sepolesa sa Lesotho ba tekenetse tumellano ea tšebeliso 'moho toantšong ea bokhukhuni le ho hlatsuoa ha chelete. Tsena li bile Ntlo-Kholo ea Sepolesa, ka la 26 Phato Monongoaha.

Snr. Supt. Linda Maiseng ho tsoa Ofising ea Babuelli ba Mookameli oa Sepolesa Ntlo-Kholo Maseru, o bontšitse hore nalane ea tumellano e tekeneloang ke Naha ea Lesotho joalo ka naha tse ling, e lokela ho ipapisa le meoloane e behiloeng ke lefatše toantšong ea litlolo tsa molao. A re meoloane e re ho lokela ho be le tokomane e ngotsoeng ho bontšha hore ho na le tšebeliso 'moho le ofisi ena litabeng tsa ho loantšha bokhukhuni le ho hlatsuoa chelete. O itse tumellano e ba nolofaletsa ho etsa mosebetsi 'me ba atleha ho etsa liqeto tse potlakileng.

Adv. 'Mamoretlo Mohapi ho tsoa Ofising ea Mongo-



li-Kakaretso, o itse ofisi ea habo e ngolisa mekhatlo. A re e meng ea mekhatlo eo ba e ngolisang, ke e sa etseng phahello 'me hangata mekhatlo eo, e sebelisoa ha bobebe ke batho ba hlatsuoa chelete le likhukhuni. A supa hore ka selemo sa 2010 Naha ea Lesotho e ile ea etsa boithlahlobo ba mekhatlo e sa etseng phahello, 'me ho bonahetse ha mekhatlo e meng e sa tsebahale. A re ofisi e ile ea tsoa letšolo ho ea literekeng tsa naha, moo ho fumanehileng hore mekhatlo e meng e bonahala e kenya bana ba Basotho liketsong tsa bokhu-

khuni.

Ka hona a re ka ho sebetse 'moho le sepolesa ba rata ho hlola liketso tsohle tsa litlolo tsa molao tse etsahalang kahar'a mekhatlo. O re ba shebile hape ho khutlisetsa seriti sa naha kaha liketso tšena li se thefula lefatšeng.

Mookameli oa Sepolesa sa Lesotho Adv. Borotho Matsoso o bontšitse ha tekenelo ea tokomane ena e se papali kaha e le sesupo sa tlhoko ho sepolesa hobane se teng toantšong ea ho hlatsuoa ha chelete. A re ho hlatsuoa hoa chelete ho tšoentse sepolesa

haholo kaha batho ba rata ho rua, empa borui e be bo hloekileng e seng ba chelete e litšila. A re ke nako joale ea ho tšoarana ka matsoho morerong ona, e le ho ntšha ka metso litlolo tšena tsa molao. A supa hore batseteli ba tla bona hore naha ea Lesotho e bolokehile, 'me le moruo o hloekile.

H'a phethela o itse tekenelo ena ke bopaki ba hore e le basebetsi ba Liofisi tsa 'Musu oa Lesotho, ba eme ka maoto ho sebeletsa bohloeki. A re naha ea Lesotho e se e telleha ka hona ba ikemiselitse ho khutlisa seriti sa eona.

Lekala la Thuto le hlopshoe bocha



mosebetsi oa matsoho tse seng molaong.

A re likolo tse molaong li'a fokola hape ho na le tse sa tsebisahaleng ebile ha ho tsejoe boleng ba thuto ea tsona hobane ha li eteloe khafetsa. O re Lekala la Thuto le Koetliso ha le na chelete e lekaneng ho etela likolo tse, ebile o khothaletsa nyollo ea khakanyo ea lichelete bakeng sa likolo tsa mesebetsi ea matsoho hore li tsebe ho hlahisa mesebetsi. A re bothata bo bong ke NMDS e sa thuseng baithuti ba kenang likolo tse joalo, 'me sena se bakela naha bosholu.



Setho sa Ntlo Dr. Thabiso Lebeso o hlalositse hore ho bohlokoa ho ntlafatsa manane a thuto kaha sena se tla kenya letsoho kholisong ea moruo le ho ithehela mesebetsi. A re ka selemo sa 2012 Naha ea Lesotho e ile ea kenya tšebetsong morero o tl'o thusa bana ho tsoelapele ka seko-ngoana ka mong.

O re likolo tsa mesebetsi ea matsoho li mefuta e meraro; tse fanang ka tsebo feela, tse ling li fana ka thuto le tsebo ka hona o khothaletsa lekala ho kenya lenane lena ho matlafatsa tlhahiso ea mesebetsi.

A ipiletsa ho NMDS ho hlahloba hore na ke lithuto

life tse hlokalang tlhahisong ea mesebetsi 'me li ts'ehetsoe ka bongata, hobane sena se ka thusa hore mafapha a ka bang le tlhoko 'moho le baithuti ba ntlafatsoe.

Morena oa Sehlooho oa Qacha 's Nek Mojela Makhaola, o itse Lekala la Thuto le Koetliso le hloka ho ntlafatsoa le ho hlahlojoa bocha kaha motho a hlaha a e-na le neo tse hlokanang ho ntlafatsoa. A re thuto ea Lesotho ea nyahamisa hobane ha e tsoele naha molemo.

Morena oa Sehlooho oa Mokhotlong Mathealira Seeiso, o entse boipiletso

ba hore lihloholoeng tsa Mokhotlong li tsoele sechaba sa moo molemo 'moho le setsi sa khaho ea sekolo sa mesebetsi oa matsoho se il'o ahoa le hore ho matlafatsoe likolo tsa temo.

Morena oa Sehlooho oa Matšekha, Peete Lesaoana Peete, o supile hore thuto le temo ke mokokotlo oa naha e 'ngoe le e 'ngoe kaha ha motho a hlotsoe ke lithuto tsa sekolo temo e kotala sekheo seo.

A khothaletsa hore ho matlafatsoe Basotho ba hlahisang mangangajane le tse ling hore lithupa tsa bona li rekisetsoe mabanekele a maholo le ka ntle ho naha.

Nthabeleng Seithleko

Ntlo ea Senate e khothalelitse Lekala la Thuto le Koetliso, Lekala la Lichelete le Ntšetsopele ea Meralo ka Lefapha la Lihlapiso (NMDS) ho inahanela ho nka khato e tla thusa ho nyolla thuto ea mesebetsi oa matsoho hore e be e 'ngoe ea metho ea thuto Lesotho. Tlhahiso ena e entsoe ke setho sa ntlo 'Mawwine Kanetsi a tlatsitsoe ke Dr. Thabiso Lebeso ka la 28 Phato monongoa-

ha. Kanetsi o supile hore pheoto ena e tla etsa mako-loane a thehang mesebetsi eseng a e batlang ka lebaka la litsebo tseo ba li fumaneang 'me likhoebo tseo tsa bona tse nyenyane li tla kenya letsoho kholisong ea moruo.

A re taba ena e tla thusa bana ho ithehela mesebetsi ba sa tšepa ho hiroa, ba bang ba bacha ba lahuoa ke sesiu sa 'muso sa tšehetso ea lichelete ka lebaka la bohloki le lichelete tse fokolang, ka hoo ke boikarabello ba naha ho thusetsa kaha ba bang ba oela matsohong a fosahetseng a likolo tsa

Nthabeleng Seithleko

Kopano ea Linaha tsa Europe (EU) e abetse Lekala la Toka le Molao thepa ea chelete e kaholimo ho M6Millione, e reretsoeng ho ntlafatsa lekala ho isa litšebeliso sechabeng. Tsena li bile ka la 26 Phato monongoaha.

Lebitsong la EU Mathe Tau, o itse EU e tla tsoelapele ho tšehetsa Naha ea Lesotho ka ho tlaa litlhokong tsa eona, 'me morero o moholo ke ho e thusa ho khutlisa tšepo ea sechaba ka ho atametsa litšebeliso.

Lebitsong la ba abetsoeng thepa Nkosi Mohlouoa, o hlalositse hore thepa ena e tl'o thusa mafapha ohle a ikarabellang phanong ea litšebeliso lekaleng lena, ka ho ntlafatsa tšebetso litabeng tsa toka, hape ba tl'o atolosetsa litšebeliso tse ling boemong ba litereke

Mafapha a atolosoa

e le ho pharalatsa phano ea litšebeliso.

A re ba tšepisa ho sebe-

lisa thepa ena hantle mol- emong oa ponaletso, phano ea litšebeliso tse akaret-

sang tsa sechaba le ho fana ka bosebeletsi bo tsoileng matsoho.



Letona la Toka le Molao Mohlomphehi Richard Ramoetsi, o hlalositse hore thepa ena e fihla ka nako e nepahetseng kaha Lesotho le tobane le qholotso litabeng tsa toka le puso. Ka thepa ena o re Ofisi tsa Monamoli le Setsi sa Thibelo le Toantso ea Bobolu le Bomenemene (DCEO) li tla ba teng literekeng tse fapaneng kahar'a naha.

A re ba thabile kaha toro ea bona ea ho akofisa phano ea litšebeliso sechabeng e tla phethahala, ba tla tseba ho fana ka tšepo sechabeng le ho se bulela mamati hore bohle ba fumantšoe litšebeliso ka tsela e tšoanang le ea bohle ba haufi le litšebeliso tse ngata Maseru.

A leboha EU kaha e matlafalitse tšebeliso ea bona le ho ba thusa ho kenya letsoho ka matla litabeng tsa toka le molao.

Thepa e fanoeng ke litulo tse 57, litafole tse 57 tsona li tla abeloa Ntlo ea Mahosana le DCEO.

A Plea to the Government: Prioritize Children in the National Budget for a Digital Future

Nurturing the Seeds of Our Nation's Technological Renaissance

Our children are the architects of Lesotho's future. Their potential is boundless; their minds are sponges eager to absorb knowledge. It is imperative that we invest in them, not merely for their sake, but for the prosperity of our nation. This investment must extend beyond traditional education to encompass the digital age.

The Fourth Industrial Revolution is upon us, a convergence of technologies blurring the lines between the physical, digital, and biological worlds. This revolution presents both challenges and unprecedented opportunities. For Lesotho to thrive in this new era, we must equip our children with the skills to navigate this complex landscape.

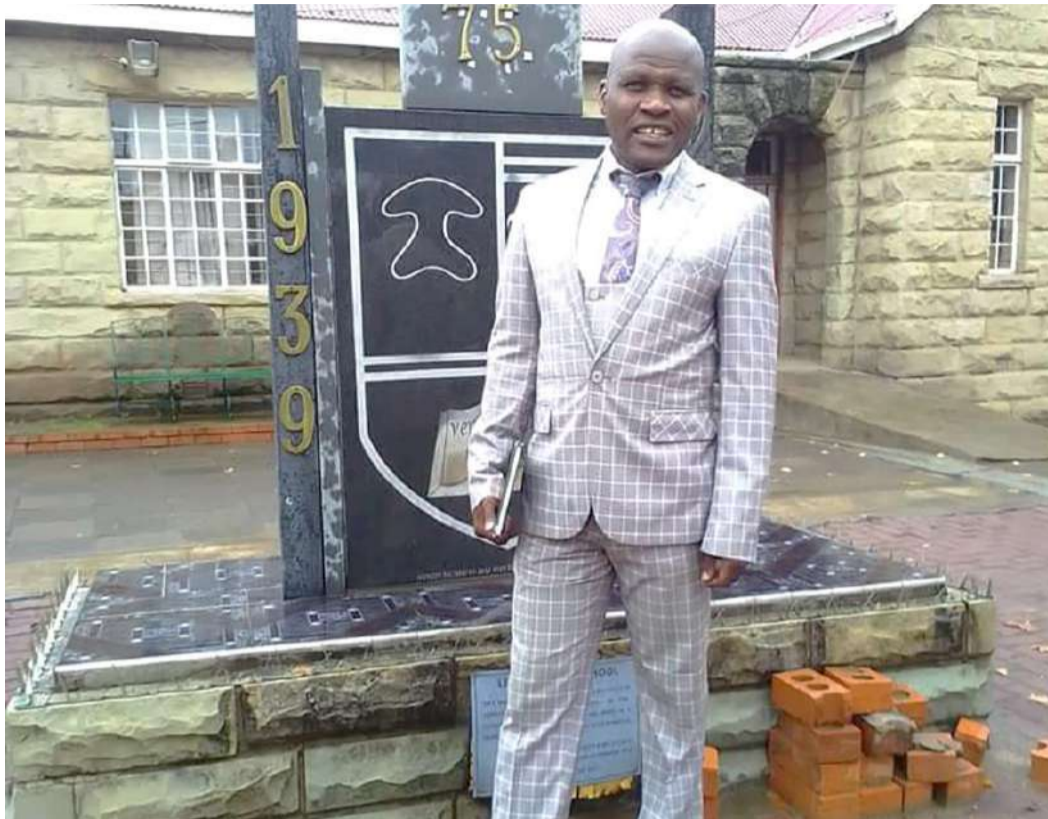
STEM education—Science, Technology, Engineering, and Mathematics—is the bedrock upon which our digital future rests. It is the language through which we will communicate with

machines, innovate new solutions, and drive economic growth. By investing in STEM education, we are not just preparing our children for jobs; we are preparing them to create jobs.

Beyond STEM, we must foster a culture of innovation and entrepreneurship. This involves providing our children with the tools and resources to develop their ideas, to turn their dreams into reality. We must cultivate a mind-set that embraces risk-taking, failure as a learning experience, and the pursuit of excellence.

As we look to the horizon, we see the potential of artificial intelligence, robotics, and space exploration. These technologies are reshaping industries, creating new markets, and pushing the boundaries of human knowledge. Lesotho must be part of this global conversation. We must invest in research and development, in training our youth in these emerging fields.

Digital migration is no lon-



ger a distant phenomenon. It is a reality that is reshaping our societies. We must ensure that our children are not left behind. By providing them with the necessary digital skills, we can harness the power of technology for development.

The future belongs to

those who can adapt, innovate, and create. Let us not squander the potential of our children. By investing in their education, skills, and dreams, we are investing in a prosperous and resilient Lesotho.

It is time for bold action. Let us prioritize children in

the national budget. Let us create a Lesotho where every child has the opportunity to thrive in the digital age. The future of our nation depends on it.

Let us sow the seeds of a technological renaissance.

Lawrence Makhosane

Challenges don't signal the end

We are wired to believe that life has to be a bed of roses all the time. This type of socialisation doesn't prepare us for anything else other than life full of joy, anything outside that means probably the end, this is not what we are trained for. However, having gone through life we know better, life has its challenges from different aspects. We need to change our perception

and the notion; we have gone through challenges; we now know that life isn't a bed of roses. We have to embrace the fact that challenges are inevitable and learn skills to deal with them rather than living pretentiously as if they happen to others not us, be it in relationships, school, family, life in general.

When we acknowledge that at some point in our lives we will experience challenges, learn the skills and prepare

our minds and emotions to deal with them, we will never view the challenges as the end to anything but a hustle that we need to deal with and get past. Once that happens, challenges only strengthen not destroy us in anyway. The wiring in our money should now change, learn to incorporate challenges as part of life, not as something that comes to make life unbearable, we should view life as a combination of both the good and



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not so good moments. We should remember that comfort offers nothing in terms of lessons and growth but discomfort gives us an opportunity to grow and learn.

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TSA KEREKE

Baena ba bopa bonngoe

Tšeliso Thakholi

Kopano ea Baena ba Setefane ba Deanary ea Mofumahali oa Lefatše, ba simolotse potolo ea bona ea pele 'mishoneng oa Maria Mofumahali oa Masabiella, Koro-Koro ka la 25 Phato monongoaha ka sepheo sa ho tsosolosa litho, ho bopa bonngoe le ho kenya letsoho boitjarong ba Kopano le Kereke.

Puisanong le Molula-Setulo oa Deanary Monghali Kali

amohela litho tse ncha.

A re sethathong ba ne ba potoloha le limmishone tsa Deanary ea Mofumahali oa Lefatše ka mokhoa oa ho etsa mekete ea lipina, e be pokeletso eohle eo ba etsang ba e sia 'mishoneng oo ba entseng mokete ho ona molemong oa Kopano le Kereke. A supa hore lekhetlong lena potoloho eo ba e thakhotseng e kenyelelitse har'a tse ling ho tsosolosa mekhathala le ho ntšetsa

e koalang selemo joale eba potolohong." O boletse joalo.

A re potoloho ena e boetse e tlii'o ba thusa hore ba kopane ka morero oa ho kenya letsoho ho holisa le ho ntlafatsa Kereke ea habo bona. "Re ke re bonahale re le Kopano ea Baena ba Setefane re kenya letsoho litabeng tsa phepo ea baprista ba rona le boitjarong ba Kereke." A rialo.

Aphethela ka hore ke Imimishone tse hlano tsa Deanary ea Mofumahali oa Lefatše tse bileng teng potolohong ena e le St. Peter Cleaver, St. Louis, St. Joseph, Mofumahali oa Lefatše, Out Station ea St. Sebastian le Mofumahali oa Masabiella e neng e amohela baeti. Potoloho e hlalamang e tliilo ba St. Sebastian ka Mphalane pele ho reterete ea bona e koalang selemo.

Ka lehlakoreng le leng, liqhoku tsa baena ba Setefane ba kileng ba ba teng Komiting e Kholo ea Tikoloho e Kholo ea Maseru ba tsoile letšolo ho phallela bana ba bahloki ka lithoko tsa sekolo tse keletsang seaparo sa sekolo, lieta, libuka le tse ling, haholo ba shebile basebeletsi le ho tsoelapele ka mosebetsi oa boapostola joaloka moshoele-tumelo eo ba mo latelang e leng Setefane, le ho keteka matsatsi a bona a hlatsuo ho ea ka limmishone tsa bona ho fapanakana. Ba ne ba etetse setho sa bona, e leng Adv. Lesaoana Mohale ho keteka 'moho le eena Maria Mofumahali oa Lefatše ka la 25 Phato monongoaha.



Maiketso o boletse hore tšebetso ena ea ho thakholoa ha polotoho ea limmishone tsa Deanary ea Mofumahali oa Lefatše, e ile ea qala ka Sehlabele se Halalelang sa 'Missa, o neng o eteletsoe pele ke Baena ba Setefane, ha e-ba le lipuo le mokete oa lipina e le ho siela Kopano ea Baena ba Setefane ba Mofumahali oa Masabiella mokhoa oa boitjaro le ho kenya letsoho ho thusa Kereke ea habo bona. Ho boetse haeba le senyamo moo ba ileng ba

pele boitjaro ba Kereke kaha e ntse e le leetong la boitjaro ba limmishone le likopano.

A tsoelapele ka ho hlalosa hore potoloho ka bo-eona e tliilo ba thusa haholo ho ba basebeletsi ba kopaneng 'moho, ba nang le bonngoe kahare ho Deanary ea Mazenod kaha ho ne ho bonahala ba ne ba batla ba qhalala-qhalane. "Empa sena se tliilo re thusa hore re kopane khafetsa kaha re se re tlii'o kopana hararo ka selemo, e leng retereteng ea Mariha,

2023-2024 SELEMO B

SONTAHA SA 22 HAR'A SELEMO

Deut. 4,1-2.6-8

Pesalema 14

Jakobo 1,17-18.21-22.27

Mareka 7,1-8.14-15.21-23



Khothatso

Ebang baetsi ba Lentsoe

Thutong ea Pele Moshe o fa sechaba melao ea Morena, 'me Maisraele a bolelloa ho mamela litaelo tseo e le hore ba phele le ho kena lefatšeng la litšepiso. Joalokaha a laetsoe Moshe o joetsa sechaba ho se eketse kapa ho nka letho melaong ea Molimo. (Deuteronomo 4:2) Hona e ne e le ho etsa bonnete ba hore o lula o tšoana ho tloha molokong o isa molokong. Moshe joaloka moetapele oa sechaba, o se lemosa hore ka ho latela melao ena, e tla ba mehlala e metle lichabeng tse se pota-potileng se rapelang melimo e sele. Ha lichaba tseo li utloa melao ea Molimo oa 'nete li tla bolela li re, sechaba sa Morena se hlalefile.

Poloko ea melao ea Morena e ne se boithoriso, empa ho ne ho le bohlokoa ho etsa joalo hobane ho ne ho se Molimo ea haufi joaloka Morena Molimo sechabeng sa hae. Hape ho ne ho se sechaba se nang le molao o matlafatsang lithoko tsa 'mele le moea e le hore sechaba se khanye ka lerato, mohau le toka molomong oa letlotlo la Molimo Ntate.

Jakobo Thutong ea Bobeli o bolela hore liketso tsohle tse ntle tseo le li etsang ke ka lebaka la grasía ea Morena ka matla a Moea o Halalelang o ka ho lona. Melao ea Morena ha e-s'o fetohle ho tloha tšimolohong, joaloka libopuo tsa hae li bilelitsoe ho mo mamela le ho mo sebeletsa ka boikokobetso le ho loka hohle. Ka Jesu Kriste bohle le tsoetsoe bocha, 'me tsoalo ena ke qaleho ea se tla etsahala ha le fetoloa ka ho panya ha ntšhi (1 Ba-Korinthe 15:52) e le hore le kene letlotlong la Kriste.

Bana b'eso re bilelitsoe ho amohela ka boikokobetso Lentsoe la Morena le nang le matla a ho pholosa meea ea rona, re bilelitsoe ho ba baetsi ba lentsoe e se bautloai feela ba ithetsang.

Evangeling Bafarisi le baholo ba hloma Kriste lipotso mabapi le barutuo ba hae ba sa hlapeng matsoho pele ba e-ja. Mehlang eo meetlo ea bona e ne e tlama hore melao eohle e amanang le ho hlatsoa e lateloe. Morena Jesu o araba ka ho qotsa mantsoe a Moprofeta Isaia; "Sechaba sena se ntlhompha ka molomo feela, empa lipelo tsa sona li hole le 'na...' Ka mantsoe a mang ho molemo ho mamela melao ea Morena ho e-na le ho tsitlallela meetlong. Ho etsa tsohle tseo baholo ba rona ba li entse ho ke ha re thusa ho kena 'Musong oa Morena Molimo.

Morena Jesu o tsoelapele ho ruta sechaba hore se silafatsang motho ha se se ka ntle empa ke se kahare; liketso tsohle tsa motho li qala pelong. Mehopolo eohle e mebe e reroa hona teng e ka ba; mohono, bosholu, ho bolaea, bofebe, bonyollo kapa boltsana.

Ka ho biletsoa ho ba baetsi ba lentsoe, ha rea biletsoa ho etsa tsohle tse amanang le menate ea lefatše hobane e ka re amoha grasía ea Morena meeng ea rona. Joaloka bana ba Morena bao e leng litho tsa 'mele oa Kriste, re lokela ho ba baetsi ba liketso tse halalelang e leng lerato, thabo, khotso, mamello, bonolo, botšephehi. Bohle bao e leng ba Kriste ba thakhisitse nama 'moho le menate eohle ea eona, 'me haeba re phela ka Moea ha re boeleng re tataisoeng ke ona (Ba-Galata 5:22-5) e le hore re tsebe ho ba baetsi ba Lentsoe.

Bahalaleli har'a Beke

- | | | |
|----|--------|--------------------|
| 02 | Loetse | Valentine |
| 03 | Loetse | Euphemia |
| 04 | Loetse | Rosalia |
| 05 | Loetse | Teresa of Calcutta |
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Tšeliso Thakholi

Li tseka COSSASA Cup



Lihlopha tsa banana le bashanyana tsa Mokhatlo o Tsamaisang Bolo ea Maoto Lesotho (LeFA) tsa ba lilemo li ka tlaase ho 17, li palame nonyana-tšepe ho leba Bulawayo Naheng ea Zimbabwe ka Sontaha sa la 25 Phato monongoaha, moo li tlang ho bapala litlholisano tsa

Mokhatlo oa Lipapali oa Likolo tsa Tikoloho e ka Boroa ea Afrika (COSSASA) tse ntseng li tsoela pele naheng eo.

Litlholisano tse na tsa Tikoloho ea SADC tse kopantseng libapali tse nang le boiphihlelo mekhahlelong e fapakaneng ea lipapali Likolong tsa Mathomo le tse mahareng, li kenetsoe ke linaha tse hlano e leng Eswatini, Lesotho, Malawi, Zambia

le Zimbabwe e le eona e amohelang baeti. Lipapali tseo ho tli' o hlohisanoa ka tsona ke mabelo, bolo ea matsoho, basketball, bolo ea maoto, tennis le handball.

Lihlopha tsa Naha ea Lesotho ka bobeli li qalile lipapali tsa tsona tsa mathomo ka la 26 Phato monongoaha, moo sehlopha sa bashanyana se tlasa bokoetlisi bo hloahloa ba Sidwell Mothea se tlang ho lebanya thebe

le sa Zimbabwe. Ha ka lehlakoreng la banana ba tlasa bokoetlisi bo chatsi ba Tjamela Tjamela ba tla isana holimo le tlaase le Zambia.

Sethathong Naha ea Lesotho e ne e lokele hore ebe ke eona ea pele ea ho ngola nalane ka ho tsoara lipapali tsa bompoli ba mabelo ba litlholisano tsa Mohope oa COSSASA, tsa koro ea pele ho ea boraro ea selemo sena, empa le

ile la tobana le liqholotso tse kang tsa likhahello tsa lichelete le maemo a seng matle a mabala tse ileng tsa ba qobella ho nyahlatsa lipapali tseo.

Ho ea ka tse ling tsa litichere tsa Likolo tsa Mathomo, lipapali tse na li bohlokoa haholo kaha li otlala talenta ea bana ba sa le banyenyane haholo lilemong. Ba re li boetse li holisa lerato la lipapali kahare ho bana, 'me ba ipiletsa ho mebuso ea Tikoloho e ka Boroa ho Afrika ho tšehetsa lipapali tsa mofuta ona. Ho sa le joalo, LeFA le eona e boetse ea thoholetsa lipapali tse na ka le reng ke boitlhophisano ba lihlopha tse na tse peli bakeng sa ho itukisetse litlholisano tsa COSAFA tse tlang ho tsoareloa Mozambique ka Tšitoe monongoaha. Libapali tse shebiloeng ka leihlo le nchocho hore li ka 'na tsa itsamaSla bolacha litlholisanog tse na, ke tsa linaha tsa Namibia le Zimbabwe tse ileng tsa ipabola lipapaling tsa Li-Olympic tse tsoa feta tse neng li tsoaretsoe Paris, France.

O ikemiselitse

Tšeliso Thakholi

Khalala ea papali ea bolo ea maoto, Thuso Mahloko ea sa tsoa ea Sehlopheng sa Swallows, o re o ikemiselitse ho sebetsa ka thata ho feta pele kaha boemo ba papali sehlopheng seo a leng ho sona e le bo phahameng haholo.

Mahloko ea neng a bapalla Sehlopha sa Members selemong se fetileng sa lipapali, h'a tloha sehlopheng seo se ne se le maemong a bone liking ea A Division e bile e le sona se qetang ho hapa Mohope oa Nedbank Cup. Ka lilemo tseo a seng a bapeletse Members, ho se ho e-na le maputolo a bonahalang kaha e le e mong oa libapali tse ileng tsa sebetsa ka thata ho thusa Members ho hapa mohope selemong

se fetileng, tlas'a tataiso ea Mokoetlisi e bile e le sebapali Lekhooa Tšolo 'Mlani' ka moo a tsebahalang ka teng.

Ho ea ka Mahloko kamora ho titimela Swallows o fumane boitlhopho e le bo matla bakeng sa lipapali tsa Liki ea A Division, 'me lipapali tseo a seng a li bapetse tsa boitukisetso ba Liki, o ikutloa hantle hore o tla atleha ho bapala ka moo a lebeletsoeng ka teng. Mahloko eo e leng e mong oa libapali tse nang le lenyora le leholo la ho iphumana a bapala boemong bo holimo kahare kapa kante ho naha o re ka talenta ea hae ea papali ea bolo ea maoto o na le toro ea ho fihlela tse kholo bophelong ba hae.

A tiisa hore litoro tsa hae a ke ke a li fihlela a le mong, empa ke ka tšehetso le tšebeliso 'moho e ntle le libapali, batšehetsi, batsoali le bakoetlisi ba sehlopha seo a se ba-

pallang. A supa hore seo a se thabetseng ke ho utloisisa mokhoa oa ho ba-

pala oo sehlopha sa habo se o hloakang hore a bapale ka ona. A kopa tše-

hetso kaha a sa le qalong haholo ea ho betla tsela bakeng sa litoro tsa hae.



O latola menyenyetsi

si le tšoanang. Letsatsing la Sontaha ke moo Lifofane e tla bapala le LMPS Lebaleng la DIFA Maputsoe,

Tšeliso Thakholi

Raliphatlatso oa Sehlopha se Secha sa Liki e Kholo ea Vodacom sa Mzamane FC, Monghali Mohlalefi Kokoropo o latotse menyenyetsi e ntseng e ipetsa ho marang-rang, e reng bokoetlisi ba sehlopha sa Mzamane FC bo itokolo-tse kamor'a ho hloleha ho fihlela litumellano le botsamaisi ba sehlopha mabapi le ho nyolleloa meputso.

Puisanong le Koranta ka la 26 Phato monongoaha, Kokoropo o boletse hore kamor'a hore bakoetlisi ba sebetse ka thata ho nyollela sehlopha Liking e Kholo ngoahola, mokoetlisi Liteboho 'Zane' Ramantsoe 'moho le motlatsi oa hae Seutloali Mohlomi ba ile ba atamela botsamaisi ba sehlopha, ho etsa kopo ea hore ha e le mona ba tllilo batla mokoetlisi ea nang le mangolo, ba kopa hore ba tle ba sebetse 'moho le motho ea tla khethoa e le mokoetlisi e mocha ho ba motlatsi oa hae.

"Litaba tsena tsa hore bakoetlisi ba itokolotse kanete ke li makaletse haholo. 'Me ha ke bua le uena tjena bakoetlisi ba Mzamane FC ba ntse ba itsoellapele ka mosebetsi oa bona oa ho koetlisa sehlopha." O boletse joalo a bile a eketsa ka hore botsamaisi bo ntse bo le mothating oa ho sebetsa kopo ea bona kaha le bona ba sa rate ho arohana le bokoetlisi bo ileng ba sebetsa ka boitelo le ka lerato ho hloesetsa Mzamane FC lihlopheng tse kholo.

A tiisa hore haele mokoetlisi e mocha eena o teng, empa a ba sechele ho 'molela kaha a itse o tla phatlatsoa ka molao ha ba se ba phethetse litumellano. "Bakoetlisi bao re ke ke ra ba lahla ho hang kaha ba sebelitse ka boitelo bo boholo, 'me re batla hore ba tll'o sebetsa 'moho le mokoetlisi e mocha, ho hloleha le ho matlafatsa sehlopha. Empa litaba tsa bona ke hona li ntseng li sebetsoa ke botsamaisi ba sehlopha." Ke Kokoropo eo.

Tsena li etsahala nakong eo Komiti e Tsamaisang Lipapali tsa Liki e Kholo(PLMC), e qetang



ho etsa moralo oa selemo sa lipapali tsa 2024/25, o bontšang bompoli ba ngoahola-kola e leng Bantu ba

tllil'o amohela Mzamane FC Lebaleng la DIFA Mohale's Hoek ka Moqebelo oa la 14 Loetse 2024. Athe Li-

oli e tla amohela sehlopha se tsoang se kena Liking e Kholo sa Majantja Lebaleng la DIFA Maputsoe ka letsat-

ha Manonyane e tla isana holimo le tlaase le Matlama Lebaleng la Bambatha, Maseru.

'Tlohellang ho ba tlasa khatello'

Tšeliso Thakholi

Mokoetlisi oa Sehlopha sa Bolo ea Maoto sa Linare, Bob Mafoso o re barati le batšehetsi ba Linare ha ba lokele ho ipeha tlasa khatello ea maikutlo ka tahlehelo eo ba bileng le eona khahlanong le Sehlopha sa Matlama kaha ka lipapali tsa mofuta ona, morero o moholo e le ho holisa le ho lokisa sehlopha pele lipapali tsa Liki e Kholo li qala.

Mafoso o buile tsena kamor'a ho hlolea ke Matlama

papaling ea ho qetela ea Makhaola-khang, e bileng Lebaleng la Bambatha, Maseru ka la 25 Phato monongoaha ka phafa ea 9-8 thahong ea mekoko, ha ka lebaleng lihlopha ka bobeli li tsoile li pitikisa mahe(0-0). O boletse hore hajoale ba boitukisong ba Liki e Kholo. "Ha re beng butle hle, ka likhatello tsa maikutlo ka boitukisetso ba lipapali tsa Liki, hobane joale sena se tla re kenyet-sa khatello ea hore ebe ha re itukisi hantle, e re ha re fihla kahar'a lipapali tsa Liki e be re qala qalong." O bo-

letse joalo.

O re hajoale lipapali tsa boitukiso tseo ba seng ba li bapetse ho kenyeletsa le ena ea Alliance, li ba file setšoantšo sa hore na ba hlotsoe le ho itukisa haholo ho kae. "Batšehetsi re kopa ba re tšoarele haele mona re hlotsoe, re ntse re aha sehlopha hore se tle re hape ho hong ka letsatsi le leng." A rialo a bile a phahella ka ho re ba boetse ba ntse ba fa libapali tse nyenyane monyetla oa hore li itšupe hore e fela li ka tlišetsa sehlopha sa Linare katleho ha Liki e qala.

Ka lehlakoreng le leng Mokoetlisi oa Matlama, Halemakale Mahlaha o itse leha ba atlehile ho sireletsa Mohope oa Alliance, h'a khotsofala haholo ke tselo ea sehlopha sa habo se hapang mehope ka teng, ka thaho ea mekoko e seng ho hlola lipapali ka lebaleng ka ho hlaba lintlha. A re sena se etsahetse ho tloha ka Mohope oa Nations Cup o bileng Mantšonyane, mathoasong a selemo, 'me le kajeno ba ntse ba entse ntho e tšoanang. "Taba ena ha e ntle ha e'a nkhotsofatsa, 'me re lokela ho lula fatše re shebe hore na re fosa ho kae re tle re tsebe ho lokisa ho sa khanya." A rialo

A tsoelapele ho bontša hore taba ena ha ba sa e lokise hajoale, e tla etsa hore ebe le khahlamelo e kholo lipapaling tsa Liki tseo ba ntseng ba ithlophe-la tsona. A tiisa hore ba tll'o sebetsa ka matla ho bona hore Matlama e bapala bolo e tsoileng matsoho le ho hapa liki selemong sena. Lipapaling tsena tsa letsatsi le le leng, maemong a pele Matlama e hapile chelete e kaalo ka M60,000.00, bobeling ea e-ba Linare ka M20,000.00, borarong le boneng ea eba LCS le Lioli ka M10,000.00 sehlopha ka seng.



Ramotena o'a phatsima



Nthabeleng Seitlheko

Ele ho tlo tla le ho phahamisana basali bosebeletsing bo fapakaneng, Finite Magazine e bile le phano ea likhau ho basali ba ipabotseng tšebetsong ea bona. Tsena li bile Holong ea Liboka ea 'Manthabiseng ka la 28 Phato monongoaha.

Ke hona mona phanong ea likhau, Chief Officer Bokang Ramotena ho hla-



ha Litsing tsa Tlhabollo ea Batšoarua (LCS) a hapileng khau boemong ba pele ba Litsi tsa Tšireletso le liakhente, ka bosebeletsing bo tsoileng matsoho ba ho fana ka litalentso tsa beke le beke tsa batšoarua ba amohetsoeng litsing le ho lokolloa.

O boetse o thusa bahloki-hloki ba qosoang ka litaba tsa lipolao, ho ba hokahanya le Makhotla a Molao hore ba tsebe ho fumana babuelli ba 'muso e le

hore ba abeloe toka empa ba ikarabellang makhotleng ba etsa lipatlisiso tsa hore motho ea joalo o fela a e-na le tlhoko.

Puisanong le Ramotena o li behile tjena:

Khau ee e bolela'ng ho uena le tšebetsong ea hau?

E bolela hore hona ke qaleho ea ho sebeletsa sechaba hantle le ho fana ka bosebeletsi bo tsoileng matsoho, 'me ekare basali bohle Litsing tsa Tšireletso

halang Litsing tsa Tlhabollo ea Batšoarua.

Sechaba se lokela ho tseba litaba tse etsahalang le hore baphatlalatsi ba buleloe mamati ba tsebe ka litaba tsa sechaba kaha ba sebetsa le sona kamehla.

Ke'ng seo u se khothaletsang basali ketekelong ea khoeli ea Mosali oa Moafrika?

Basali ba lokela ho se tšoare thipa ka bohaling malapeng a bona feela empa e mong le e mong a sututse moo a leng teng, a bontše hore o na le bokhoni ba ho sebetsa. Hape ba tšoare litaba hantle, ba be le lerato, mohau le qenehelo ho mafutsana.

Leha ho le joalo basali le ha ba leka ho sebetsa ha ba bonoe libakeng tse ling, ka hona ba ithahise ka litalenta tsa bona ba sa khathalle hore na mang o tla re'ng empa ba hahamalle pele ka seo ba hloka ho se fihle-

la.

Ba teng batho bao mosebetsi oa bona e leng ho nyahamisana batho ba bang empa motho h'a e-na le toro ha e mo lahlehele ka lebaka la ho tšoenngoa ke motho, o

etsang ho phahamisana tšebetsong ea bona?

Lefu la noha ke ho tsa-maea e le 'ngoe, ka hona ha bohle ba tšoarane ka matsoho ba tšehetsana ba ka ba le tsoelopele.



itšoarella ka eona ho fihlela a atleha.

Ke'ng seo basali ba ka se

U ka re'ng ka bathehi ba limpho tsena?

Ke hlalletsoe ka hoo ke re basali ba tšoarane ka matsoho ho loanela basali ba habo bona. Ke ithutile hore ho na le basali ba tšoereng ka matla ho bona hore phahamisano, lentsoe le tšebetso ea basali li'a utloahala. Ka lebaka lena ke ba kopela Khau ea Mohlomi e kahlimo ho ea Ramatšesana tse fanoang selemo le selemo ke Motlotlehi Letsie III.

Likhau tsena tse tšoarang selemo le selemo li hlalosa e le tse matlafatsang boikemelo, phahamisano le ho phaphatha basali mahetla mesebetsing ea bona ea letsatsi ka leng. Sena se thusa hore bosebeletsi ba basali e be ho hloahloa ka linako tsohle le ho eelloa matla a bona.



Lefatše le ikhantša ka uena

Ka khoeli ena ea Phato selemo le selemo ho ketekoa boholo le bohlokoa ba 'ma, ha ho lerato le ka bapisoang le lerato la 'm'e hobane o feta har'a liqho- lotso tse boima hore ngoana kapa bana ba hae ba fumane Litokelo tsa bona tsa Mantlha tsa Botho. Re sa keteka khoeli ena ea Phato nka monyetla ho leboha batho bohle ba batšehali ka karolo e kholo eo ba e bapalang bophelong ba hau le kholisong ea sechaba ka kakaretso.

Ena ke thothokiso eo ke e ngotseng ho babatsa basali ka karolo eo ba e bapalang bophelong ba letsatsi le letsatsi;

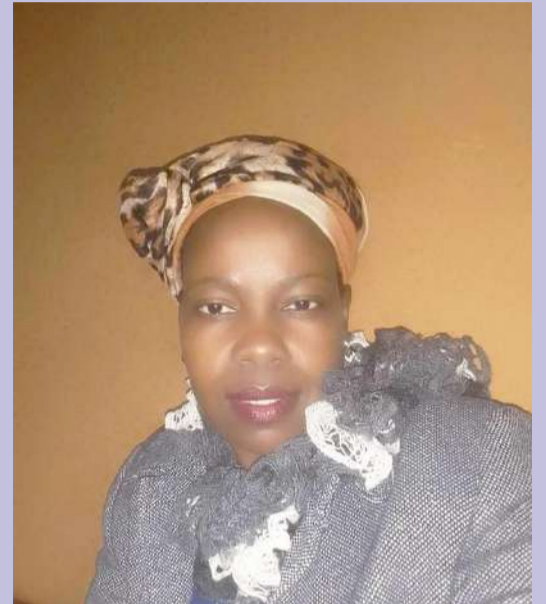


Lefatše le ikhantša ka uena sebatatso,
U motšepuo e moholo ho ngatafatseng sechaba,
Bo-matsale ba batla litloholo ba bua ka sekha-metsi,
Ba qhoqha lesooana kamorao ho batla kharebe,
Hoja ke maobane ba ka be ba mo khethela,
Ba soetsoa ke eona tsoelopele e boleloang.

Lefatše le ikhantša ka uena sebatatso,
Maloko a holisoa ka uena ngoan'a lichaba,
Ha u fihlile motseng ho luletsoa khafetsa,
Hobane u ba tsoaletse majalefa ke ao,
Bo-matsale ba tla pepa litloholo le litloholoana,
Ba ithorise ka uena methakeng.

Lefatše le ikhantša ka uena sebatatso,
Hobane u pelesa ea sejara thoto le batho,
U tšia ea lelapa u sebetsa nyene le bosiu,
Bana ba botsa tsohle ho uena.
Ehlile ke 'nete u behetsoe ho tla tsitsisa maemo.
U jara bophelo ho se pelaelo kaha u tšepetsoe hona.

Lefatše le ikhantša ka uena sebatatso,
Joale tsoelopele e totisitse boima,
Le uena u tsoa ka lekhalo ho fata metsuntsunyane,
Ha bo e-sa kamehla ke lepheho-pheho,
Ha bana ba ea tsing tsa thuto, u ba tiisa malokoletso,
U sa sale hobane kajeno u na le mohiri.



Thothokiso ena e reretsoe ho tlotla le ho tiisa basali 'moko. Hangata mafumahali ke batho ba ka ikahlolang hang-hang ha ho e-na le bothata, re phakisa re nahana hore ke phoso ea rona. Che, bo! Se 'na u ikahlola ka tsa morero oa Mong'a bophelo taoana hobane ha li taolong ea hau.

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